IT'S ABOUT TIME!
✓ Low Listing Fee (e.g. $500+)
✓ Buyer Cash-Back Reward
✓ Full Service REALTOR® option
Ziglu...a different kind of real estate company.
www.ziglu.com
(613) 232-9229
ziglu inc. real estate BROKERAGE

INVOKE THE MARTHA STEWART IN YOU
HER NEW BOOK IS EASY AS PIE {page 39}

ROCK ON
DRAKE RETURNS HOME AS HOST JUNOS {page 32}

OTTAWA metro®
Weekend, March 25-27, 2011
www.metronews.ca
News worth sharing.

Parties poised for schlock showdown

PM is expected to formally dissolve Parliament with a trip to the Governor General Saturday ● Election Day would be May 2 or May 9 ● The campaign is already underway with the opposition parties scheduling rallies

If it was a B movie, it might be billed as the Tyrant versus the Three-Headed Monster.

Prime Minister Stephen Harper's minority Conservative government is poised for defeat at the hands of the three opposition parties Friday in the House of Commons, raising the curtain on at least five weeks of political theatre and a federal election in early May.

The rhetorical trailers are already being aired.

The Tories are reprising the evil coalition theme they exploited so successfully following the 2008 election, when Harper prorogued Parliament rather than allow his freshly minted minority to be defeated by a Liberal-NDP coalition backed by the Bloc Quebecois.

Liberals, New Democrats and Bloquistes are painting Harper as an undemocratic tyrant — and a hypocrite, to boot — and are expected to highlight their point Friday with a non-confidence motion based on unprecedented contempt-of-Parliament charges.

THE CANADIAN PRESS

CORPORATE CANADA: DON'T TOUCH OUR TAX CUTS, STORY, PAGE 10

No. Service

▶ Unsatisfied transit user Will Samuel says he's thinking of switching to driving after hearing about OC Transpo's route overhaul. Samuel plans to attend an open house on Thursday at the Nepean Sportsplex to find out more about how OC Transpo's 2011 Optimization Plan will affect him. To find out what other Ottawa residents are saying about the plan, see page 4.

JOE LOFARO/FOR METRO

OC Transpo's proposed cuts leave riders hanging

Education

Schools get a lesson on extra fees

● Minister says students shouldn't be charged to take mandatory classes {page 8}

2 more planes sent to Libya

As NATO takes reins from the U.S. {page 12}

Visit 170 exhibitors from Canada and around the world
The TRAVEL & VACATION SHOW
www.travelandvacationshow.ca
✔Cruises ✔Tropical Rainforests ✔Adventure Travel ✔Weekend Getaways ✔Exotic Destinations ✔Cultural Expeditions ✔Resorts ✔Safaris ✔Mountains ✔Win Trips ✔Free Seminars ✔Cooking Demos
TWO for ONE ADMISSION
with this coupon (value $8)
Saturday & Sunday
April 2 & 3
Admission $8
• Saturday 10AM - 5PM
• Sunday 10AM - 5PM
Lansdowne Park
60+ Seniors FREE SATURDAY
Children under 12 FREE

We're celebrating our 1st anniversary in Ottawa. With a Sale. And a Giveaway.

Huawei U1250

Buy One Get One

$350 Nokia C7

$120 $88 Individually Nokia 5230

Combo Pack

$120 $88 Individually Nokia 5230

$160 $68 Individually Samsung Gravity™ 2

Hurry, our Biggest Handset Sale Ever ends March 27.th

Save up to $150 with WINDtab.™

BlackBerry® Bold™ 9780

You could even win a BlackBerry® this Saturday.

On March 26th we're giving away a BlackBerry® Bold™ 9780, every hour, on the hour, from 12pm-4pm inclusive. Plus each phone will come with 1 month of the $45 My Unstoppable Plan FREE.

Participating stores: **Place D'Orléans & Carlingwood Shopping Centre**

$85 $45/mo

- Unlimited data
- Unlimited 24/7 Canada-wide talk
- Unlimited global text + CA/US picture messaging
- Includes voicemail

From any WIND Zone. Conditions apply. See WINDmobile.ca for complete details.

The Power of Conversation™

WIND™ WINDmobile.ca

WIND STORES

OTTAWA

Carlingwood Shopping Centre

St. Laurent Shopping Centre

Billings Bridge

ORLEANS

Place d'Orléans

NEPEAN

Bayshore Mall

BLOCKBUSTER® KIOSKS

OTTAWA

183 Rideau St

1309 Carling Ave

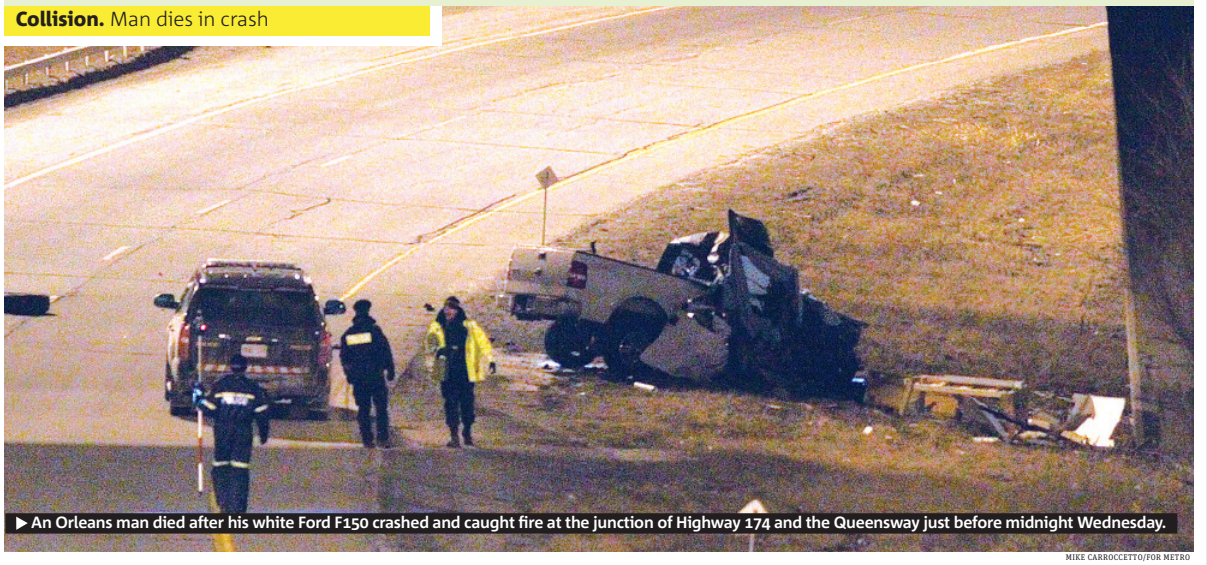
282 Bank St

KANATA

415 Hazeldean Rd

Conditions apply to the WINDtab™ and all offers. Handsets available while quantities last. You may activate this plan for a limited time only and its availability is subject to change or cancellation without notice. This plan may be combined with the $25 port-in credit. Handset sale prices are only valid with an activation of a plan of $25/month or higher. All services subject to WIND's stated Terms of Service and are for personal use by an individual. Learn more at WINDmobile.ca. No purchase necessary. Enter in-store March 26, 2011 for chance to win one of 5 BlackBerry® Bold™ 9780 smartphones plus 1 FREE month of My Unstoppable Plan with activation (approx. retail value: $495.00) at each participating location. Draws to be held every hour on the hour from 12pm–4pm inclusive on March 26, 2011. Open to legal residents of Canada (excluding Québec) over age of majority in the province where you reside. Winners are required to complete math skill test and release. Odds depend on number of entries received. All ballots will be hand destroyed after each draw, unless you have given WIND permission to contact you. Participant must be at store at time of draw to win. Restrictions apply. Official Rules at store location. WIND, WIND MOBILE, WINDtab are trademarks of Wind Telecommunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. THE POWER OF CONVERSATION is a trademark of Globalive Wireless Management Corporation. © 2011 WIND Mobile. Nokia is a registered trademark of Nokia Corporation. © 2011 Nokia. BlackBerry®, Bold™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. All other trademarks are the property of their respective owners.

Collision. Man dies in crash



▶ An Orleans man died after his white Ford F150 crashed and caught fire at the junction of Highway 174 and the Queensway just before midnight Wednesday.

MIKE CARROCCETTO/FOR METRO

Truck hits concrete overpass pillar on the Queensway

Philippe Lalonde, 32, owner of Philippe Lalonde Renovations, was the only occupant of the truck. OPP said the vehicle was travelling east on the Queensway when it hit a concrete overpass pillar. The cause of the collision is under investigation.

U.K. family gets a break in visa case

Father calls ordeal in Canada 'a nightmare' Family contacted MPs, lawyer in Ottawa to help their case but was told there was nothing they could do to stay

JOE LOFARO
OTTAWA@METRONEWS.CA

Three days after he was booted out of the country, Paul Simms said he is one step closer to getting the job which would have allowed him to stay in Canada

"I have just received a Positive Labour Market Opinion from Service Canada for the job," said Simms in an email to Metro. "I still have to apply for a work permit but the biggest hurdle has been jumped."

He and his family were living with friends under expired visitors visas for the past two months in east Ottawa while awaiting their permanent residency application to be approved by Citizenship and Immigration Canada (CIC).

"We're just a decent, hard-working family and the word we got is that Canada is trying to attract that kind of people."
PAUL SIMMS

His only chance of staying in Canada any longer was to secure a job and get a work permit. To do so, however, he needed the OK from the government body which approves the hiring of foreign workers.

The process took too long, and Paul and his family had to pack up and head back to south Wales.

"If only CIC had let us stay a few more days we could have saved on all this hassle," said Simms.

Paul is trying to keep his kids positive throughout the whole ordeal as his family picks up from where they left off.

"We can't just come back here and start getting benefits straight away. There are questions asked why we haven't been here and what we've been doing and why we left."

1 news

DIY eBook superstar author parlays success into publishing deal. Scan code for story.

1 Download the free ScanLife application with your smartphone at 2dscan.com

2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at **m.metronews.ca**

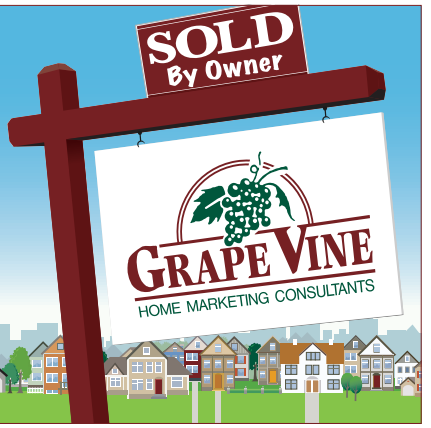
On the web at metronews.ca

From shoes to paintings to sculpture, the 40th anniversary of the Juno Awards gets celebrated in art. Video at metronews

Follow us on Twitter @metroottawa

What would you do with an **extra $18,000** in your pocket?

Your house. Your terms. **No** commission.
visit **grapevine.ca**



OC Transpo's proposed cuts irk bus riders

Some OC Transpo customers fear service will suffer even more after proposed changes take effect ‘Over 90 per cent’ of customers will be unaffected by 2011 optimization plan, says OC Transpo

JOE LOFARO
OTTAWA@METRONEWS.CA

Transit users are upset with the proposed bus route changes by OC Transpo, which is planning to cut 10 routes and reroute dozens of others.

“My wife and I are simply fed up. We’re looking at driving (instead),” said Will Samuel, who takes the number 3 — one of the routes on the chopping block.

“I’m very disappointed. They can do a better job, I know they can.”
BRANDON GEMMILL, OC TRANSPO CUSTOMER

OC Transpo says some users will have to walk farther to a bus stop and service on some routes will be reduced once the proposed changes take effect in September.

Samuel is concerned about buses like the 3 which is slated to be replaced by parts of routes 4, 85, 156, and 159.

▶ The OC Transpo’s proposed cuts would force some users to walk five or ten minutes to transfer to another bus.

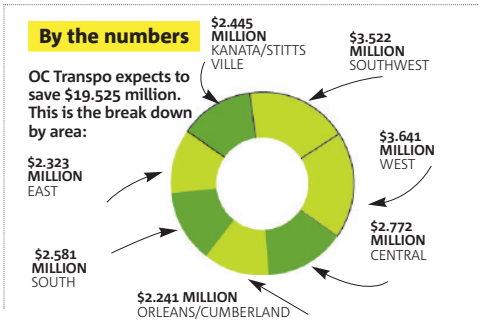
“The majority of the people who are going to be taking it outside of Little Italy are going to be asked to walk upwards of about five to 10 minutes to a next connection,” he said. “There’s a lot a background work that I don’t think was taken into account.”

He is also concerned about the safety implications of reducing normal bus service after 8 p.m. on routes such as the 5, 120, and 161.

Laura Nolan, 19, works late shifts at her job and said walking to catch the next connecting bus after work could be an issue.

“I work until 10 p.m. so if nothing comes out after that and I have to walk farther, it’s definitely a concern,” she said.

OC Transpo is inviting the public to five open houses beginning next week to provide feedback on their new optimization plan.



Ratepayers say changes could encourage cars

Dow’s Lake Residents’ Association president Brian Carroll thinks public transit users in the south end may switch to their cars in September due to proposed reductions of OC Transpo routes in Ottawa south.

“There (will be) more traffic that is going to be coming through Capital Ward, Somerset Ward, Kitchissippi Ward because those people are going to be facing less service and so they are going to go in their cars,” he said.

“The reason we built the O-Train was to provide more transportation capacity north-south and here we’re taking away more capacity north-south.”

Carroll said one of the positive changes to the plan, however, will be the addition of a bus from Orleans to Carleton University. ● JOE LOFARO

#OC TRANSPO

ROROPHYLIM @CTVOTTAWA Those OC Transpo heads should do a Undercover Boss/Amazing Race segment and see their routes for themselves.

PATTYCAKE91 Oc transpo merging the 111 and the 117 into the 4?! Right because merging two crowed buses into 1 bus will solve everything #fail

PICTURE0094_NORMAL KO_BBY @ctvottawa oc transpo will cut my bus from running on the weekends. How am I going to go to work? I have no car and live far.

SENSDEW19 awesome the OC Transpo changes doesnt affect one of my routes and make my other route slightly better :)

RISENDEVIL So I wonder how many of the wunderkinds that did the OC Transpo restructuring drive their car rather than use public transportation.

CARRELA Way to go OC Transpo! You just found another way to force people to drive cars instead of taking the bus.

SATURDAY, MARCH 26 ONLY!

20x

THE SHOPPERS OPTIMUM POINTS®

WHEN YOU SPEND $50 OR MORE* ON ALMOST ANYTHING IN THE STORE.

THE MORE YOU SHOP, THE MORE YOU EARN!

PLUS These SATURDAY ONLY Specials

PEPSI or **COCA-COLA** BEVERAGES 12's Selected Types or 4.99 case. Limit 4

PEPSI or **COCA-COLA** BEVERAGES 6 x 710mL Selected Types or 2.99 each. Limit 4

DORITOS (280g) or **LAY'S** (220g) POTATO CHIPS Selected Types Limit 4. After limit 2.50

CHRISTIE COOKIES or CRACKERS Selected Types & Sizes Limit 4. After limit 1.99

MAXWELL HOUSE ORIGINAL ROAST GROUND COFFEE 925g Limit 4. After limit 6.49

LIFE BRAND EXTRA STRONG PAPER TOWELS 8 Roll Limit 4. After limit 2.99

COTTONELLE PREMIUM DOUBLE (12 Roll), **LIFE BRAND** 2-PLY (24 Roll) or DOUBLE (12 Roll) BATHROOM TISSUE Limit 4. After limit 4.99

LIFE BRAND FLAVOURED (6 x 500mL) or SPRING (12 x 500mL) WATER Selected Types Limit 4. After limit 1.49

VITAMINS or **NATURAL HEALTH PRODUCTS** Selected Types & Sizes

OLAY REGENERIST SKIN CARE PRODUCTS Selected Types & Sizes

QUO COSMETIC BRUSHES, SPONGES or IMPLEMENTS Selected Types

ALWAYS MAXIPADS (12's - 24's), PANTILINERS (34's - 60's) or **TAMPAX** TAMPONS (20's) Selected Types Limit 4. After limit 3.99

HUGGIES, **PAMPERS** TRAINING PANTS or **HUGGIES** MEGA DIAPERS Selected Types & Sizes Limit 4. After limit 15.99

PUREX 2X LIQUID LAUNDRY DETERGENT (1.47L) or FABRIC SOFTENER (1.33L) Selected Types Limit 4. After limit 3.99

†Our regular price. *Points are issued according to the net pretax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, Shoppers Optimum® MasterCard® points, products that contain codeine, tobacco products (where applicable), lottery tickets, stamps, transit tickets and passes, event tickets, electronic gift cards, prepaid phone cards, Life Experiences® packages and Shoppers Home Health Care locations. Offer applies to photofinishing services that are picked up and paid for on Saturday, March 26, 2011. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. Offer valid Saturday, March 26, 2011 only. See cashier for details. ® 911979 Alberta Ltd. Prices in effect for Saturday, March 26, 2011 only. While quantities last. No rainchecks. See cashier for details.

SHOPPERS DRUG MART

Different kind of cancer care

‘Survivorship centre’ will offer programs for patients, their children

Support at www.ottawacancer.ca

SEAN MCKIBBON
@METRONEWS.CA

Jennifer Miriguay knows there’s more to beating cancer than treatment, and she says the Ottawa Regional Cancer Foundation’s new Maplesoft Centre will go that extra step with a new concept called “cancer survivorship care.”

“I’m a survivor myself as days go on learning more and more about what it means to be a cancer survivor,” said Mirguay yesterday ahead of her scheduled keynote address at the launch of the foundation’s Survivorship Task Force Fundraising Campaign.

“The emotional toll it takes on a patient is devastating. It’s agonizing to have to wait for results and news. You try to remain as positive as you possibly can,” said Miriguay, who at age 37 was diagnosed with breast cancer. Now 38, she had her last cancer treatment in January and says she had a network of family and friends who supported her. But she says not everyone is so lucky.

The foundation’s president Linda Egan said “survivorship” addresses the emotional and psychological needs of patients and their families, offering counselling but also education and advocacy. Those diagnosed with cancer face an onslaught of questions and information, Egan said.

She said the foundation is looking for $2 million to fund programming at the centre which is set to open this fall beside the Richard and Annette Bloch Cancer Survivors Park on Alta Vista Road.

CONTRIBUTED

▶ Mother of two and cancer survivor Jennifer Miriguay says cancer takes an emotional toll on families as well as a physical toll on the person diagnosed.

Don’t keep it in your pantry, donate it

SUBMITTED PHOTO

▶ Volunteers at the Ottawa Food Bank sort donations.

“The old clean-out-your-cupboards idea is a good one ... if you shouldn’t have bought canned mandarins and you never eat them, then put them in the bin and send them to the food bank.”

OTTAWA FOOD BANK EXECUTIVE DIRECTOR PETER TILLEY

The Ottawa Food Bank, which saw 5.5 per cent more usage in January, is busy this spring trying to bridge the gap between the two leanest times of year for donations.

“In January, February, (donors are) recovering from the Christmas season and they’ve probably given enough to many charities including our own,” said food bank executive director Peter Tilley. “And certainly in July and August people are on vacation, so they’re very tough times of the year to food-raise and fundraise.”

On April 5, apartment building owners and residents across the city will pitch in to collect non-perishable items for the Landlord-Tenant Spring Hope Food Drive, which last year produced 120,000 pounds of food, including some delicacies.

“The beauty of the food drives,” Tilley said, “is we get a better quality of food than what we buy wholesale because you’re getting Kraft and Campbell’s and products like that.” ● STEVE COLLINS

REFRESH YOUR RIDE
spring service event

Your Ottawa Area Ford technicians are factory trained. They know what your Ford needs.

THE WORKS Fuel Economy Package

Spring refresher that can save you up to $350 a year^ on gas.

With this package and regular maintenance.

Package includes:
- Motorcraft® Premium Oil and Motorcraft® Filter change**

Plus:
- Rotate and inspect 4 tires
- Inspect brake systems and report on measurements
- Check belts and hoses
- Check air and cabin air filters
- Up to 87 point inspection including air filter (clogged air filter reduces fuel economy), air conditioning, steering and suspension components, battery test and report on findings

FOR ONLY $59.99‡

PLUS: FOR A LIMITED TIME ONLY, GET PREMIUM MOTORCRAFT® WIPER BLADES INSTALLED FOR ONLY $15.99 PER BLADE WHEN YOU PURCHASE THE WORKS.

OR

Ottawa BONUS

EXCLUSIVE OTTAWA AREA FORD DEALERS OFFER

$25 OFF*

Can be applied to any service work over $100. Limit one coupon per purchase. Original coupon must be presented at time of purchase. Not valid with other discounted offers. All sales taxes are extra. Offer expires April 30, 2011

Ford GENUINE PARTS & SERVICE

ford.ca

Refresh your vehicle with these spring offers from Ford. You can trust the experts who know your Ford best: Genuine Ford Trained Technicians.
For more details and offers, see your Service Advisor or visit us online.

Your Ottawa Area Ford Dealers

Campbell Ford
1500 Carling
Ottawa, ON
613-725-3611 · 1-800-267-5322
www.campbellford.com

Dan Murphy Ford
1346 Bankfield Road
Manotick, ON
613-692-3594
www.danmurphyford.com

Donnelly Ford Lincoln
2496 Bank Street
Ottawa, ON
613-260-6186
www.donnellyford.com

Jim Keay Ford Lincoln
1438 Youville Drive
Orleans, ON
613-841-1010
www.jimkeayford.ca

Lincoln Heights Ford Ottawa
1377 Richmond Road
Ottawa, ON
613-829-2120
www.lincolnheights.com

Sterling Ford
1425 Ogilvie Road
Ottawa, ON
613-741-3720
www.sterlingford.ca

All offers expire April 30, 2011. See Service Advisor for complete details. Applicable taxes and provincial levies not included. Dealer may sell for less. ^Based on a Ford Fusion V6 automatic that has a fuel consumption rating of 10L/100km in combined city/highway driving (properly tuned), a one-year driving distance of 24,000km and $1.02 per litre for gasoline. Improved fuel efficiency and emission reduction levels depend on model, year and condition of vehicle. ‡Applies to single rear wheel vehicles only. **Up to 5 litres of oil. Disposal fees may be extra. Does not apply to diesel engines. *Can be applied to any service work over $100.00. Not combineable with other discounted offers such as, but not limited to, Maintenance #1 / Lube, Oil, and Filter (LOF) and Nationally advertised Refresh Your Ride offers (The Works, Brakes, Tires, Wiper Blades). See Service Advisor for more details.

LA MAISON D'OR
ENGAGEMENT RING SHOW & SALE
On now until March 27

UP TO 50% OFF* SELECTED PIECES
*Excluding TACORI & Simon G

Save up to 20% on many engagement rings.

Save up to 25% on gorgeous loose diamonds and up to 50% on selected jewellery!

You could also receive a romantic dinner package for two!

LA MAISON D'OR
JEWELLERS • BIJOUTIERS

Place d'Orléans Shopping Centre • 613-837-1001 • www.lamaisondor.com

MARK THE MOMENT

Fallen Firefighters

FRANK GUNN/ THE CANADIAN PRESS

▶ The family of fallen firefighter Ray Walter watches as his casket is loaded into a hearse after his funeral in Listowel, Ont., on Thursday.

HEROES REMEMBERED

Two volunteer firefighters were remembered as heroes Thursday as thousands gathered in a small southern Ontario town to honour the men who died battling a blaze.

Premier Dalton McGuinty was among those who paid tribute to Ray Walter, 30, and Ken Rea, 56. The men died last week after part of a burning store collapsed while they were inside.

Both men were "nothing less than heroes," McGuinty told the crowd that packed the local arena for the funeral. When called, the premier said, the men "stepped forward and said 'Here I am, send me.'"

Hundreds of firefighters and police officers from across Ontario stood at attention as the flag-covered caskets were brought inside Memorial Arena in Listowel, northwest of Kitchener.

McGuinty told the families of the men that they are not alone in their grief.

"Let the memory of Ken and Ray and their courage give you the courage to carry on. And I'm just here to let you know, right now, 13 million Ontarians are carrying you on their shoulders and in their hearts."

The premier added: "Ken and Ray will live on in the actions of their brave colleagues who work to keep our families safe every day, often at great risk to themselves."

THE CANADIAN PRESS

Added education fees reined in

Fees are charged in arts, music and physical education classes

Ontario's public schools will receive new guidelines Friday that outline what extra fees they are allowed to charge students, but the opposition says the government isn't enforcing the existing rules.

The new guidelines come after advocacy group People for Education released a report Thursday saying fees charged for courses, student activities and athletics are on the rise across the province.

Fifty-three per cent of Ontario high schools charge fees for art classes, 41 per cent charge fees for physical education and 26 per cent impose extra costs for music courses, said spokeswoman Annie Kidder.

"Where parents can afford to pay fees, their kids are more likely to have access to higher quality materials, more extracurricular activities and more enrichment," she said.

Many schools rely on fees for a substantial portion of their operating expenses, said Kidder, adding that some schools raise only $1,000 from student fees while others raise as much as $90,000 a year.

Schools with a higher proportion of low-income students have lower average course fees, which suggests fees are charged on a "what the market will bear" basis, said Kidder.

Fees build inequity into the system and are a barrier for many students, said Zane Schwartz of the Ontario Student Trustees' Association.

We should not be in a position where, when it comes to course selection you don't want to pick art or gym because your family doesn't really have that $20 or $50 or $100, said Schwartz. THE CANADIAN PRESS

TARA WALTON/TORSTAR NEWS SERVICE

▶ Annie Kidder heads up People for Education, a watchdog over education standards in Ontario public schools.

Board of education to track extra fees at schools

Students are not supposed to pay any extra fees for basics needed to complete high school, said Education Minister Leona Dombrowsky.

New guidelines will make clear what fees are appropriate, and will require boards to track all fees charged and the amount they bring in, she added.

"There are some fees that may be appropriate, but we really didn't have a sense of how many fees were being collected." said Dombrowsky. "It bothers me that fees would be charged for programs that are a requirement in order for them to graduate."

THE CANADIAN PRESS

WE PAY THE TAX!
DAVIDSON'S JEWELLERS
MARCH IS REPAIR MONTH
Ring Sizing • Claw Re-tipping • New Shanks
Replace Missing Stones • Bead and Pearl Re-stringing
Present this ad and we will pay the tax on all jewellery repairs received during the month of March.
Recycle your old gold!
Bring in unwanted or broken jewellery and receive...
CREDIT TOWARDS A REPAIR OR CREDIT TOWARDS A NEW PURCHASE OR MELT/CASH VALUE
790 Bank Street in the Glebe
davidsonsjewellers.com • 613 234 4136

JAPANESE EARTHQUAKE CHARITY EVENT
The CCFCC Ottawa represented by a number of Executive Chefs from the nations capital hotels and restaurants are inviting everyone to share in a fundraising event.
Brookstreet Hotel on Thursday March 31
Cocktail reception 6:00 pm
Dinner 7:00 pm
Live & Silent Auctions
Emcee: Ron Eade, Food Editor, Ottawa Citizen
Speaker: Kevin McCort CEO CARE Canada
Dignitaries: His Excellency Kaoru Ishikawa, Ambassador of Japan
His Worship Jim Watson Mayor of Ottawa
Entertainment: Live entertainment by Ana Miura, visit anamiura.com
Proceeds to Care Canada's Japanese Relief Efforts
Tickets $200 with $150 tax receipt.
Tables of ten $1800
Ganbare Japan
Please purchase tickets only at http://ccfccottawa.ca/index.php/news or call for information at 613 913 5907 for more details.
CCFCC Ottawa Branch

LOOK AGAIN

SPOT THE 10 DIFFERENCES IN THESE TWO IMAGES.

Barcelona, Spain – A little lovebird action and some serious hoola skills keep the all-new 2011 Cruze entertained in a Barcelona square. As the Official Ride of the JUNO Awards, it's no surprise the Cruze knew exactly where the party was at.

CHEVROLET

You Could WIN 2 TICKETS TO THE JUNO AWARDS IN TORONTO*

*Enter now for your chance to win 2 tickets to see Canada's top musical talent at the JUNO Awards and other great daily prizes, at facebook.com/chevroletcanada. Contest closes today March 25, 2011.

CRUZE the JUNO Awards

facebook.com/chevroletcanada

1. White Sign removed from left wall 2. Added white sticker to trash can 3. Added small pillar left of dancer 4. Removed rear door handle from 2011 Chevrolet Cruze 5. Removed décor from gate behind 2011 Chevrolet Cruze 6. Removed small box on the wall above red trim 7. Removed sign on wall left of gate 8. Boy's sleeve is longer 9. Tattoo added on dancer's back 10. Tattoo added to girl's chest

Big business fights to keep its tax cuts

Finance minister says corporate cuts the cornerstone of the economic recovery Liberals, NDP disagree

Corporate Canada has a message for all the political parties as they hurtle toward an election:

Don't touch the corporate tax cuts.

"Once you begin to roll these back you begin to raise doubts in the minds of investors," said Jayson Meyers, president and chief executive of the Canadian Manufacturers and Exporters association.

"Businesses are making major investments coming out of a recession and in my mind uncertainty about what any future government would do about the corporate tax cuts certainly doesn't help."

"In my company, if I pay less tax, then I have more cash to hire people — you don't have to be in Mensa to work your way through that one."
THOMAS CALDWELL, CHAIRMAN AND CHIEF EXECUTIVE, CALDWELL SECURITIES LTD.

Meyers noted that while the corporate tax rate is competitive with the rest of the world, after accounting for all of the deductions allowed in other jurisdictions, Canadian companies do not fare as well. "Our businesses in Canada are still paying more in corporate taxes than they are in the United States," he said.

The federal corporate tax rate was cut at the beginning of the year from 18 per cent in 2010 to 16.5 per cent for 2011. The rate is to be cut again to 15 per cent in 2012.

The Liberals have said they want to roll back to the 2010 rate of 18 per cent, while the NDP have said scrapping the cuts for 2011 and 2012 would bring in an additional $6 billion a year for government coffers.

THE CANADIAN PRESS

Ottawa. So long, folks

He's outta there: Stockwell Day says his farewells in the Commons Thursday.

SEAN KILPATRICK/THE CANADIAN PRESS

Bidding adieu before the big vote

Two cabinet ministers and other MPs who aren't running again have delivered their farewells to the House of Commons. Transport Minister Chuck Strahl had a catch in his voice as he thanked those who encouraged him through a bout with cancer. Treasury Board president Stockwell Day praised MPs on all sides of the House for their contributions to the country. Liberal Albina Guarnieri marked the end of 22 years as an MP. Bill Siksay,a one-term New Democrat, said he was honoured to have represented the gay community.

Holy guacamole!

UNLIMITED plans from Koodo.

Talk & Unlimited Text Combo
- Unlimited Messaging (Text and Picture)[1]
- Unlimited 7pm Evenings & Weekends[2]
- Unlimited Local Family Calling[3]
- Up to 100 Anytime Minutes

$25/month

Unlimited Incoming Plus Combo
- Unlimited Incoming Calls[4]
- Unlimited 5pm Evenings & Weekends[2]
- Unlimited Messaging (Text and Picture)[1]
- Unlimited Local Family Calling[3]
- Up to 150 Anytime Minutes
- Call Display Included

$35/month

Unlimited Combo
- Unlimited Local Calling[4]
- Unlimited Messaging (Text and Picture)[1]
- Unlimited Local Family Calling[3]
- Call Display Included

$45/month

Now get up to a $100 gift card with a new phone.[5]
Hurry! Offer ends March 31, 2011.

koodo mobile

Good call

AudioTronic · Best Buy · Future Shop · Walmart

(1) Includes international text and picture messages sent and received within Canada. Excludes premium messages or subscription based messages. (2) Unlimited calling within your local calling area from indicated time to 8am, Monday through Thursday, and from indicated time on Friday to 8am Monday. (3) Applies to local calls made between phones on the same account. Long distance charges apply when outside your local calling area. (4) Subject to long distance charges when outside your local calling area. (5) See store for full details. Gift card available with new activations only. While quantities last. Prices exclude taxes. Rates are subject to change without notice.

Koodo shop

Ottawa
Billings Bridge Plaza
Carlingwood Mall
Les Galeries de Hull
Place d'Orleans
Promenades de l'Outaouais
Rideau Centre
St. Laurent Centre

Belleville
Quinte Mall

Kingston
Cataraqui Town Centre

Cornwall
Cornwall Square

Anguish at the checkout

NICOLAS ASFOUR/GETTY IMAGES

▶ Rescue workers survey destroyed houses and debris Thursday in the tsunami-hit city of Rikuzentakata, Japan.

Tokyo stores run out of noodles, rice, milk Water is a sellout, too

The shelves are empty in stores across Tokyo.

Nearly two weeks of blackouts, distribution problems and contamination fears prompted by a leaking, tsunami-damaged nuclear plant have left stores stripped bare of basic necessities.

Some people are even turning to the city's ubiquitous vending machines for hard-to-find bottles of water.

Bottled water grew scarce after officials warned that the level of radioactive iodine in the tap water was more than twice what is considered safe for babies to drink.

Tests conducted Thursday showed the levels in the city's water fell to acceptable limits for infants, but they were up in neighbouring regions.

Food shortages were mainly limited to basic staples such as rice, instant noodles and milk.

Vegetables, meat and tofu, meanwhile, were available in most places.

Radiation has been found in raw milk, sea water and 11 kinds of vegetables, including broccoli, cauliflower and turnips.

At the nuclear plant, two workers were sent to hospital after stepping into contaminated water.

THE ASSOCIATED PRESS

The grim toll

- Police officials say more than 9,800 people are dead after the March 11 earthquake and tsunami. About 17,500 are missing.

Man sentenced to death for knife rampage

A Japanese court Thursday sentenced to death a man convicted for a stabbing rampage in a popular Tokyo shopping district.

Tomohiro Kato, 28, pleaded guilty last year to murdering seven people and wounding 10 others in a crime that horrified the nation.

The former factory worker slammed a truck into a crowd of people and then stabbed passersby.

The Tokyo District Court determined Kato was mentally competent at the time.

It rejected the defence's request for leniency in sentencing, according to Kyodo news agency.

"It's an inhumane and cruel act. It's not an exaggeration to say that all of Japan was shocked by it," Kyodo quoted presiding judge Hiroaki Murayama as saying.

Before the attack, Kato posted messages online saying he wanted to kill somebody and laid out his basic plan of attack.

Just 20 minutes before the rampage began, he wrote, "It's time."

THE ASSOCIATED PRESS

JIJI PRESS/GETTY IMAGES

▶ Tomohiro Kato

Japan horrified

- Tomohiro Kato's crime so stunned Japan that there was little doubt he would get the death penalty.
- His terrifying rampage took place in Akihabara, a popular shopping district known as a hub for electronics and the manga and animé culture.

Two planes join Libyan mission

Canadian aircraft will patrol Mediterranean off the coast of Libya
Mission 'evolving,' says MacKay

The Canadian Forces have sent two Aurora reconnaissance aircrafts to join the seven fighter jets and a frigate already deployed to enforce a UN-mandated no-fly zone and an arms embargo against the regime of dictator Moammar Gadhafi.

The Auroras, out of Comox, B.C., and Greenwood, N.S., carry enough fuel to patrol offshore for 17 hours at a time and are equipped with long-range sensors. They will be based in Italy.

They join HMCS Charlottetown and other coalition vessels in preventing shipments of arms and mercenaries into Libya.

Defence Minister Peter MacKay says NATO has agreed to take over command of blockade operations, but there is still no agreement about the alliance assuming charge of the U.S.-co-ordinated no-fly zone.

"There would be greater clarity for this to be a NATO mission."
DEFENCE MINISTER PETER MACKAY, EXPLAING NEGOTIATIONS ARE STILL UNDERWAY IN BRUSSELS TO BRING THE ENTIRE INTERNATIONAL EFFORT UNDER ONE UMBRELLA

Much like the Afghanistan mission, there are deep divisions within NATO about assuming responsibility in Libya and some members have imposed restrictions — or national caveats — on what their forces can do.

The changing role of coalition air forces was underscored Wednesday by the assistant chief of air staff, who said two Canadian CF-18s were tasked with air-to-ground attack missions in over the last 24 hours.

Neither sortie dropped any bombs, but Maj.-Gen Tom Lawson said the overall mission is progressing from attacking air threats posed by Libyan jets and helicopters to targets on the ground, such as tanks.

THE CANADIAN PRESS

ANJA NIEDRINGHAUS/THE ASSOCIATED PRESS

▶ Libyan rebels take a rest on a checkpoint on the frontline near Zwitina, south of Benghazi, eastern Libya, on Thursday.

France continues strikes on Libya

French fighter jets struck an air base deep inside Libya and destroyed one of Moammar Gadhafi's planes Thursday, and NATO ships patrolled the coast to block the flow of arms and mercenaries. Other coalition bombers struck artillery, arms depots and parked helicopters. Libyan state television showed blackened and mangled bodies that it said were victims of airstrikes in Tripoli, the capital. Rebels have accused Gadhafi's forces of taking bodies from the morgue and pretending they are civilian casualties.

The French strikes hit a base about 250 kilometres south of the Libyan coastline, French military spokesman Thierry Burkhard told reporters in Paris on Thursday.

THE ASSOCIATED PRESS

UN experts speak out for missing

11 The number of disappearances recorded in the last 2-3 months dwarfs the 11 cases reported from the North African country over the previous 30 years, said group's chairman, Jeremy Sarkin.

Hundreds of people have disappeared in Libya over the past few months in what UN human rights experts said Thursday might amount to a crime against humanity.

The disappeared were "mainly people who called for demonstrations and who opposed publicly the regime," said one of the independent experts, Olivier de Frouville. "There are also members of the armed forces who either refused to attack the civilian population, to repress demonstrations, or who tried to rebel themselves."

THE ASSOCIATED PRESS

TAX
PHILLIP Van Leeuwen
Phillip pays your tax during the FINAL WEEKEND NO TAX Event!
www.ArtofFurniture.ca 10 BYWARD MARKET, OTTAWA 613.562.0700
Offer valid until March 31st, 2011 on any item of furniture excluding; Floor Sample, Inventory Clearance, Ligne Roset product line or delivery and service charges. Cannot be applied to previous purchase, combined with any other promotion and is not applicable to trade program purchases.

THE BODY SHOP®
ONCE, TWICE, THREE TIMES THE BODY.
3 for $30 on select items
Valid March 25 – 27, 2011 only. Terms and Conditions Apply. See Associate for Details.

SIRIUS SATELLITE RADIO

DODGE CARAVAN KIDS
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

1941 70TH ANNIVERSARY 2011

AFTER 70 YEARS OF MOUNTAINS AND SNOW AND SAND AND MUD AND WATER – IT'S TIME TO CELEBRATE.

2011 JEEP WRANGLER SPORT 4X4

PURCHASE FOR
$18,995•

INCLUDES $3,250 CONSUMER CASH,‡ FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.+

2011 Jeep Wrangler Unlimited Sahara in Deep Cherry Red with optional body colour hard top shown.§

ALL-NEW 2011 JEEP GRAND CHEROKEE LAREDO

UNSURPASSED 4X4 FUEL ECONOMY▼

CONSUMERS DIGEST BEST BUY

TOP SAFETY PICK IIHS

CUSTOMER CHOICE FINANCING

$233 BI-WEEKLY @ 1.99%†† FOR 60 MONTHS AND $0 DOWN

WITH THE OPTION TO RETURN AFTER 60 MONTHS

2011 Jeep Grand Cherokee Overland in White Gold shown.

ALL-NEW 2011 JEEP COMPASS 4X2 NORTH EDITION

CUSTOMER CHOICE FINANCING

$151 BI-WEEKLY @ 4.99%†† FOR 60 MONTHS AND $0 DOWN

WITH THE OPTION TO RETURN AFTER 60 MONTHS

2011 Jeep Compass Sport 4x2 in Deep Cherry Red shown.

+Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

Jeep.ca/Offers

CANADA'S NEWEST SHOWROOM

16 ALL-NEW OR COMPLETELY REDESIGNED VEHICLES.

CHRYSLER Jeep DODGE RAM

Wise customers read the fine print: •, ▼, †, ††, § The Jeep 70th Anniversary Event offers apply to retail deliveries of selected new and unused models purchased from participating retailers between March 1, 2011 and March 31, 2011. Retailer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating retailers for complete details and conditions. •$18,995 Purchase Price applies to 2011 Jeep Wrangler Sport 4x4 (23B) only and includes $3,250 Consumer Cash. See participating retailers for complete details. Pricing includes freight ($1,400), air tax, tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. ‡Consumer Cash Discounts are offered on most new 2010 and select 2011 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. ††Customer Choice Financing for 36-, 48- and 60-month terms on approved credit through TD Financing Services and Ally Credit Canada is available at participating dealerships to qualified retail customers on most new 2010 Chrysler, Jeep, Dodge and Ram models (except Grand Caravan Cargo Van and Ram Chassis Cab) and select 2011 Chrysler, Jeep, Dodge and Ram models. The following terms apply to TD Financing Services contracts. **(Different contract terms apply to Ally Credit Canada offers. See your retailer for complete details.)** Vehicles are financed over a 36-, 48- or 60-month term with payments amortized over a term of up to 96 months and the pre-determined residual balance payable at the end of the contract. At contract's end, customers have the choice of returning their vehicle through a Chrysler, Jeep, Dodge, Ram dealership with no further obligations (except payment of a $199 return fee and excess wear and tear, mileage and similar charges), financing the remaining balance for the rest of the amortization period at then-current standard rates or paying the residual balance in full. Some conditions apply. Customer Choice Financing offered by TD in Quebec is subject to different terms and conditions. All advertised Customer Choice Financing offers are TD offers. Examples: 2011 Jeep Grand Cherokee Laredo (26E)/2011 Jeep Compass North Edition 4x2 (26E) with a Purchase Price of $37,995/$22,995 financed at 1.99%/4.99% APR over 60/60 months with payment amortized over 81/83 months equals 130 bi-weekly payments of $233/$151 and one final payment of $10,165/$7,220 for a cost of borrowing of $2,442/$3,884 and a total obligation of $40,436.97/$26,879.68. Taxes, licence, insurance, registration, excess mileage and wear and tear charges, any retailer administration fees and other applicable fees and charges not included. Retailers may sell for less. See participating retailers for complete details. §2011 Jeep Wrangler Unlimited Sahara in Deep Cherry Red with optional body colour hard top shown has a higher price than the 2011 Jeep Wrangler Sport 4x4 advertised. See your retailer or go to www.jeep.ca for complete details. ▼*Based on Ward's* 2010 Middle SUV classification. The Best Buy Seal is a registered trademark of Consumer Digest Communications LLC, used under licence. ®SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ®Jeep is a registered trademark of Chrysler Group LLC. Customer Choice Financing is a trademark of Chrysler Group LLC.

SCAN HERE FOR MORE GREAT OFFERS

Israel responds

‘Israel will not tolerate these terror attacks,’ says Israeli defence minister ◗ Two years of relative calm unravelling

Israeli aircraft struck the Gaza Strip Thursday in response to militant rocket and mortar attacks, stoking concerns that a grave new round of hostilities will fill the vacuum left by an impasse in Israeli-Palestinian peacemaking.

Militants operating near the Israeli border sent at least nine rockets and mortars — including two rockets that reached the city of Ashdod — flying at Israeli communities throughout the day, drawing an Israeli air strike in retaliation. No injuries were reported on either side.

Israel’s inability to halt the rocket fire has drawn public criticism, especially since Israel has spent an estimated $200 million developing a system that is meant to shoot down the short-range rockets that militants use. THE ASSOCIATED PRESS

U.S. response

- U.S. Defence Secretary Robert Gates called the rocket attacks “repugnant” and defended the Israeli attacks in the Gaza Strip as legitimate self-defence.

EYAD BABA/THE ASSOCIATED PRESS

▶ A Palestinian boy looks at the damage of a smuggling tunnel Thursday following an Israeli air strike in Rafah, on the border between Egypt and southern Gaza Strip.

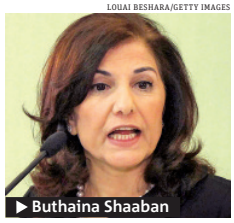
Syria considers civil liberties

The Syrian government pledged Thursday to consider lifting draconian restrictions on political freedom and civil liberties in an attempt to quell a week-long uprising that protesters say has left dozens fatally shot by security forces.

The pledges appeared unlikely to satisfy demonstrators in the southern city of Daraa, where thousands have been calling for liberty, defying the crackdown as they take to the streets for funeral marches.

Presidential adviser Buthaina Shaaban told reporters in the capital, Damascus, that President Bashar Assad’s government would consider lifting a state of emergency, in place since 1963, that allows people to be arrested without warrants and imprisoned without trial. THE ASSOCIATED PRESS

LOUAI BESHARA/GETTY IMAGES



▶ Buthaina Shaaban

FLIGHT CENTRE® Unbeatable

Europe Airfares

Paris $94*
Travel Jun 15 - Jun 23/ts — + taxes & fees $449

London $172* — Travel Apr 12 - Apr 21/ts — + taxes & fees $524
Dublin $395* — Travel Jun 8 - Jun 16/ts — + taxes & fees $411
Rome $469* — Travel May 6 - May 14/ts — + taxes & fees $391
Athens $535* — Travel May 1 - May 9/ts — + taxes & fees $443

Airfares

Jamaica $48*
Travel Mar 27 - Apr 3/c6 — + taxes & fees $350

Fort Lauderdale $69* — Travel Apr 5 - Apr 13/ts — + taxes & fees $290
Orlando $99 — Travel Apr 1 - Apr 8/ts — + taxes & fees $272
New York $259 — Travel Apr 5 - Apr 19/dl — + taxes & fees $125
Costa Rica $499 — Travel Apr 12 - Apr 27/co — + taxes & fees $437
Bangkok $809 — Travel Apr 4 - Apr 20/ua — + taxes & fees $320
Auckland $1189 — Travel Apr 19 - May 10/fj — + taxes & fees $388

Vacations

Scotland
Air + 6 Nights 5-Star
$1219
Malmaison — + taxes & fees $630
INCLUDES air into Glasgow, 7-day car rental and 6 nights castle accom in Edinburgh. Departs May 10/ggv/ts/hh.

Goa & London Air + 9 Nights $1479
Montana Kensington, Pearls Oceanique Resort — + taxes & fees $652
INCLUDES 2 nights London accom and 7 nights 4-star beachfront resort-style accom in Goa. Departs Apr 15/vat/ggv/9w.

Algarve Air + 14 Nights 4-Star $1579
Pestana Levante — + taxes & fees $512
INCLUDES clifftop resort-style in Armacao de Pera. BONUS buffet breakfasts included. Departs May 3/ggv/co.

Australia Air + 8 Nights $1679
Sydney Travelodge, Ibis — + taxes & fees $454
INCLUDES 4 nights Kings Cross accom in Sydney and 4 nights central Melbourne accom. Departs Apr 11/ggv/qf.

Amalfi Coast
Air + 7 Nights 4-Star + Car $1739
Crowne Plaza Stabiae Hotel — + taxes & fees $455
INCLUDES air into Naples, Sorrento accom at a waterfront hotel with private beach and 8-day car rental. BONUS daily breakfast included. Departs May 11/ggv/co.

Argentina Air + 8 Nights 4-Star $2099
Panamericano, Panoramic Hotel Iguazu — + taxes & fees $712
INCLUDES 6 nights Buenos Aires accom and 2 nights Iguazu Falls accom. Departs Apr 18/ggv/dl/ar.

All-inclusive Vacations

Jamaica
7 Nights 4-Star
$435
Holiday Inn Sunspree — + taxes & fees $334
Departs Mar 27/nol/ts.

Varadero 7 Nights 4-Star $445*
Mercure Playa de Oro — + taxes & fees $290
Departs Mar 29/sgn/wg.

Punta Cana 7 Nights 4-Star $495
Riu Naiboa — + taxes & fees $351
Departs Mar 28/sgn/wg.

Costa Rica 7 Nights 4.5-Star $930
Occidental Grand Papagayo — + taxes & fees $251
Departs Mar 31/acv/ac.

Barbados 7 Nights 4-Star $1429
Almond Beach Village — + taxes & fees $127
Departs Apr 5/wsv/ws.

Cruise & Stay

Caribbean
Air + 2 Nights + 6-Night Cruise
$869
Freedom — + taxes & fees $243
INCLUDES roundtrip air to Fort Lauderdale, 2 nights cruiseport accom & 6-night cruise roundtrip Fort Lauderdale visiting Key West, Grand Cayman, and Ochos Rios. Departs Sep 30/ccl/hh/ws.

USA

Las Vegas
Air + 3 Nights
$419
Circus Circus — + taxes & fees $109
INCLUDES accom on the Las Vegas strip. Departs May 8/ggv/dl. BONUS includes 2 show tickets to a select Cirque du Soleil or Las Vegas show of your choice.

Miami Air + 4 Nights $424
Deauville Hotel — + taxes & fees $103
INCLUDES accom in the heart of Miami beach. Departs Apr 25/ggv/dl.

Chicago Air + 3 Nights $578
Palmer House Hilton — + taxes & fees $119
INCLUDES accom in downtown Chicago. Departs Apr 7/ggv/dl. ADD GO Chicago attractions pass for $75.

Boston Air + 3 Nights $584
Boston Westin Waterfront — + taxes & fees $116
INCLUDES accom in downtown Boston. Departs Apr 7/ggv/dl. ADD Beantown Trolley & Harbor Cruise for $34.

New York City Victoria Day Weekend
Air + 3 Nights $654
Excelsior Hotel — + taxes & fees $115
INCLUDES accom in Upper West Side. Departs May 20/ggv/dl. ADD theatre tickets to *Billy Elliott, Mamma Mia, Memphis* or *Phantom* for $129.

LOWEST AIRFARE GUARANTEE We will beat any airfare quote or you fly free!

1 866 502 3887 | TEXT Join our Insider Club for hot deals. Text YOW to 131 600 | flightcentre.ca | Visit us in store.

*Conditions apply. Ex: Ottawa. *Ex: Montreal. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive packages include air. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. †Price is per person for quad occupancy (2 adults & 2 children ages 2-17). Child ages on Theme Park tickets is 3-9 years. ts/vat=transat, swg/wg=sunwing, ac=air canada, c6=canjet, ws=westjet, df=delta, ca=continental, fj=air pacific, 9w=jet airways, qf=qantas, ggv=gogo, dl=delta, sqv=sunquest, nol=nolitours, sgn=signature, rcl=royal caribbean, ncl=norwegian, aa=american, ccl=carnival, hh=holiday house. † We will beat your written quoted airfare by $1 and give you a $20 voucher for future travel. “Fly Free” offer applies only where all “Lowest Airfare Guarantee” criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384*

TICO

Yemen's youth power

Leaders of Yemen's youth uprising set out their demands Organizers hoping that several million will turn out for Friday demonstrations

The youth groups who began a month-long uprising said Thursday they wanted a new constitution and the dissolution of parliament, local councils and Yemen's notorious security agencies in addition to the immediate ouster of the president.

The widening demands appear to reflect the perception that President Ali Abdullah Saleh's regime has been badly weakened by weeks of unrelenting protests, and the defection to the opposition of a string of powerful officials including members of the president's inner circle.

Several senior military commanders, lawmakers, cabinet ministers, diplomats and provincial governors have also defected to the opposition over the last week.

THE ASSOCIATED PRESS

AHMAD GHARABLI/GETTY IMAGES

▶ A Yemeni anti-government protester shows his arm Thursday, bearing the Arabic writing "24 hours left for your departure," referring to President Ali Abdullah Saleh.

Spaghetti brawl on N.Y.C. train sparks food debate

Food fight

- On Internet sites, hundreds of viewers of the spaghetti skirmish debated the smell and the spilling of subterranean snackers. One YouTube contributor mixed video of the fight with scenes from the violent 1983 Al Pacino crime drama Scarface.
- Some New York commuters called for a subway system ban on food, like the ones enforced in Washington, San Francisco and other cities. The Port Authority Trans-Hudson trains, which run between New York and New Jersey, already prohibit eating.

New York City's subway riders can handle panhandlers, rats and tuneless street musicians. But eating spaghetti in a crowded subway car? Well, that's just going too far.

An Internet video that shows New Yorkers brawling over a passenger's right to nosh noodles on the subway has ignited a debate about what people should and shouldn't do in the nation's largest mass transit system.

The video, posted online anonymously, picks up mid-argument, as a woman twirls onto her fork spaghetti from a takeout container and a passenger across the aisle chides her.

"What kind of animals eat on the train like that?" says the woman across the aisle.

The diner snaps back with an epithet, and the exchange quickly degenerates into a fistfight.

"Chill out!" shouts a man as he tries to pull apart the two combatants.

The video has touched a nerve in a stressed-out city where the commutes are difficult and no perceived slight goes undocumented, thanks to cellphone video cameras.

"I think it's nasty when people eat," said Sam Ramos, as he rode a 5 train to the Bronx. "They should go somewhere else."

But at the other end of the car, John Augustine dug into a cup of chili and said people should mind their own business.

"People will fight about all kinds of things," Augustine said. "Are we going to legislate against every one of them?" THE ASSOCIATED PRESS

Wife of sex killer wants divorce records sealed

The wife of former colonel and convicted sex killer Russell Williams wants her divorce proceedings kept from the public.

Mary Elizabeth Harriman's lawyer was in an Ottawa court arguing for a seal — or at least a publication ban — on her financial and medical records.

That would cover a deal the couple signed shortly after Williams was charged with two counts of first-degree murder in the deaths of two eastern Ontario women.

The agreement shifted ownership of the couple's assets to Harriman.

Harriman's lawyer Mary Jane Binks said opening the divorce proceedings to the public would cause her client even greater harm than she has already experienced.

Williams was a rising star in the military and commander at Canadian Forces Base Trenton before being sentenced to life in prison for the murders, a pair of sexual assaults and dozens of fetish break-ins.

THE CANADIAN PRESS

THE ASSOCIATED PRESS

▶ Hospital patients in Chiang Rai province, northern Thailand, were moved to this outdoor enclosure after the powerful Myanmar earthquake shook buildings over a wide area.

Yet another quake hits

◗ This time Myanmar jolted, woman killed ◗ Faraway Bangkok shaken ◗ No tsunami, tremor too far inland

Is this the year of the earthquake? First, New Zealand and Japan. Now Myanmar, also known as Burma.

A powerful quake struck northeastern Myanmar Thursday night, killing one woman and shaking buildings as far away as Bangkok. No tsunami was generated.

Homes and at least one bridge were damaged in several villages along Myanmar's borders with Thailand and Laos, residents said.

There were also reports of minor damage in northern Thailand, where a woman died when a brick wall collapsed on her.

Cracks spread in the foundations of some buildings in the province surrounding the city of Chiang Rai, about 90 kilometres from the epicentre. The spires fell off two pagodas.

"The tremor was so strong and things fell down from the shelves. It was very scary, and we all ran out to the streets," said a 25-year old woman who runs a mini-mart in Tachileik, a Myanmar town near the border.

Buildings swayed hundreds of kilometres away, including in Bangkok, Hanoi, Vietnam, and Mandalay, Myanmar.

"We are afraid to go back into the house," said a 34-year-old woman from Mandalay.

Australian Max Jones was in his 27th-floor Bangkok apartment when his building started shaking so hard he had to grab the walls to keep from falling. "It was bloody scary," he said.

THE ASSOCIATED PRESS

Deep danger

- The 6.8-magnitude quake was 10 kilometres deep, according to the U.S. Geological Survey.
- It's difficult to get a comprehensive picture of damage in the country's remote northeast where communications, even at the best of times, are sketchy. The military-run government also tightly controls information.

1-800 JOIN CAA | CAANEO.CA/PREMIER | VISIT A CAA TRAVEL STORE

OC Transpo

2011 Network Optimization Proposals
Public Consultation

OC Transpo is seeking customer feedback into the network service proposal that supports the approved 2011 Budget. The plan proposes redesigning the network to make routes more direct, productive, and reliable, while ensuring that we can keep fares down and make our transit system sustainable for the long term.

While over 90% of customers will be unaffected by the proposed changes, some will have to walk a little farther to a bus stop, and service on some routes will be reduced. As a valued customer, we want to make sure you are aware of what is being proposed. Most importantly, we want to hear from you.

Give us your feedback by April 7

We need your input to finalize the plan. Please complete the "Customer Feedback Form" online at octranspo.com. Or, join us at an Open House where you can attend a presentation and talk with OC Transpo staff about the proposed plan.

Details on the proposed changes are available at **octranspo.com**.

Public Open Houses

Tuesday, March 29, 5:30 - 7:30 p.m.
(presentation at 6:30 p.m.)
Ottawa City Hall, Jean Pigott Place, 110 Laurier Avenue West

Wednesday, March 30, 7 - 9 p.m.
(presentation at 8 p.m.)
Kanata Recreation Complex, Hall B, 100 Walter Baker Place

Thursday, March 31, 7 - 9 p.m.
(presentation at 8 p.m.)
Nepean Sportsplex, Halls C and D, 1701 Woodroffe Avenue

Monday, April 4, 7 - 9 p.m.
(presentation at 8 p.m.)
Jim Durrell Recreation Complex, Ellwood Hall, 1265 Walkey Road

Tuesday, April 5, 7 - 9 p.m.
(presentation at 8 p.m.)
Shenkman Arts Centre, Music Rehearsal Hall, 245 Centrum Blvd.

The approved route changes would be implemented September 4.

Trans PLAN 2011

INFO 613-741-4390 octranspo.com

Clean your room...

AND PAY YOUR DEBTS!

Good advice never grows old. LET US HELP.

InChargeCanada
Debt Solutions. For Life.

FOR SERVICE IN ENGLISH
InChargeCanada.ca
613·216·6115

POUR LE SERVICE EN FRANÇAIS
SOSdettes.ca
866·615·1226

ROGERS™ authorized dealer

BROCKVILLE
1000 Islands Mall
(613) 345-3161

CORNWALL
Cornwall Square
(613) 936-2083

GLOUCESTER
Gloucester City Centre
1980 Ogilvie Rd., Unit 136
(613) 842-7285

KANATA
Hazeldean Mall
(613) 271-1153
Kanata Centrum Shopping Centre
(613) 599-9690

KINGSTON
Cataraqui Town Centre
(613) 634-9897
Kingston Centre
(613) 546-6043
122 Princess St.
(613) 549-0315

NEPEAN
Merivale Market
(613) 224-3827
2-130 Riocan Ave.
(613) 823-9240

ORLEANS
2020 Lanthier Dr., Unit E2
(613) 590-0289

OTTAWA
901 Carling Ave.
(613) 238-7533
695 Somerset St. W
(613) 820-7782
104 Bank St.
(613) 230-0202

PEMBROKE
Pembroke Mall
(613) 732-1602
670 Pembroke Street West
(613) 732-1602

TIMMINS
Timmins Square
(705) 267-3400
950 Riverside Dr.
(705) 267-4663

ROGERS plus

GLOUCESTER
2016 Ogilvie Rd., Unit 6
(613) 746-4545

KANATA
300 Earl Grey Dr., Unit 1
(613) 591-8281
700 Eagleson Rd.
(613) 592-5098

NEPEAN
3777 Strandherd Rd., Unit 14
(613) 823-6909
Bayshore Shopping Centre
(613) 726-7665
3161 Strandherd Dr., Unit 300
(613) 823-4558

ORLEANS
1675 10th Line Rd.
(613) 841-8485
1615 Orleans Blvd., Unit 3
(613) 830-6820
6505 Jeanne D'arc Blvd., Unit 14A
(613) 824-9989

OTTAWA
2515 Bank St., Unit 5
(613) 739-4775
11 Selkirk St.
(613) 745-6800
359-363 Bank St.
(613) 594-4555
1379-A Woodroffe Ave.
(613) 225-6007
2121 Carling Ave., Unit 87
(613) 798-1946
1200 St. Laurent Blvd., Unit 248
(613) 746-8546
50 Rideau St., Unit 327C
(613) 232-4800
110 Place D'Orleans Blvd., Unit 290
(613) 590-2237
2269 Riverside Dr., Unit 44
(613) 737-2071
960 Bank St.
(613) 668-5499

THE SPRING SMART SALE

SAVE ON A HUGE SELECTION OF THE HOTTEST SMARTPHONES

BLACKBERRY® TORCH™ 9800
$99.99
with 3-yr voice and data plan

BLACKBERRY® BOLD™ 9780
$49.99
with 3-yr voice and data plan

SAMSUNG GALAXY S CAPTIVATE™
$49.99
with 3-yr voice and data plan

SAMSUNG FOCUS™
$49.99
with 3-yr voice and data plan

VISIT A ROGERS STORE TODAY & SAVE UP TO AN

EXTRA $100 OFF*

ONLY UNTIL MARCH 31 AT ROGERS™

VISIT A ROGERS PLUS LOCATION OR A ROGERS AUTHORIZED DEALER.

ROGERS™ authorized dealer ROGERS plus

Offer ends March 31, 2011. Subject to change without notice. *Only available in-store with purchase of eligible smartphone (including those above) and new activation on 3-yr term voice and data plan. Early cancellation fees apply. Savings applied (point of sale at Rogers Plus stores, bill credit at Rogers authorized dealer stores) against device purchase price up to max. $100 (not to exceed device purchase price). See in-store for full details. ©2011

take advantage of record high gold prices

Receive Ontario's **highest payout** for your old, unwanted gold & silver!

Brookstreet Hotel - Network Room
(525 Legget Drive, Kanata)

or St-Laurent Complex
(525 Côté Street, Ottawa)

Saturday & Sunday, March 26th & 27th from 9 a.m. to 4 p.m.

Dig out those old, unwanted gold & silver rings, watches, necklaces, etc...

Bring them out for a free, no-obligation material evaluation & purchase offer.

Get paid on the spot. At these record prices, a little means a lot!

About Recycle Frog

Recycle Frog — Canada's fastest growing and most trusted precious metals recycler. Committed to setting a new standard of integrity and transparency, we provide a simple, secure and convenient recycling experience with tremendous financial, social and environmental benefits. Our innovative Gold Drive fundraising program provides support to invaluable community organizations such as United Way, the Canadian Cancer Society and CHEO, among many others. Recycle Frog is a member of the Jewelers Vigilance Committee and Recycling Council of Ontario.

visit *recyclefrog.com* for complete details

RECYCLE FROG

1150-45 O'Connor Street | Ottawa, ON | K1P 1A4
613.695.1236 | recyclefrog.com

Portugal faces EU bailout

Government resigns after rejection of debt-reduction plan Interest rate reaches euro-era record

Portugal's financial collapse appeared inevitable Thursday, as markets took the government's resignation as proof the debt-heavy country will lose its yearlong battle to avoid a bailout and deliver another setback to Europe's efforts to boost confidence in the euro.

Investors fearful about Portugal's future pushed the interest rate on its 10-year bonds to a euro-era record of 7.71 per cent — a financial burden that is unsustainable and could soon force the country to ask for a rescue like Greece and Ireland did last year.

The government quit Wednesday after opposition parties rejected its latest debt-reduction plan, generating a new bout of market jitters over the country's future and likely shortening the time it can hold out before asking for help.

Juergen Michels, an economist at Citigroup in London, said a bailout for Portugal is firmly in the cards. The government's resignation "shows that the problems are really huge and unless the market is supportive (Portugal) will need help — and the markets aren't supportive at the moment," he said.

President Anibal Cavaco Silva is scheduled to meet with all political parties Friday to decide the way forward. Elections would not be possible before the end of May, leaving months of unwelcome, and costly, uncertainty ahead.

THE ASSOCIATED PRESS

Market crash

Upheaval in Portugal was a blow for European leaders who are trying to reassure markets about the soundness of 17-nation euro zone investments.

- **In Lisbon, there was a mood of resignation and dismay as subway workers walked off the job.**
- **It is unclear how soon Portugal could take a bailout.**
- **Market movements showed few fears that pressures will spread to another country, such as Spain.**

SMILES ON Sparks
David J. Halpin, D.D.S.

A Smile Can Say So Much!

A smile can say so much... but if you aren't satisfied with your smile, it may not be saying anything at all! At ***Smiles On Sparks***, Ottawa's downtown dental destination for exquisite dentistry and beautiful smiles, we can help you achieve the beautiful smile you've always wanted, while allowing you to be in control of your own dental health decisions through continuous dental education and positive encouragement.

Dr. David Halpin, B.Sc.,DDS, and the staff at ***Smiles On Sparks*** believe a patient's comfort always comes first! Our beautiful new dental office is equipped with state-of-the-art technology and offers a relaxed, comfortable, family-friendly atmosphere.

Thanks to Dr. Halpin's broad range of dental skills, together with digital photography imaging, lasers and other dental advances, we are able to provide a high level of care and a pleasant dental experience for our patients. Discover how easily we can make your smile come to life!

See our actual patient treatments on our website **www.smilesonsparks.com.**

Call now to book your intitial appointment and smile analysis!

Let us help you take your smile from ordinary to extraordinary!

SMILES ON Sparks
AESTHETIC & GENERAL DENTISTRY

134 Sparks Street • Ottawa, ON • K1P 5B6
Tel: 613.563.2396 • Fax: 613.563.9503
www.smilesonsparks.com

YVES LOGGHE/THE ASSOCIATED PRESS

▶ Portugal's departing Prime Minister Jose Socrates shakes hands Thursday with Finland's Prime Minister Mari Kiviniemi during a round-table meeting at an EU summit in Brussels. Portugal's political crisis and uncertainty over the true scale of problems at Irish banks dominated a summit of European Union leaders that was designed to finally put an end to the region's crippling debt crisis.

Are you a parent with
Depression?

Both you and your child can benefit when you seek help

We are seeking participants to enroll in a treatment study that aims to speed remission of depression and gathers information about the health of you and your children

- Men and Women 18 years or older with depression
- Study medication and assessments provided
- All research has been approved by the Research Ethics Board
- Subjects may be eligible for compensation for time and travel
- All queries are strictly confidential

University of Ottawa
Institute of Mental Health Research
Institut de recherche en santé mentale
de l'université d'Ottawa

For more information contact Wendy Fusee:
(613) 722-6521 ext. 7828
Wendy.Fusee@rohcg.on.ca

UNLIMITED
HOME PHONE
WORLDWIDE CALLING

ONLY $29.95 /month

Unlimited Calling to Almost 60 Countries

- Argentina | Australia | Bahrain | Brazil | Canada | Colombia | Croatia | Greece | India | Romania | Russia | U.S.A. | UK and much more...

Including India and more...

All Features FREE!!

- Voice mail
- Caller ID
- Call Waiting

AND MUCH MORE!!

SATISFACTION GUARANTEED!
2 MONTHS FREE

You're going to LOVE the quality!
If you're not 100% satisfied,
YOU PAY NOTHING!
That's our customer satisfaction guarantee!!!

613-216-6096
comwave
www.comwave.ca

HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. The rate of $29.95 is based on a 3YR term. 3 YR plan will come with a 2 month FREE promotion (One month immediate upon activation of service. The second month upon if you transfer your phone number from your existing provider to Comwave in the first 30 days. Unlimited long distance calling is limited to the countries listed at www.comwave.net and is subject to residential use with an allowance of 3000 long distance minutes. Terms and conditions apply, see www.comwave.ca for details.

Former escort speaks out on RCMP probe

Ex-PMO aide's girlfriend stood to benefit from public contract PM adviser investigated for illegal lobbying

A former escort at the heart of an RCMP probe over allegations her politically connected boyfriend illegally lobbied on her behalf has broken her silence

Michele McPherson is acknowledging her past work in the "sex trade"— but the 22-year-old says in a statement that she left that line of work some time ago.

An investigation by the Aboriginal Peoples Television Network said Bruce Carson, a former top adviser to the prime minister, allegedly lobbied the government on behalf of a water company in Ottawa that employed McPherson.

APTN reported McPherson stood to benefit from a plan to sell water filtration systems to reserves with water quality problems.

According to the network, McPherson signed a contract last Aug. 31 that would entitle her to 20 per cent of the project's gross sales in a venture Carson was pushing.

But McPherson says that contract was cancelled and her new deal is tied to "performance measures."

Her statement did not mention her 65-year-old boyfriend or the allegations against him.

The Prime Minister's Office has called in the RCMP over the allegations in the reports.

THE CANADIAN PRESS

Money woes

Bruce Carson went bankrupt, with thousands of dollars of debt, before becoming one of Prime Minister Stephen Harper's closest advisers.

- Property records show Carson and Michele McPherson paid $389,500 in December for a house in Mountain, Ont.
- APTN also reported that McPherson drives a black Mercedes SUV that Carson purchased.
- The matter has been referred to the office of the conflict of interest and ethics commissioner.

TORSTAR NEWS SERVICE

▶ The name of Michele McPherson, 22, appears on a secret contract witnessed by Bruce Carson that guaranteed her 20 per cent of all gross revenues from sales related to water contracts on First Nations reserves, according to a copy of the contract obtained by an APTN investigative team.

Barrie man dies after distress call to prison

Ontario's police watchdog says a man who was taken to hospital from a Barrie police cell died in hospital.

The Special Investigations Unit said police arrested Jason Snow, 38, last Saturday near the Barrie bus station.

Snow was placed in a cell and was found to be in medical distress at about 11 p.m.

He was taken to Royal Victoria Hospital and admitted to intensive care.

The SIU said Snow died in hospital Tuesday.

An autopsy is scheduled for Friday.

THE CANADIAN PRESS

38

The SIU said the man, 38, taken to hospital from a Barrie police cell has died. Jason Snow was arrested at the Barrie bus station last Saturday.

WE'VE GOT HUGE SAVINGS ON THE LINE.

ONLY UNTIL MARCH 31.

SAME HOME PHONE QUALITY, FOR LESS

Essentials Package

$16.91[1]

PER MONTH
FOR 1 YEAR

- Keep your number, phones and jacks
- No System Access Fee & no other hidden fees
- Save up to $120[2]

SWITCH TODAY
Call 1 888 200-8338

ROGERS™

SAVE UP TO 15% WHEN YOU COMBINE ROGERS HI-SPEED, WIRELESS, TV AND HOME PHONE.[3]

Offer ends March 31, 2011 and subject to change without notice. **1** Offer only available to new Rogers Home Phone customers. Includes 22¢ 9-1-1 Emergency Access Fee (non-government fee) and 19¢ Message Relay Service Fee. Taxes, long distance and optional features extra. Regular monthly rate applies after promotional period. **2** Based on $10/mo discount (regularly $26.91/mo) for 1 year. **3** Discount applies to monthly recurring service fees for eligible services. Discount not applicable to Home Phone Value plans. Minimum 2-year term required. See rogers.com/bundles for details. ©2011

Don't write off cheques just yet, experts say

Cheque payments in Canada expected to decline to $113 billion by 2014, down from $144 billion in 2009

RYAN REMIORZ/THE CANADIAN PRESS

Cheques may seem old-fashioned in a world gone digital. They're comparatively costly, take longer to process and are a good deal more bothersome than swiping a piece of plastic or tapping a computer keyboard. Nevertheless, the paper payment system still has its uses, financial experts say.

"I think the cheque's future is downward, but it's going to be with us for a while," says Christie Christelis of Technology Strategies International in Oakville, Ont. Over the past 15 years, the debit card has displaced the cheque almost completely in the retail sector, he says.

But while it can be cheaper to use online or telebanking to pay bills, schools, summer camps and most small businesses still rely on cheques.

"It's less expensive for the customer and less problems for me," says Igor Romanov, owner of ARS International Inc., an appliance-repair business in Montreal. Otherwise, Romanov says he'd have to pass on to customers the price of a wireless payment device.

NEBS Canada, which supplies cheques to small businesses, says the use of cheques has remained relatively stable in recent years.

"Mostly, it's for the paper trail," says Wes Carrington, associate product marketing manager at NEBS in Midland, Ont.

"And when you're doing your accounts payable or payroll, it's always nice to have that receipt to show that you've made the payment," he says.

THE CANADIAN PRESS

Retail. L.L. Bean

▶ An employee prepares an order for shipping at L.L. Bean in Freeport, Maine. The outdoors and clothing retailer is offering no-strings-attached free shipping.

PAT WELLENBACH/THE ASSOCIATED PRESS

The shipping news

As more and more retailers turn to free shipping to lure customers, L.L. Bean upped the ante on Thursday by waiving shipping fees all the time, with no minimum order. The offer applies to standard two- to five-day shipping by UPS. It doesn't include furniture or canoes.

Market moment

PRICES AS OF 5 P.M. THURSDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft	Gold contracts
– 57.81 (14,029.37)	+ 0.47¢ (102.44¢ US)	– 15¢ US ($105.60 US)	$4.244 US (– 9.1¢ US)	$1,434.90 US (– $3.10 US)

Elevator people: Mood Media buys Muzak

Muzak, known for its soothing strains of music played in offices and stores, is being bought by Toronto-based Mood Media Corp. for $345 million US. Mood Media said on Thursday the acquisition will create an "in-store media powerhouse" that will be heard in 470,000 commercial locations around the world. U.S.-based Muzak said it posted $195 million US in revenue in 2010 and $55 million US in pre-tax profit. The companies are expected to bring in about $400 million US over the year. THE CANADIAN PRESS

1.7

Mood Media and Muzak will have a music library of 1.7 million rights-included tracks and more than 30,000 original recordings.

Pop the myth with an
Alter-RRSP

1.95%* 19-month Term Deposit

alterna.ca | 613.560.0100

Alterna

*Rate subject to change without notice.

WANTED
Home-Stay Families

Interested in a culturally and socially rewarding opportunity?

We are looking for English-speaking families to welcome one or two French Canadian and/or international students aged 15-17 years this summer who will be coming to study English in Nepean. (Merival/Hunt Club area)

July 3rd to August 6th, 2011

Must provided the following:
- A furnished bedroom
- 3 meals/day (bagged lunch)
- A warm and friendly environment

For more information contact Claudette at 613-294-3995 or email c.nwilson2011@yahoo.ca

fait parler le monde
gets the world talking
Le Centre linguistique du Collège de Jonquière

$ REMUNERATION PROVIDED $

find us follow us like us

We're all over your city in more ways than one. Metro brings you breaking news and great reviews.

metro

Rogers called to account over unwanted calls

CRTC fines company $275,000 Now if only they would outlaw those pesky sales calls at dinnertime

Rogers Communications Inc. has agreed to donate $275,000 to post-secondary schools as part of a settlement with the Canadian Radio-television and Telecommunications Commission, which launched an investigation into its telemarketing practices.

The federal regulator said Thursday that Rogers has agreed to conditions over its use of automated calling to tell its prepaid mobile customers how to buy more minutes. Rogers is the latest of the Big 3 telecommunications companies to come under fire from the CRTC for its telemarketing practices.

Similar agreements were reached earlier with Telus and Bell Canada, neither of whom admitted fault.

Rogers did not admit fault but agreed to stop making the calls without the consent of its customers and said it would ensure it follows CRTC rules. The company also said it would donate $175,000 to the Ecole polytechnique de Montreal and $100,000 to the British Columbia Institute of Technology.

The CRTC hit Bell Canada with a $1.3-million penalty in December for violating telemarketing rules, by far the biggest penalty for breaking the Unsolicited Telecommunications Rules under the Telecom Act.

Before last March, it had imposed only $73,000 in fines after hearing 300,000 complaints.

THE CANADIAN PRESS

Don't call me

- The CRTC's Unsolicited Telecommunications Rules are designed to reduce **unwanted calls** to Canadians.
- Automated calling devices can be used only with a customer's **prior consent**.
- However, they can be used without consent by police, fire departments, schools and hospitals with a **public-service message**.

The knowledge to compete

The Sprott MBA

Fit your program to your career goals with concentrations in:

- Financial Management
- International Business
- Management & Change
- Technology Management
- International Development Management

Plus, internship program, full and part-time streams

Attend our next info session!
March 31, 12-1 p.m., Sheraton Ottawa

Register by email mba_info@sprott.carleton.ca or call 613-520-2807.

sprott.carleton.ca/mba

Carleton UNIVERSITY

SPROTT SCHOOL OF BUSINESS

HURRY! OFFERS END SOON

AIR MILES® SUPE

Rexall™/MC Pharma Plus®
A pharmacy first.

March 25-26, earn

50 BONUS AIR MILES reward miles

when you spend $50† or more on almost everything in-store!
See flyer for details.

RONA

March 26-27, earn

5x the AIR MILES reward miles

when you spend $100†† or more.
See flyer or airmiles.ca/superbonus for coupon.

THAT'S LOTS OF REWARD MILES CLOSER TO KITCHEN APPLIANCES, STARTING FROM 600 REWARD MILES.**

Join AIR MILES on Facebook at facebook.com/airmilescanada

†Minimum purchase of $50 or more before taxes, after discounts and exclusions in a single transaction. One offer per applicable transaction only. This offer cannot be used in conjunction with any other store wide bonus offer. Offer subjected to change wi Pharma Plus locations only in the province of Ontario, excluding the region of Thunder Bay. ††Offer valid from March 26 to 27, 2011 at all RONA participating stores in Ontario ONLY. Bonus Offer coupon must be presented at time of purchase. Bonus Offer ap of an Ultimate Plus Car Wash or earn 2x AIR MILES reward miles with the purchase of a Basic or Ultimate Car Wash. Not valid with any other offers. Limit of one Bonus offer per transaction. Offer not available at Time Charged or Coin Operated Car Washe 2011 at participating locations. ††††On selected products only, from March 25 to March 31, 2011. Available at Metro locations in Ontario, excluding Thunder Bay. Excludes tobacco products, Western Union, lottery, transit tickets, gift card purchases, prescript and participating Shell, Rexall Pharma Plus and RONA locations in Ontario when you use an American Express®* AIR MILES Credit Card on each purchase of $30 or more between March 25 and March 27, 2011 only. Other terms and conditions apply. Visit w without notice. Some restrictions apply. Quantities may be limited. No cancellations, exchange or refunds for tickets, certificates or merchandise once booked or ordered. For complete details, see current Program Terms and Conditions available at airmi authorized for their use in Canada.

ER BONUS EVENT

Until April 24, earn up to

10x the AIR MILES reward miles†††

when you purchase a car wash at Shell.
No coupon required.

metro

March 25-31,

120 BONUS AIR MILES reward miles††††

available to be earned
on selected products in-store.

PLUS

March 25-27, earn

2x the AIR MILES reward miles*
on each purchase of $30 or more at the above participating Sponsors using any American Express®* AIR MILES Credit Card.
Terms and conditions apply.

AIR MILES Travel and More

For more information, go to airmiles.ca/superbonus

thout notice. AIR MILES Base and Bonus offers exclude prescriptions, products containing codeine, postal service, stamps, Gift Card Express, Rexall Pharma Plus Gift Cards, lottery, transit tickets and taxes. Offer valid at Participating Rexall™ and Rexall™ plies to the total base reward miles earned on qualifying purchase amount or amount paid as a deposit on special order. Some conditions apply. Details in-store. †††Minimum $20 fuel purchase is required. Earn 10x AIR MILES reward miles with the purchase es. Maximum number of reward miles to be awarded per qualifying transaction on the 10x offer is 290 reward miles. Maximum number of reward miles to be awarded per qualifying transaction on the 2x offer is 58 reward miles. Offer valid until April 24, tion, prescription services and other professional pharmacy services. Some conditions apply. See in store for full details. *Account must be in good standing. 2x reward miles offer available at participating Metro locations in Ontario (excluding Thunder Bay) ww.airmiles.ca/superbonus for details. ®*Used by Amex Bank of Canada under license from American Express. **All Rewards offered are subject to the Terms and Conditions of the AIR MILES Reward Program, are subject to change and may be withdrawn iles.ca or the AIR MILES Customer Care Centre at 1-888-AIR MILES (in Toronto (416) 226-5171). ®/™Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. Sponsor trademarks are owned by the respective Sponsors or

COURTESY OF SARAI STRIKEFOOT

▶ Joel Jacques

5 MINUTES WITH: JOEL JACQUES

Joel Jacques is a guitarist for Ottawa band the Murder Plans. The band's latest album is entitled Good Omens.

Your song Ghost Story has the first guest appearance by the National Research Council Official Time Signal I've ever heard on an album. ("The beginning of the long dash followed by 10 seconds of silence marks 1 eastern standard time.") How did that come about?
(Singer) Connor McGuire and I are avid CBC listeners and we've converted Mike as well. So there's certain things that just kinda stick in your brain, and that gets thrown at you every day at 1. I don't know why, but it worked. It's a little bit of Canadiana, I guess.

You're playing the Elmdale House Tavern on April 2 with the Lowest Of The Low. Are you old enough to remember their album, Shakespeare My Butt?
Ah, no actually. I had to be brought up to speed on this. We were at Indie Week in Toronto in the fall promoting the album, and we went to one of these industry panels and Ron Hawkins was part of that panel. I'm sitting in the back with Connor and he's all excited and he's not the kind of guy to get that excited about meeting people, but he was, "Do you know who Ron Hawkins is? He's from the Lowest Of The Low!" I guess he grew up listening to them, and I had to kind of force him to go up and talk to him after because he was kind of star-struck, but they hit it off. Ron listened to our album, got in touch with us, we did a show with him a couple of months ago at the Elmdale. He performs solo more often than not. And he's a really neat guy, actually, and he invited us to be part of this Lowest Of The Low reunion tour.

You've played the Elmdale a lot. What are your impressions of it?
Well, the weird pickled herring and the sausages, I'm not into that, but I know some people are. It still kind of feels like a '50s legion kind of a thing going on. We've played at all the venues in town over the years and for whatever reason, it just always connects at the Elmdale. It's just one of those nebulous things, but for whatever reason the Elmdale and us just work.

STEVE COLLINS

Cartoon

MICHAEL DE ADDER

Treasure trove of artifacts

Worth mentioning

The discovery of ancient stone tools at an archaeological dig in Texas could push back the presence of humans in North America, perhaps by as much as 2,500 years.

Thousands of artifacts dating to between 13,200 and 15,500 years ago were uncovered by researchers led by Michael R. Waters of Texas A&M University. They report the discovery in Friday's edition of the journal Science.

The find was located five feet below materials left by the well-known Clovis culture, which was once thought to have been the first American settlers around 13,000 years ago.

'Holy Grail'

MICHAEL R. WATERS/SCIENCE/THE ASSOCIATED PRESS

It was "like finding the Holy Grail," Waters said. To find what appears to be a large open-air campsite "is really gratifying. Lucky and gratifying."

The trove of 15,528 artifacts, including chipping debris from working stones and 56 tools such as blades, scrapers and choppers, was found in the Buttermilk Creek complex near Austin.

The location is the oldest credible archaeological site in North America, Waters said at a briefing. The artifacts were found in a 20-centimetre layer beneath 1.5 metres of earth and other material from later human occupation at the site.

THE ASSOCIATED PRESS

What's your favourite smartphone app?

Email
ottawaletters@metronews.ca
Twitter
@metroottawa

Metro has the right to edit letters and submissions.

metro

METRO OTTAWA • 130 Slater St., Suite 300 • Ottawa, ON K1P 6E2 • T: 613-236-5058 • Fax: 866-253-2024
Toll free: 1-888-916-3876 • adinfoottawa@metronews.ca
Distribution: bernie.horton@metronews.ca
Publisher Bill McDonald, **General Manager** Dara Mottahed, **Managing Editor** Sean McKibbon, **Distribution Manager** Bernie Horton
METRO CANADA: President & Publisher Bill McDonald, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Asst. Managing Editor** Tarin Elbert, **Scene/Life Editor** Dean Lisk, **Assist. Managing Editor** Amber Shortt, **Art Director** Laila Hakim, **Business Ventures Director** Tracy Day, **National Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

Metro Minute with Margit Hideg

Does art speak to you? How about artists?

See landscapes by Cantley, Quebec artist Margit Hideg at Gordon Harrison Gallery (495 Sussex Dr.). You can also meet her Friday from 6-9 p.m. and Saturday and Sunday from noon to 5 p.m. The painter, raised in Transylvania, has exhibited her work in juried shows in Canada, the U.S. and Europe. Her current collection is described as a journey of seeking and wandering. The Margit Hideg exhibition continues until May 31. For more information, email info@gordonharrisongallery.com or call 613-746-6853. You can see Hideg's work online at www.gordonharrisongallery.com.

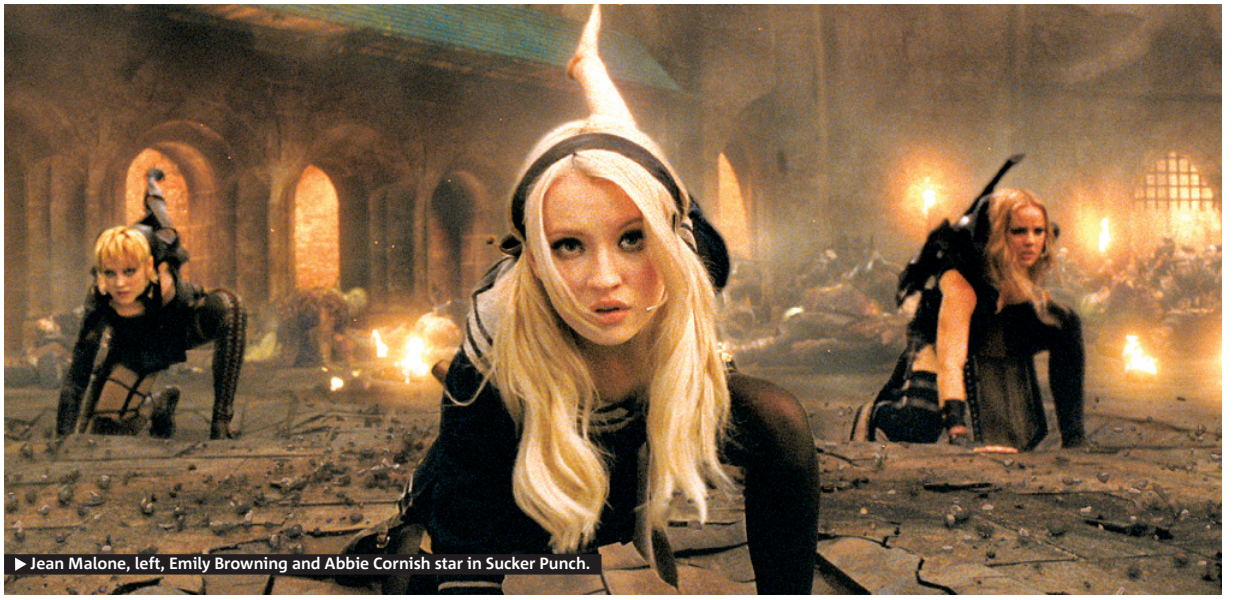
METRO

Three days to play

ARE YOU DOING ANYTHING FOR EARTH HOUR SATURDAY?

Christine Budd
OTTAWA
Yeah, I'm going to shut off all the lights and light some candles.

Karine Houde
OTTAWA
Yes, I'm going to be with a bunch of friends that night as well so we're definitely going to be taking our part to reduce our energy consumption that night.



▶ Jean Malone, left, Emily Browning and Abbie Cornish star in Sucker Punch.

Reel Guys

RICHARD CROUSE & MARK BRESLIN
SCENE@METRONEWS.CA

Who's the Sucker?

Richard Crouse and Mark Breslin debate the merits of Sucker Punch
300 director Zach Snyder brings the visuals, but movie lacks plot and heart

Richard Crouse: Mark, the first thing that came to mind after watching Sucker Punch was, "What the heck was that?" The visual sensualist in me loved the look of it, but the rest of me wanted other things. Like a story. Or characters. It made my eyeballs dance, but left the rest of me bored. You?

Mark Breslin: Bored would be an improvement on how I felt. I HATED this thing. It was structured and shot like a video game. Angry Birds has more character development. And the acting? The lead, Emily Browning, had one expression throughout, a doleful countenance that made me think she had a gastrointestinal problem. Can you find anything good to say about this flick, Richard? Besides the "look"?

RC: It's hard to find much to say about this other than commenting on the look. The soundtrack is interesting and Synder has a way with a camera, just not so much with the story. I also expected more from the action sequences. Unlike Kill Bill, another grrrl power movie with samarai swords, the action scenes here are all basically the same. Tarantino understood the value of the violence and changed it up. Synder doesn't.

MB: Snyder is to Tarantino as Salieri is to Mozart ... I will give Jena Malone credit for making me feel something and it was nice seeing Scott Glenn, even though he's looking more like a carving board every day. But the cruelty of the movie wore me down, and the idea of a mental institution used as a front for a brothel was too ridiculous even as a fantasy within a fantasy. And what's with Jon Hamm's cameo at the end? Huh?

RC: I cannot imagine why Jon Hamm would take this role. It's one of those parts that the characters talk about a great deal but when they finally show up on screen they only have three or four lines. He could have shot this on his lunch break from Mad Men. I don't get it. I do get Abbie Cornish however. For one thing she looks like a young Nicole Kidman, and for another she, for me, was the best part of the movie.

MB: The best part of the movie for me was when it ended. By the way, one of the production credits reads "A Cruel and Unusual Production." 'Nuff said.

RC: Agreed. High ain't-it-cool factor, but no heart.

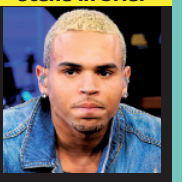
Plot synopsis

▶ Emily Browning plays Baby Doll, wrongfully imprisoned in a mental institution where a sadistic orderly, Blue Jones (Oscar Isaac), has her scheduled for a lobotomy. As it turns out this medical facility is also facilitating more than just its patients, so Baby Doll hatches an escape plan involving a mix of fantasy and reality. Aided by four other inmates she has just one week to get away before her scheduled operation.

▶ **Ratings:**
Richard: ⊕⊕⊕ for visuals, ⊕ for everything else = ⊕⊕
Mark: ⊕

2 scene

Scene in brief



Chris Brown apologized for his destructive tantrum at Good Morning America earlier this week, explaining that he was surprised that his attack on Rihanna was brought up during his interview and needed to "let out steam" after getting upset.

ABC News said the 21-year-old singer smashed a window in his dressing room Tuesday after he was interviewed by GMA co-host Robin Roberts on the show.

THE ASSOCIATED PRESS

The King's Speech washed out with soap, PG-13 version to be released

Movie review See it twice ●●●●● | See it now ●●●● | Worth watching ●●● | Yawn ●● | Don't bother ●

Hobo knows what the fans want

Hobo With A Shotgun
Genre: Action
Director: Jason Eisener
Stars: Rutger Hauer, Gregory Smith, Robb Wells
●●●½

While most Canadian films can be described as small-scale introspective dramas, Hobo With A Shotgun is pure exploitation trash. It might not sound like it, but that's actually a good thing.

This is easily the most ludicrously entertaining movie to emerge from our country in quite some time. A blood-drenched homage to the twisted genre faire that first-time director Jason Eisener watched on worn out VHS tapes growing up.

It's about a dirty little town where everyone murders, rapes, maims, and tortures to appease a corrupt crime lord and amuse themselves on weeknights. Only a transient hobo with a shotgun, a teen-prostitute sidekick, and a dream of owning a lawn care business can make things right.

Eisener knows the type of movie he's making and has no pretensions of creating art. Instead, he throws as much blood and humour on the screen as possible, pummeling the audience with gory spectacle until they are entertained. With a fantastic lead turn from Rutger Hauer and countless cameos from cult Canadian actors like The Trailer Park Boys' Robb Wells, every character is memorable in a two-dimensional trash movie way. Destined to play to squealing (and possibly inebriated) audiences at late night screenings for years, cinematic guilty pleasures don't come much more pleasingly offensive than this. ● PHIL BROWN

Diary of a Wimpy Kid: Rodrick Rules
Genre: Comedy
Director: David Bowers
Stars: Zachary Gordon, Devon Bostick
●●½

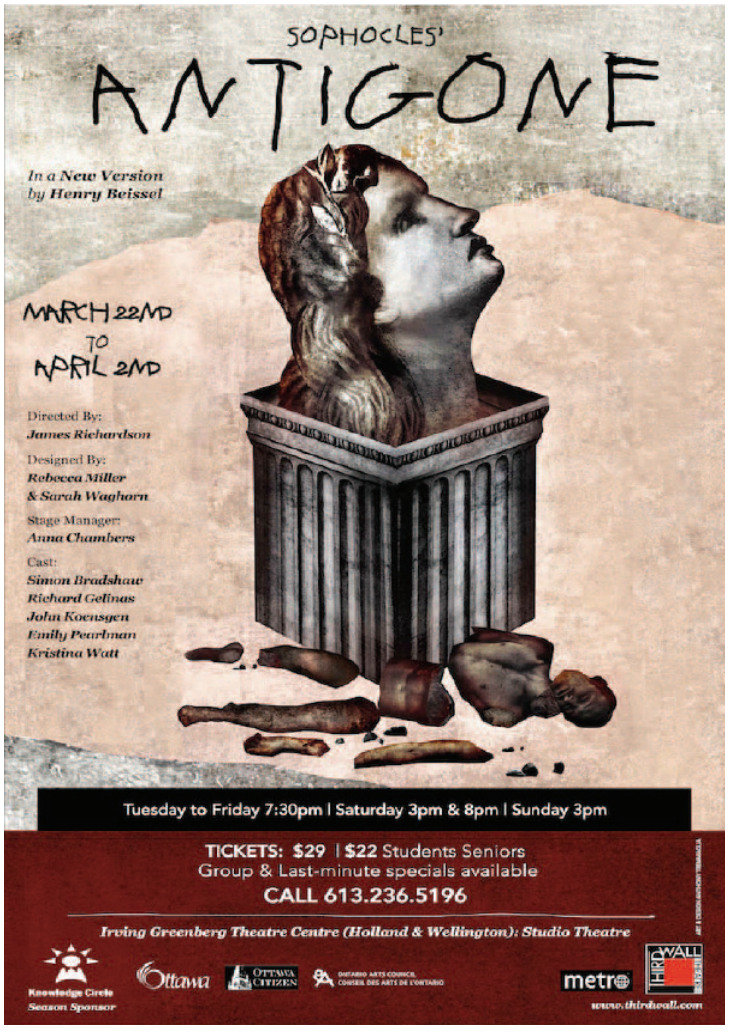
The second cinematic adaptation of the hugely popular series of books, Diary of a Wimpy Kid: Rodrick Rules follows Greg Heffley and his continuing transition into awkward adolescence. While the story primarily focuses on Greg's tumultuous relationship with his brother, the episodic plotting struggles to find balance despite several genuinely funny and authentic moments. ● STEVE GOW

West is West
Genre: Comedy
Director: Andy deEmmory
Stars: Aqib Khan, Om Puri
●●●

A nicely shaped sequel to 1999's hit comedy East is East, West is West picks up the story of the Khan family — whose Pakistan-born paterfamilias George (Om Puri) spend the first film struggling with his sons' assimilation into British society — five years later. In this instalment, George drags youngest son Sajid (Aqib Khan) to Pakistan to foster an appreciation for his heritage, but the story is really about the older man and the impossibility of having a foot in two cultures at once. ● ADAM NAYMAN

Carmen 3D
Genre: Opera
Director: Julian Napier
Stars: Christine Rice, Bryan Hymel, Aris Argirs
●●●

Carmen 3D is the latest attempt to bring the live opera experience to movie theatres, this time taking on Carmen and Don Jose's dirty, tragic dance. The stage production itself is remarkable, filled with matadors, outlaws, gypsies, live horses, vast choruses, talented dancers, knife fights, and bosoms all popping out of the screen in 3-D. In the end, though impressive, this is no substitute for the live experience. ● PHIL BROWN



Monaghan all aboard

Source Code actress had fun with replaying scene after scene ◗ Shaking trains however, not as fun ◗ Complex screenplay took a while to digest

PHIL BROWN
SCENE@METRONEWS.CA

Source Code is an odd film that falls somewhere between a sci-fi action movie and Groundhog Day. Jake Gyllenhaal stars as a soldier assigned to experimental technology that allows him to repeatedly relive the last eight minutes leading up to a terrorist attack on a commuter train until he uncovers the man responsible.

Over the course of the mission he also falls for a mysterious young woman played by Michelle Monaghan, eight minutes at a time. Metro got a chance to speak with Monaghan, and the actress admitted that she initially struggled with high concept screenplay.

"It was a little tough to wrap your head around at first, but very quickly I was sucked into it," Monaghan said. "The script constantly gains momentum and as I kept reading I was so drawn in that any confusion disappeared."

▶ Michelle Monaghan stars in Source Code, which opens next Friday.

The complicated screenplay provided a unique acting challenge for Monaghan, who had to essentially replay the same scene with incremental changes leading up to an inevitably explosive climax.

"I was really excited and intrigued by the idea of playing the same scene over and over again, while adding little nuances and new pieces of information to change it tonally," explained the actress. "We had a whole map of the different realities to help us keep things straight on the set. We all came up with funny names for each reality.

"The first was called 'Alfred Hitchcock Source Code' because Jake's clueless and I'm mysterious. It was silly, but also the only way we could distinguish between the scenes."

Despite all of the logistical challenges inherent in such a complex concept, the actress joked that the biggest challenge she faced shooting was something else entirely.

"The only thing that got to us after a while was that the train set was constantly shaking, so when we got off all the actors would stumble across the sound stage. I'm sure the crew loved it."

"THE SURPRISE OF THE SEASON... MAKES YOU SMILE FROM START TO FINISH."
KENNETH TURAN, LOS ANGELES TIMES
Gnomeo & Juliet
"PERFECT FOR THE WHOLE FAMILY!" RICHARD CROUSE, CTV
"CLEVER, CHARMING... A FUN FAMILY FILM." BONNIE LAUFER-KREBS, TRIBUTE
FEATURING THE MUSIC OF ELTON JOHN WITH SPECIAL GUEST PERFORMANCES
NOW PLAYING IN real 3D AND SELECT 2D THEATRES

"ROMANTIC, THRILLING AND OFTEN SCARY!" — US WEEKLY
USA TODAY "DISTINCTIVELY ORIGINAL AND BEWITCHING!"
Rolling Stone "A CLASSIC FOR A NEW GENERATION!"
EBERT AT THE MOVIES "TRULY SUSPENSEFUL!"
Critic's Pick
MIA WASIKOWSKA MICHAEL FASSBENDER JAMIE BELL AND JUDI DENCH
JANE EYRE
EXPERIENCE A BOLD NEW VISION OF CHARLOTTE BRONTË'S TIMELESS CLASSIC.
STARTS FRIDAY, APRIL 1
FACEBOOK.COM/ALLIANCEFILMS YOUTUBE.COM/ALLIANCEFILMS

LOVE TO PLAY?
Get more Metro puzzles and games on your iPhone with the FREE Metro Play app – updated daily!
Available on the App Store
metro play
play FREE!

"STYLISH, SUSPENSEFUL AND THOROUGHLY ENTERTAINING."
CLAUDIA PUIG, USA TODAY
"SOLID AND SATISFYING." MANOHLA DARGIS, NEW YORK TIMES
"EDGE-OF-YOUR-SEAT ENTERTAINMENT!" RICHARD CROUSE, CTV
"A DON'T-MISS CINEMATIC PAGE-TURNER." PETE HAMMOND, BOXOFFICE MAGAZINE
MATTHEW McCONAUGHEY MARISA TOMEI RYAN PHILLIPPE AND WILLIAM H. MACY
THE LINCOLN LAWYER
BASED ON THE BEST SELLING NOVEL BY MICHAEL CONNELLY
SCREENPLAY BY JOHN ROMANO DIRECTED BY BRAD FURMAN
SEXUAL VIOLENCE, LANGUAGE MAY OFFEND
FACEBOOK.COM/EONEFILMS YOUTUBE.COM/EONEFILMS
NOW PLAYING CHECK THEATRE DIRECTORIES FOR LOCATIONS AND SHOWTIMES

THERE ARE BETTER WAYS TO MAKE YOUR VOICE HEARD
Join the METRO LIFE PANEL & have your voice heard alongside other readers of the world's largest newspaper.
JOIN AT METROLIFEPANEL.CA
metro life panel

THESE PAGES COVER MOVIE START TIMES FROM FRI., MAR. 25 TO THURS., MAR. 31. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

OTTAWA

BYTOWNE CINEMA
325 Rideau St., 613-789-3456

Biutiful (14A) Tue 9:10 Wed 3:45 Thu 6:15
Black Swan (14A) Fri 9:10 Sat 2:15 Sun 6:25 Mon 9:10
Jane Eyre (PG) Tue 4:30 Wed 6:45
The King's Speech (PG) Fri 4:30 Sat 6:45 Sun 4 Mon 4:30
Rabbit Hole (14A) Thu 4:15
West Is West (STC) Fri 6:55 Sat 4:30-9:10 Sun 1:45-8:40 Mon 6:55

CANADIAN FILM INSTITUTE
2 Daly Ave., Suite 120, 613-232-6727

Chance (STC) Fri 9:15
Corpos Celestes (STC) Sat 7
Hidalgo: La Historia Jamás Contada (STC) Fri 7
Libertador Morales, el Justiciero (STC) Sat 9
No Films Showing Today (STC) Mon-Thu
Pantaleon y las Visitadoras (STC) Sun 7

CANADIAN MUSEUM OF NATURE
240 McLeod St., 613-566-4700

Life Series: Mammals (STC) Fri-Thu 10-12-2 Fri-Thu 11-1
A Modern Castle: The Rebirth of the Canadian Museum of Nature (STC) Fri-Thu 3:35 Fri-Thu 3
Planet Earth Series: Ice Worlds (STC) Thu 6 Thu 7
Small Talk Diaries: Predator (STC) Fri-Thu 10:30-12:30-2:30 Fri-Thu 11:30-1:30

CENTRETOWN MOVIES
Dundonald Park, 512 Somerset St. W., 613-232-1534, centretownmovies.org

Listings not available at press time.

COLISEUM OTTAWA
3090 Carling Ave., 613-596-9475

The Adjustment Bureau (PG) Fri-Sun 1:10-4:20-7:10-9:55 Mon-Thu 4:30-7:10-9:55
Battle: Los Angeles (14A) Fri-Sun 12:30-3:20-6:45-9:35 Mon-Thu 3:55-6:45-9:35
Beastly (PG) Fri 1:20-7:05 Sat 7:05 Sun 1:20-7:05 Mon-Wed 7:05
Diary of a Wimpy Kid: Rodrick Rules (G) No Passes Fri 1:30-4:30-7:20-9:50 No Passes Sat 1:30 No Passes Sun 1:30-4:30-7:20-9:50 No Passes Mon-Thu 4:40-7:20-9:50 No Passes Sat 4:30-7:20-9:50
Hobo With a Shotgun (STC) Fri-Sun 12:55-3:15-6:35-9:10 Mon-Thu 3:50-6:35-9:10
The King's Speech (PG) Fri-Sat 1:15-4:15-7:25-10:15 Sun 4:15-7:25-10:15 Mon 4:20-10:15 Tue-Wed 4:20-7:25-10:15 Thu 4:20-10:15
Limitless (14A) Fri-Sun 12:35-3:10-6:40-9:20 Mon-Thu 3:45-6:40-9:20
The Lincoln Lawyer (14A) Fri-Sun 12:50-3:50-6:50-9:40 Mon-Thu 4:10-6:50-9:40 Star & Strollers Screening Thu 1
Lord of the Dance 3D (G) Mon 7
Mars Needs Moms 3D (PG) Fri-Sun 1:25-4:10-7:15-9:30 Mon-Thu 4:15-7:15-9:30
The Metropolitan Opera: Iphigénie en Tauride Encore (STC) Sat 1
National Theatre Live: Frankenstein Encore (STC) Thu 7
Paul (14A) Fri-Sun 12:40-3:30-7:35-10:10 Mon-Thu 4:25-7:35-10:10 Star & Strollers Screening Thu 1
Rango (PG) Fri-Sun 12:45-3:40-6:30-9:15 Mon-Thu 4-6:30-9:15
Red Riding Hood (PG) Fri-Sun 4:25-10 Mon-Thu 4:35-10
Sucker Punch (14A) No Passes Fri-Sun 1-4-7-9:45 No Passes Mon-Thu 4:05-7-9:45
The Wizard of Oz (G) Sun 1

EMPIRE 7 CINEMAS
111 Albert St., 3rd Floor, World Exchange Plaza, 613-233-0209

The Adjustment Bureau (PG) Fri 3:45-6:45-9:35 Sat-Sun 12:45-3:45-6:45-9:35 Mon-Thu 3:45-6:45-9:35
Barney's Version (14A) Fri 3:20-6:20-9:10 Sat-Sun 12:20-3:20-6:20-9:10 Mon-Wed 3:20-6:20-9:10 Thu 3:20
Battle: Los Angeles (14A) Fri 3:35-6:35-9:25 Sat-Sun 12:35-3:35-6:35-9:25 Mon-Thu 3:35-6:35-9:25
Hobo With a Shotgun (STC) Fri 3:50-6:50-9:40 Sat-Sun 12:50-3:50-6:50-9:40 Mon-Thu 3:50-6:50-9:40
Incendies (14A) Fri 3:30-6:30-9:15 Sat-Sun 12:30-3:30-6:30-9:15 Mon-Wed 3:30-6:30-9:15 Thu 3:30-6:30
Limitless (14A) Fri 3:40-6:40-9:30 Sat-Sun 12:40-3:40-6:40-9:30 Mon-Thu 3:40-6:40-9:30
The Lincoln Lawyer (14A) Fri 3:25-6:25-9:20 Sat-Sun 12:25-3:25-6:25-9:20 Mon-Thu 3:25-6:25-9:20
National Theatre Live: Frankenstein Encore (STC) Thu 7

MAYFAIR THEATRE
1074 Bank St., 613-730-3403, mayfair-movie.com

American Graffiti (PG) Mon 9:30
Army of Darkness (STC) Sun 9
Battle for the Planet of the Apes (STC) Sat 2:30-4:15 Tue 7
Biutiful (14A) Fri-Sat 6:30 Sun 6 Mon 6:30 Wed-Thu 6:30
Erotic Adventures of Zorro (STC) Sat 11:30
Jesus Christ Vampire Hunter (STC) Fri 9:30
Once Upon a Time in China II (STC) Fri 11:30
The People vs. George Lucas (STC) Sat 9:30 Wed-Thu 9:30
Return to the Planet of the Apes (STC) Tue 8:45
The SpongeBob SquarePants Movie (PG) Sat 12:30

OTTAWA FAMILY CINEMA
710 Broadview Ave., 613-722-8218, familycinema.ca

Calamity Jane (STC) Fri 7
No Films Showing Today (STC) Sun-Thu
Tangled 3D (PG) Sat 2

RAINBOW CINEMAS
St. Laurent Centre, 1200 St. Laurent Blvd., 613-688-0850

Black Swan (14A) Fri-Thu 10:25-6:30-8:55
The Chronicles of Narnia: The Voyage of the Dawn Treader (PG) Fri-Sat 12:05-2:25-4:45 Sun 12:25-2:35-4:45 Mon-Thu 12:05-2:25-4:45
Drive Angry 3D (18A) Fri-Thu 6:50-9:15
The Fighter (14A) Fri-Thu 10:15-2:40-7
The Green Hornet (PG) Fri-Thu 4-9:05
No Strings Attached (14A) Fri-Thu 10:35-1-6:40
The Roommate (PG) Fri-Thu 12:35-5-9:30
Tangled (PG) Fri-Thu 10:05-12:15-2:30-4:40
Unknown (14A) Fri-Sat 9:55-7:05-9:25 Sun 7:05-9:25 Mon-Thu 9:55-7:05-9:25
Yogi Bear 3D (G) Fri-Thu 12:25-2:15-4:30

RIDEAU CENTRE CINEMAS
50 Rideau St., 613-234-3712

Paul (14A) Dolby Stereo Digital Fri 4:30-7:10-9:20 Dolby Stereo Digital Sat-Sun 1:30-4:30-7:10-9:20 Dolby Stereo Digital Mon-Thu 4:30-7:10-9:20
Rango (PG) Dolby Stereo Digital Fri 4:20-6:50-9 Dolby Stereo Digital Sat-Sun 1:20-4:20-6:50-9 Dolby Stereo Digital Mon-Thu 4:20-6:50-9
Sucker Punch (14A) Dolby Stereo Digital Fri 4:10-7:9:10 Dolby Stereo Digital Sat-Sun 1:10-4:10-7:9:10 Dolby Stereo Digital Mon-Thu 4:10-7-9:10

SOUTH KEYS
2214 Bank St., 613-736-1115

The Adjustment Bureau (PG) Fri-Thu 10:35-1:10-3:40-6:40-9:20
Battle: Los Angeles (14A) Fri-Thu 10:40-1:20-4:15-7:05-9:50
Beastly (PG) Fri 11:15-2:10-7:30 Sat 7:30 Sun-Thu 11:15-2:10-7:30
Diary of a Wimpy Kid: Rodrick Rules (G) No Passes Fri-Thu 11:20-2:05-4:40-7:15-9:55
Just Go With It (PG) Fri-Tue 10:55-1:35-4:15-7:20-10 Wed 10:55-1:35-4:15-10 Thu 10:55-1:35-4:15-7:20-10
The King's Speech (PG) Fri-Wed 10:45-1:25-4:05-6:55-9:35 Thu 10:45-1:25-4:05-9:35
Limitless (14A) Fri-Thu 10:50-1:55-4:35-7:10-9:45
The Lincoln Lawyer (14A) Fri-Thu 10:30-1:30-4:20-7:20-10:05
Mars Needs Moms 3D (PG) Fri-Thu 11:10-1:50-4:30-7-9:30
The Metropolitan Opera: Iphigénie en Tauride Encore (STC) Sat 1
National Theatre Live: Frankenstein Encore (STC) Thu 7
Paul (14A) Fri-Thu 11:1:40-4:10-6:45-9:15
Rango (PG) Fri-Thu 10:25-1:15-4:6:50-9:25
Red Riding Hood (PG) Fri-Thu 4:45-9:40
Sucker Punch (14A) No Passes Fri-Thu 11:05-1:45-4:25-7:25-10:05

GATINEAU

CANADIAN MUSEUM OF CIVILIZATION
100 rue Laurier, 819-776-7010

Animalopolis (STC) Fri 5:35 Sat-Sun 10 Mon 11:05 Fri 1:15
Coral Reef Adventure (STC) Fri 12:10 Sat-Sun 2:20 Tue 12:10-7 Wed 3:25 Thu 11:05-7
Coraux du Pacifique (STC) Fri 8:05 Sun-Tue 1:15
Destination lune 3D: À vos ailes (STC) Fri 4:30 Sat 1:15 Tue 4:30 Wed 7
Everest (STC) Fri 11:05-7 Sat 4:30 Sun-Tue 2:20 Wed 5:35 Thu 2:20-8:05 Tue 9:10 Thu 1:15
Fly Me to the Moon 3-D (STC) Fri 2:20 Sat 11:05-7 Sun 3:25 Tue 5:35 Wed 12:10 Thu 5:35
The Old Man and the Sea (STC) Sat 3:25 Sun-Mon 12:10 Tue 11:05-8:05 Wed 2:20 Thu 12:10
Tahiti 3D: La Vague Ultime (STC) Sun 4:30 Wed 1:15-8:05 Thu 4:30
Tron: L'héritage 3D (STC) Fri 9:10 Wed 9:10
Tron: Legacy 3D (STC) Sat 9:10 Sun 6:40 Thu 9:10
The Ultimate Wave Tahiti 3D (STC) Fri 3:25 Sat 12:10-8:05 Sun 5:35 Tue 3:25 Wed 11:05 Thu 3:25
Le Vieil homme et la mer (STC) Sat 5:35 Wed 4:30

CINÉ-CAMPUS UQO
283 rue St-Jean-Bosco, 819-773-1888

CINÉMA DES GALERIES D'AYLMER
400 boul. Wilfrid-Lavigne, 819-248-2526

Battle: Los Angeles (13+) Fri-Sun 12:50-3:20-6:50-9:20 Mon 6:50 Tue 12:50-3:20-6:50-9:20 Wed-Thu 6:50-9:20
Beastly (G) Fri-Sun 1-3:10-7-9:10 Mon 7 Tue 7-9:10 Wed-Thu 9:10
Paul (G) Fri-Sun 1-3:30-7-9:30 Mon 7 Tue 1-3:30-7-9:30 Wed-Thu 7-9:30
Les Petits Ruisseaux (STC) Tue 1-3:30 Wed-Thu 7
Sucker Punch (G) Fri-Sun 1:10-3:30-7:10-9:30 Mon 7:10 Tue 1:10-3:30-7:10-9:30 Wed-Thu 7:10-9:30

CINÉ-STARZ
1100 boul. Maloney Ouest, 819-568-8000

Les Chroniques de Narnia: L'Odyssé du passeur d'aurore (G) Fri-Mon 1:30-5:30 Tue-Thu 12-5:40
Conduite infernale (16+) Fri-Mon 5:15-7:05-9 Tue-Thu 2-3:50-7:40-9:30
Le Dilemme (G) Fri-Mon 9:20 Tue-Thu 12-3:55-5:50
Funkytown (13+) Fri-Mon 4:30-7 Tue-Thu 1:50-4:10-6:45-9:05
Hors de moi (G) Fri-Mon 3:30-7:30-9:30 Tue-Thu 1:55-7:45-9:45
Justin Bieber: Never Say Never (STC) Fri-Mon 12-1:50-3:40 Tue-Thu 12
Raiponce (G) Fri-Mon 12-1:45-3:30
Sanctum (13+) Fri-Mon 5:30-9 Tue-Thu 1:30-3:25-7-8:55
Les Voyages de Gulliver (G) Fri-Mon 12
Yogi l'ours (G) Fri-Mon 12-1:30-3-7:25 Tue-Thu 12-5:20

CINÉ-PARC TEMPLETON DRIVE-IN
1779 boul. Maloney Est, 819-663-0915

Listings not available at press time.

GATINEAU 9
120 boul. de l'Hôpital, 819-568-6070

Biutiful (13+) Fri 6:40 Sat-Sun 12-6:40 Mon 6:40 Tue 12-6:40 Wed-Thu 6:40
Carmen 3D (G) Sat 1 Thu 7
Coup interdit (G) Fri 7:05-9:45 Sat-Sun 1:10-3:50-7:05-9:45 Mon 7:05-9:45 Tue 1:10-3:50-7:05-9:45 Wed-Thu 7:05-9:45
Des hommes et des dieux (13+) Fri-Sat 7:10 Sun 3-7:10 Tue 3-7:10 Wed 7:10
La Défense Lincoln (G) Fri 6:50-9:25 Sat-Sun 12:10-2:45-6:50-9:25 Mon 6:50-9:25 Tue 12:10-2:45-6:50-9:25 Wed-Thu 9:25
French Kiss (G) Fri-Sat 9:50 Sun 1-9:50 Mon 9:50 Tue 1-9:50 Wed-Thu 9:50
Les invités de mon père (G) Fri 7 Sat-Sun 1:15-4:7 Mon 7 Tue 1:15-4:7 Wed-Thu 7
Lord of the Dance 3D (STC) Mon 7
Mission: Los Angeles (13+) Fri 6:30-9 Sat-Sun 12:30-3:05-6:30-9 Mon 6:30-9 Tue 12:30-3:05-6:30-9 Wed-Thu 6:30-9
Méchant Menteur (G) Fri-Thu 6:20-9:05
Rango (G) Sun 12:50-3:30 Tue 12:50-3:30
Sans limites (13+) Fri 7:15-9:35 Sat-Sun 12:20-3:20-7:15-9:35 Mon 7:15-9:35 Tue 12:20-3:20-7:15-9:35 Wed 7:15-9:35 Thu 9:35
Sortilège (G) Fri 6:45-8:45 Sat-Sun 12:40-3:35-6:45-8:45 Mon 6:45-8:45 Tue 12:40-3:35-6:45-8:45 Wed-Thu 6:45-8:45
Une vie qui commence (18+) Thu 7
La Vérité (STC) Fri 9:40 Sat-Sun 3:10-9:40 Mon 9:40 Tue 3:10-9:40 Wed-Thu 9:40

STARCITÉ HULL
115 boul. du Plateau, 819-770-1090, cinemasfortune.ca

The Adjustment Bureau (G) Fri-Tue 2:05-4:30-7:40-10:10 Wed-Thu 7:40-10:10
Battle: Los Angeles (13+) Fri-Tue 1:45-4:25-7:15-10 Wed-Thu 7:15-10
Beastly (G) Fri-Sun 7:10-9:30 Mon 9:30 Tue-Thu 7:10-9:30
Le Chaperon Rouge (13+) Fri-Tue 4:20
Coup interdit (G) No Passes Fri-Tue 2:15-4:50-7:40-10:15 No Passes Wed-Thu 7:40-10:15
Des mamans pour Mars 3D (G) Fri-Tue 2:25-5:7:30-9:45 Wed-Thu 7:30-9:45
Diary of a Wimpy Kid: Rodrick Rules (G) No Passes Fri-Tue 1:20-3:45-6:30-8:55 No Passes Wed-Thu 6:30-8:55
French Kiss (G) Fri-Tue 1:50-3:50-7:35-10:05 Wed 7:35-10:05 Thu 10:05
Gnomeo et Juliette 3D (STC) Fri-Tue 2:30-4:45
Incendies (13+) Fri 1:15-3:55-6:35-9:15 Sat 3:55-6:35-9:15 Sun-Tue 1:15-3:55-6:35-9:15 Wed-Thu 6:35-9:15
Limitless (13+) Fri-Tue 1:40-4:15-7-9:35 Wed-Thu 7-9:35 Star & Strollers Screening Thu 12:15
The Lincoln Lawyer (G) Fri-Tue 1:25-4-6:40-9:20 Wed-Thu 6:40-9:20
Lord of the Dance 3D (STC) Mon 7
The Metropolitan Opera: Iphigénie en Tauride (STC) Sat 1
The Metropolitan Opera: Iphigénie en Tauride Encore (STC) Sat 1
Mission: Los Angeles (13+) Fri-Tue 1:30-4:10-6:55-9:45 Wed-Thu 6:55-9:45
National Theatre Live: Frankenstein Encore (STC) Thu 7
Paul (G) Fri-Tue 2:10-4:40-7:25-9:55 Wed-Thu 7:25-9:55
Rango (G) Fri-Tue 2:20-4:55-7:20-9:50 Wed-Thu 7:20-9:50 Fri-Tue 1:35-4:05-6:50-9:25 Wed-Thu 6:50-9:25 Thu 12:45
Red Riding Hood (13+) Fri 1:55-6:45-9:10 Sat 6:45-9:10 Sun-Tue 1:55-6:45-9:10 Wed-Thu 6:45-9:10
Sucker Punch (G) No Passes Fri-Tue 2-4:35-7:05-9:40 No Passes Wed-Thu 7:05-9:40

BARRHAVEN

BARRHAVEN CINEMAS
131 Riocan Dr., 613-825-2463

Battle: Los Angeles (14A) Fri 7:20-10:10 Sat-Sun 1:20-4:20-7:20-10:10 Mon-Thu 5:10-7:55
Diary of a Wimpy Kid: Rodrick Rules (G) No Passes Fri 7:30-10:15 No Passes Sat-Sun 1-4:10-7:30-10:15 No Passes Mon-Thu 5:15-7:40
The Lincoln Lawyer (14A) Fri 6:55-10 Sat-Sun 12:55-3:50-6:55-10 Mon-Thu 5-7:50 Star & Strollers Screening Thu 1
Mars Needs Moms 3D (PG) Fri 7 Sat-Sun 1:15-3:45-7 Mon-Thu 4:55
Paul (14A) Fri 7:05-9:40 Sat-Sun 1:30-4:30-7:05-9:40 Mon-Thu 5:35-8:05
Rango (PG) Fri 6:45-9:20 Sat-Sun 1:10-4:05-6:45-9:20 Mon-Thu 5:05-7:40 Star & Strollers Screening Thu 1
Red Riding Hood (PG) Fri-Sun 9:30 Mon-Thu 7:30
Sucker Punch (14A) No Passes Fri 7:10-9:50 No Passes Sat-Sun 1:05-4:7:10-9:50 No Passes Mon-Thu 5:25-8

GLOUCESTER

SILVERCITY
2385 City Park Dr., 613-688-8800

The Adjustment Bureau (PG) Fri-Sun 12:10-3-6:40-9:20 Mon-Tue 1:05-3:40-6:40-9:20 Wed 3:40-6:40-9:20 Thu 1:05-3:40-6:40-9:20 Star & Strollers Screening Wed 1
Battle: Los Angeles (14A) Fri-Sun 1:40-4:30-7:30-10:15 Mon-Thu 1:40-4:30-7:30-10:20
Beastly (PG) Fri-Sun 12-2:30-4:45-6:55-9:25 Mon-Thu 12:25-2:40-5-7:15-9:25
Diary of a Wimpy Kid: Rodrick Rules (G) No Passes Fri-Sun 11:40-2:10-4:40-7:15-9:45 No Passes Mon-Thu 1:15-3:50-6:45-9:15
Hall Pass (14A) Fri 1:30-7:10 Sat 7:10 Sun 1:30-7:10 Mon-Thu 1:35-7:10
I Am Number Four (STC) Fri-Sun 4:15-10 Mon-Thu 4:25-10:10
Just Go With It (PG) Fri-Sun 12:40-3:30-6:35-9:40 Mon-Wed 1:10-4:10-6:55-9:40 Thu 1:10-4:10-10:30
Justin Bieber: Never Say Never - Director's Fan Cut 3D (STC) Fri-Sun 12:20-3:15-6:30-9:15 Mon 12:35-3:25-9:35 Tue-Thu 12:35-3:25-6:25-9:35
The King's Speech (PG) Fri-Sun 12:45-3:35-6:20-9:10 Mon-Thu 12:45-3:35-6:20-9:05
Limitless (14A) Fri-Tue 1-4-7:05-9:50 Wed 4-7:05-9:50 Thu 1-4-7:05-9:50 Star & Strollers Screening Wed 1
The Lincoln Lawyer (14A) Fri-Sun 1:20-4:20-7:20-10:10 Mon-Thu 1:20-4:20-7:20-10:15
Lord of the Dance 3D (G) Mon 7
Mars Needs Moms 3D (PG) Fri-Sat 12:30-2:50-5:20-7:40-10:05 Sun 3:10-5:20-7:40-10:05 Mon-Thu 12:30-2:50-5:20-7:40-10:05
The Metropolitan Opera: Iphigénie en Tauride Encore (STC) Sat 1
National Theatre Live: Frankenstein Encore (STC) Thu 7
Paul (14A) Fri-Sun 2-4:50-7:35-10:20 Mon-Thu 2-4:50-7:35-10:25
Rango (PG) Fri-Sun 11:50-2:25-5:10-7:50-10:25 Mon-Thu 1:45-4:45-7:25-10
Red Riding Hood (PG) Fri-Thu 12:50-3:45-6:50-9:30
Sucker Punch (14A) No Passes Fri-Sun 1:10-4:10-7-9:55 No Passes Mon-Thu 12:40-3:30-6:30-9:10
Sucker Punch: The IMAX Experience (14A) No Passes Fri-Sun 11:30-2:15-5-7:45-10:30 No Passes Mon-Thu 1:30-4:15-7-9:45
The Wizard of Oz (G) Sun 1

ORLEANS

ORLEANS TOWN CENTRE 6 CINEMAS
250 Centrum Blvd., 613-834-0666

EMPIRE THEATRES ORLEANS 6 CINEMAS
3752 Innes Rd., 613-830-4400

10 1/2 (STC) Dolby Stereo Digital, Sub-Titled Wed 7:30
The Adjustment Bureau (PG) Dolby Stereo Digital Fri-Sun 12:40-3:35-6:40-9:20 Dolby Stereo Digital Mon 3:35-6:40-9:20 Dolby Stereo Digital Tue 12:40-3:35-6:40-9:20 Dolby Stereo Digital Wed 3:35-7:05-10 Dolby Stereo Digital Thu 3:35-6:40-9:20
Battle: Los Angeles (14A) Dolby Stereo Digital Fri-Sun 12:55-3:45-6:55-9:55 Dolby Stereo Digital Mon 3:45-6:55-9:55 Dolby Stereo Digital Tue 12:55-3:45-6:55-9:55 Dolby Stereo Digital Wed-Thu 3:45-6:50-9:35
Carmen 3D (PG) Dolby Stereo Digital, No Passes Sat 12:30 Dolby Stereo Digital, No Passes Wed-Thu 6:30
Diary of a Wimpy Kid: Rodrick Rules (G) Dolby Stereo Digital Fri-Sun 12:30-3:40-6:35-9:30 Dolby Stereo Digital Mon 3:40-6:35-9:30 Dolby Stereo Digital Tue 12:30-3:40-6:35-9:30 Dolby Stereo Digital Wed-Thu 3:50-6:40-9:30
Gnomeo and Juliet (G) Dolby Stereo Digital Fri-Sun 1:20-4:20 Dolby Stereo Digital Mon 4:20 Dolby Stereo Digital Tue 1:20-4:20 Dolby Stereo Digital Wed-Thu 4:20-10
Limitless (14A) Dolby Stereo Digital Fri-Sun 12:50-3:50-7:10-9:35 Dolby Stereo Digital Mon 3:50-7:10-9:35 Dolby Stereo Digital Tue 12:50-3:50-7:10-9:35 Dolby Stereo Digital Wed-Thu 3:40-7:10-9:50
The Lincoln Lawyer (14A) Dolby Stereo Digital Fri-Sun 12:35-3:30-6:30-9:25 Dolby Stereo Digital Mon 3:30-6:30-9:25 Dolby Stereo Digital Tue 12:35-3:30-6:30-9:25 Dolby Stereo Digital Wed-Thu 3:30-6:35-9:25
Lord of the Dance 3D (G) Dolby Stereo Digital, No Passes Mon 7
Mars Needs Moms 3D (PG) Dolby Stereo Digital Fri 1:30-4:15-6:45-9 Dolby Stereo Digital Sat 4:30-6:45-9 Dolby Stereo Digital Sun 1:30-4:15-6:45-9 Dolby Stereo Digital Mon 3:55-9:45 Dolby Stereo Digital Tue 1:30-4:15-6:45-9 Dolby Stereo Digital Wed 4:15-9 Dolby Stereo Digital Thu 4:10-9:40
Paul (14A) Dolby Stereo Digital Fri-Sat 1:10-3:55-6:50 Dolby Stereo Digital Sun 1:10-3:55-6:50-9:45 Dolby Stereo Digital Mon 4:15-6:45-9:40 Dolby Stereo Digital Tue 1:10-3:55-6:50-9:45 Dolby Stereo Digital Wed-Thu 3:55-6:45-9:40
Rango (PG) Dolby Stereo Digital Fri-Sun 1-4-7:05-9:40 Dolby Stereo Digital Mon 4-7:05-9:40 Dolby Stereo Digital Tue 1-4-7:05-9:40 Dolby Stereo Digital Wed-Thu 4-6:55-9:55
Red Riding Hood (PG) Dolby Stereo Digital Fri-Tue 7:15-9:50
Sucker Punch (14A) Dolby Stereo Digital, No Passes Fri-Sun 1:15-4:10-7:10 Dolby Stereo Digital, No Passes Mon 4:10-7:10 Dolby Stereo Digital, No Passes Tue 1:15-4:10-7:10 Dolby Stereo Digital, No Passes Wed-Thu 4:15-7:9:45
À L'Origine d'un cri (STC) Dolby Stereo Digital, Sub-Titled Thu 7:30

KANATA

KANATA 24
801 Earl Grey Dr., 613-599-1200

The Adjustment Bureau (PG) Fri-Sun 10:45-1:40-4:15-7-9:35 Mon-Thu 4:15-7-9:35
Barney's Version (14A) Fri-Sun 10:40-2:05-5:15-8:30 Mon-Thu 2:05-5:15-8:30
Battle: Los Angeles (14A) Fri-Sun 11:10-1:50-4:30-7:15-10 Mon-Wed 6:45-9:30 Thu 6:45 Fri-Sun 4-6:45-9:30 Mon-Thu 4:30-7:15-10
Beastly (PG) Fri-Sun 10:30-12:40-2:50-5:05-7:20-9:45 Mon-Wed 2:50-5:05-7:20-9:45 Thu 2:50-5:05-7:20
Carmen 3D (PG) Special Engagement Sat 1
Diary of a Wimpy Kid: Rodrick Rules (G) Special Engagement Fri-Sun 10:35-11:15-1:25-2:10-4:05-4:45-6:55-7:25-9:20-9:50 Special Engagement Mon-Tue 2:10-4:05-4:45-6:55-7:25-9:20-9:50 Special Engagement Wed 2:10-4:05-4:45-7:25-9:50 Special Engagement Thu 2:10-4:05-4:45-6:55-7:25-9:50
Gnomeo and Juliet 3D (G) Special Engagement Fri-Sun 11:1:15-3:30-5:40-7:55-10:05 Special Engagement Mon 3:30-5:40-7:55-10:05 Tue-Thu 3:30-5:40-7:55-10:05
Hall Pass (14A) Fri-Sun 1:45-7:05 Mon-Thu 7:05
Hobo With a Shotgun (STC) Special Engagement Fri-Sun 10:50-1:15-3:30-5:45-8:10-10:15 Special Engagement Mon-Thu 3:30-5:45-8-10:15
I Am Number Four (STC) Fri-Sun 11:05-4:15-9:40 Mon-Thu 4:15-9:40
Just Go With It (PG) Fri-Sun 10:55-1:50-4:35-7:15-10:10 Mon-Thu 4:35-7:15-10:10
The King's Speech (PG) Fri-Sun 11:20-2:15-4:55-7:45-10:25 Mon-Thu 2:15-4:55-7:45-10:25
Limitless (14A) Special Engagement Fri-Sun 11:25-11:50-2:10-2:40-4:50-5:20-7:20-7:50-10-10:30 Mon-Thu 2:10-2:40-4:50-5:20-7:20-7:50-10-10:30
The Lincoln Lawyer (14A) Special Engagement Fri-Sun 10:30-11:1:20-1:45-4:10-4:40-7:05-7:30-9:55-10:25 Mon-Wed 2-4:10-4:40-7:05-7:30-9:55-10:25 Thu 2-4:10-4:40-7:30-10:25
Mars Needs Moms (PG) Fri-Sun 11:35-1:45 Mon-Thu 2-4:15
Mars Needs Moms 3D (PG) Special Engagement Fri 10:35-12:55-3:15-5:35-8-10:15 Special Engagement Sat 5:35-8-10:15 Special Engagement Sun 10:35-12:55-3:15-5:35-8-10:15 Special Engagement Mon-Wed 3:15-5:35-8-10:15 Special Engagement Thu 3:15
Paul (14A) Special Engagement Fri-Sun 11:40-2:25-5:10-7:40-10:15 Mon-Wed 2:25-5:10-7:40-10:15 Thu 2:25-5:10-7:40 Special Engagement Fri-Sun 11:15-11:40-1:55-2:25-4:40-5:10-7:10-7:40-9:45-10:15 Mon-Wed 2:25-4:40-5:10-7:10-7:40-9:45-10:15 Thu 2:25-4:40-5:10-7:10-7:40-9:45
Rango (PG) Fri-Sun 11:05-1:55-4:30-7:05-9:40 Mon-Thu 2-4:30-7:05-9:40
Red Riding Hood (PG) Fri-Sun 11:45-2:20-4:45-7:25-9:50 Mon-Thu 2:20-4:45-7:25-9:50
Sucker Punch (14A) Special Engagement Fri-Sun 10:45-12:15-1:50-2:50-4:25-5:25-7:8-9:35-10:35 Special Engagement Mon-Thu 2:50-4:25-5:25-7:8-9:35-10:35
Sucker Punch: The IMAX Experience (14A) Special Engagement Fri-Sun 11:30-2:20-4:55-7:30-10:05 Special Engagement Mon-Thu 2:20-4:55-7:30-10:05

Hurry! $0* offer ends March 31.

Get iPhone 3GS for $0.

You can exhale now.

iPhone 3GS

iPhone 3GS 8 GB

$0*
3 year term
SAVE $549

$549
No term

Get on Ontario's biggest† 4G mobile network.

telusmobility.com

TELUS
the future is friendly®

For more details on these great offers, visit your TELUS store, authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

FUTURE SHOP BEST BUY BLACK'S

TELUS STORES & AUTHORIZED DEALERS

Ottawa
Ottawa Office Tower
Bayshore Shopping Centre
Billings Bridge Shopping Centre
Carleton Place (525 McNeely Ave.)
Carlingwood Shopping Centre
Chapman Mills Marketplace
Rideau Centre
St. Laurent Shopping Centre
10 - 100 Trainyards, Bldg. C
2950 Bank St.
1568 Merivale Rd.
530 Montreal Rd.
118 Holland Ave.
424 Catherine St.

Brockville
2211 Parkdale Ave.
Cornwall
Cornwall Square
2130 Vincent Massey Dr.

Hawkesbury
321 Main St. E
Kanata
Kanata Centrum Walk

Kingston
Cataraqui Town Centre
646 Norris Crt.
764 Gardiners Rd.
131 Princess St.

Nepean
129 RioCan Ave.
39 Robertson Rd.
Orléans
Place d'Orléans
2 - 4312 Innes Rd.
2062 St-Joseph Blvd.
Pembroke
Pembroke Mall

Perth
106 Gore St. E
Stittsville
1300 Main St.

*Available until March 31, 2011, for clients who activate or renew on a 3 year term with a Clear Choice voice and data rate plan of $50 or greater. Regular 3 year term price is $49. TELUS reserves the right to modify eligible rate plans with this offer at any time without advance notice. †Comparing the shared HSPA+ network available from TELUS to Rogers' public disclosure of HSPA+ network coverage for February 2011. TELUS, the TELUS logo, the future is friendly and telusmobility.com are trademarks of TELUS Corporation, used under licence. Apple, the Apple logo, iPhone, and Multi-Touch are trademarks of Apple Inc. TM & © 2011 Apple Inc. All rights reserved. All other trademarks are the property of their respective owners. © 2011 TELUS.

HANDICAPPING THE JUNOS

Sound Check

ALAN CROSS
SCENE@METRONEWS.CA

With the 40th anniversary of the Juno Awards coming up Sunday from the Air Canada Centre in Toronto, it's time for some handicapping potshots.

Artist of the Year
Arcade Fire, Drake, Justin Bieber, Neil Young, Sarah McLachlan.

Should win: Artistically, critically and commercially, all things point to the Arcade Fire.

Will win: After the Grammy and Brit awards wins, it'll be very hard to deny the Arcade Fire's The Suburbs its trifecta. The bigger news will be if they don't win in their native country. And what will that say about us as a music-making nation?

Group of the Year
Arcade Fire, Broken Social Scene, Down with Webster, Great Big Sea, Three Days Grace.

CHRISTOF STACHE/THE ASSOCIATED PRESS

▶ Justin Bieber

Should win: Arcade Fire for the same reasons they should win Artist of the Year.

Will win: Arcade Fire. But think about this: Juno voting took place before the band won their Grammy and Brit awards. How many members of CARAS ticked the box for Broken Social Scene? How many of them would like a mulligan?

Single of the Year
Oh Canada/Classified, Find Your Love/Drake, Perfect/Hedley, Hallelujah (Vancouver 2010)/kd lang, Wavin' Flag/Young Artists for Haiti.

Should win: I honestly don't care. This is a very weak category.

Will win: A toss-up between kd lang (just because we remember her singing it at the Olympics), Drake (because he's also hosting the show) and Wavin' Flag (just because it's a feel-good song).

Album of the Year
The Suburbs/Arcade Fire, Thank Me Later/Drake, A Place Called Love/Johnny Ried, My World 2.0/Justin Bieber.

Should win: Arcade Fire. Just give it to them already.

Will win: Arcade Fire — I hope. Drake's record is good but not better than The Suburbs. Same goes for Johnny Reid, who breathed a lot of life back into country with this album. And Bieber? Please.

Juno Fan Choice
Drake, Hedley, Johnny Reid, Michael Bublé, Justin Bieber.

Should win: Because this is a fan's choice award, it doesn't matter who should win. It all comes down to the artist who has the most motivated and mobilized fans.

Will win: Leave it to Bieber. Can you imagine any universe where the outcome might be anything else?

I'd expect solid TV ratings for the show, too, thanks to the new phenomenon of everyone firing up Twitter during awards programs.

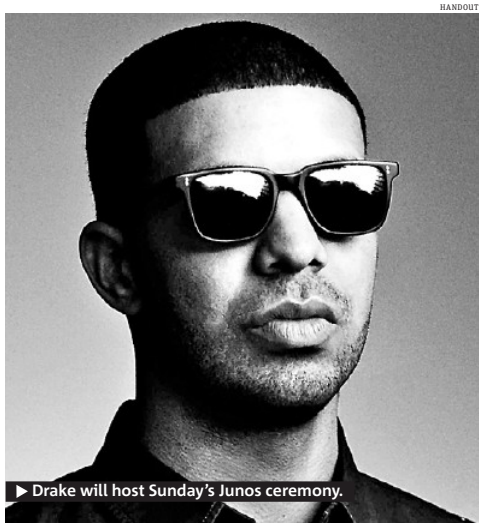
That's what I'll be doing. If you want to follow me, look for @alancross

'We turned it into a rock concert'

'Fan-friendly' Junos set to celebrate 40th anniversary

IAN GORMELY
SCENE@METRONEWS.CA

HANDOUT



▶ Drake will host Sunday's Junos ceremony.

With events taking over Toronto throughout this week, the Junos have become an inescapable force. That saturation should only increase as Sunday's awards ceremony grows near.

CTV, the network that has broadcast the awards for the last 10 years, has packed Juno week with an additional 90 hours of Juno coverage over the broadcaster's slew of specialty channels.

"It's about the viewers and the fans being up close to their favourite bands," says Susanne Boyce, CTV's president of creative, content, and channels. "There's so much to participate in."

John Brunton, executive producer of the show for the last 17 years, agrees.

"The Junos are different from the Grammys in that they're a fan-friendly show," Brunton says.

The Junos were among the first awards shows to move the ceremony out of small, stuffy amphitheatres and into stadiums.

"We turned it into a rock concert."

Of course it's the live performances that inevitably imprint themselves onto Canadian psyches.

And this year's 40th anniversary show features a diverse swath of artists performing on what Brunton describes as the most high-tech set the Junos has ever attempted.

"When we started, the set looked like the Wheel of Fortune," says Brunton. Back then it was difficult to get Canadian artists to perform, let alone international ones. This year, classic artists like Sarah McLachlan will perform next to acts like Chromeo, Tokyo Police Club and "the hottest indie band in the world," Arcade Fire.

Leading the Juno charge of course is Drake, returning home to host the big show as well as competing for album and artist of the year honours.

"Who would have predicted a few years ago that the hottest rap artist in the world would be from Toronto," says Brunton. "We can compete with anyone in the world when it comes to music."

Follow Ian's Juno Twitter updates @metrojuno

Photographers Wanted Sale

COOLPIX L22

WARRANTY 2 YEAR Nikon CANADA INC

The carefree path to consistently great pictures.

12.0	3.6X	VR
Effective Megapixels CMOS Sensor	Wide-Angle Optical Zoom-NIKKOR ED Glass Lens	3-way VR Image Stabilization System

$79.99*

SAVE $20.00

REGULAR PRICE $99.99

COOLPIX S5100

WARRANTY 2 YEAR Nikon CANADA INC

Style. Speed. Simplicity.

12.2	5X	2.7"
Effective Megapixels	Wide-Angle Optical Zoom-NIKKOR Glass Lens	Large, Bright (230,000-dot) Display

$159.99*

SAVE $20.00

REGULAR PRICE $179.99

COOLPIX S8100

EXPEED C2

WARRANTY 2 YEAR Nikon CANADA INC

Fast. Powerful. Versatile.

12.1	10X	3.0"
Effective Megapixels CMOS Sensor	Wide-Angle Optical Zoom-NIKKOR ED Glass Lens	Ultra-high Resolution Clear Colour Display

$269.99*

SAVE $30.00

REGULAR PRICE $299.99

COOLPIX P100

WARRANTY 2 YEAR Nikon CANADA INC

Range, versatility and superb image quality.

10.3	26X	HD
Effective Megapixels CMOS Sensor	Wide-Angle Optical Zoom-NIKKOR ED Glass Lens	Full HD movie (1080p) with Stereo Sound & HDMI Output

$329.99*

SAVE $20.00

REGULAR PRICE $349.99

*TAXES EXTRA

Galaxy Camera

galaxycamera.com

525 Bank Street (Bank at Catherine St.) • (613) 234-8831

STORE HOURS: Mon-Fri: 9-6, Sat: 10-5:30, Sunday: Closed

Juno who's gonna win this year?

Will Arcade Fire's Grammy triumph guarantee the band a Juno sweep? And who else is in the running?

JAE C. HONG/THE CANADIAN PRESS

Arcade Fire pose backstage with the award for album of the year at the 53rd annual Grammy Awards on Feb.13, 2011.

Arcade Fire stunned the music world by winning album of the year at the Grammys last month, so the Montreal rockers will not be cast as the plucky underdogs heading into this weekend's Junos.

After the band's shocking win in the Grammys' top category for their third album, The Suburbs, they now look more like this year's Juno giants.

Most observers think the band is a shoo-in to claim album of the year at the Junos this Sunday. Heck, even the competition is giving Arcade Fire the win.

"If the Junos don't award Arcade Fire with album of the year – especially after the Grammys giving it to them, (and) it is a great album – I'd find that hard to believe," said Scotland-born, Toronto-bred country star Johnny Reid, who's up for four awards including – yes – album of the year.

But even if the evening's biggest prize winds up being the foregone conclusion that some analysts expect, the Junos' 40th anniversary bash will feature several other interesting storylines throughout its extended two-and-a-half-hour broadcast this Sunday (CTV, 8 p.m. ET).

Many of the evening's biggest categories feature established Juno favourites competing with relative newbies.

Group of the year, for instance, will pit critical darlings Arcade Fire and Broken Social Scene against veteran St. John's, N.L., trio Great Big Sea (who have racked up 11 career nominations but, oddly, have never won), hard-rock combo Three Days Grace and the slick, radio-ready rap-pop newcomers Down With Webster.

And then there's the 17-year-old teen-pop titan Justin Bieber, nominated four times this year. The Junos broke many a lovesick teenager's heart last year by shutting out the formerly mop-topped crooner, who still braved the stage for an acoustic performance of his ubiquitous hit, Baby.

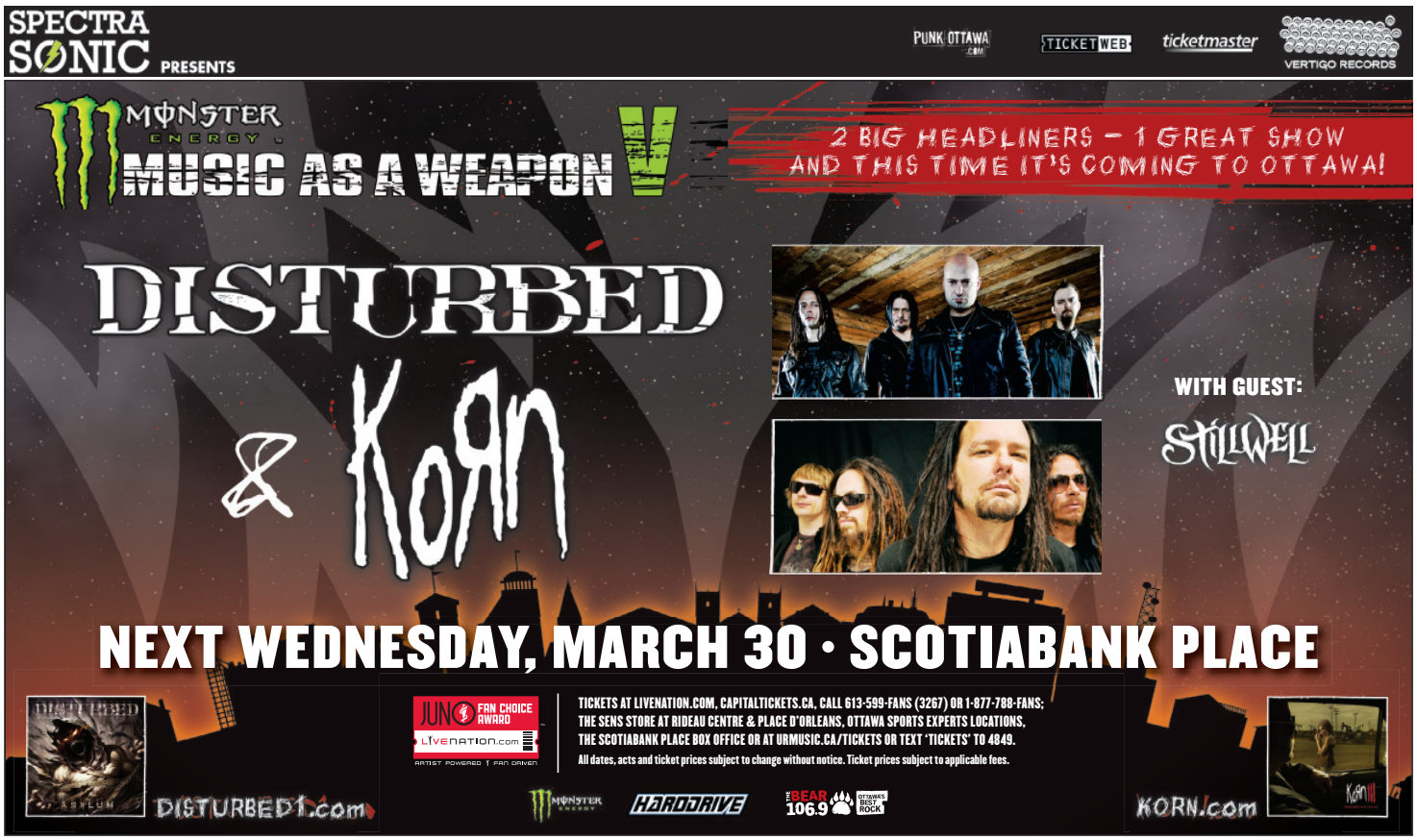
In the year since, he's remained atop the pop heap while (somehow) building his already enormous following and releasing a hit 3-D movie. He also might have modestly increased his cred with two Grammy nominations and prominent critical plaudits from the likes of the New York Times.

But here, he'll be up against such established Canuck stars as Neil Young, Sarah McLachlan and Michael Bublé.

If those competitors prove too much to overcome, Bieber, who won't be able to attend the ceremony due to a scheduling conflict, might at least count on a win for the Juno fan choice award, given that his army of faithful followers will surely be voting in droves.

"I feel that's the biggest award of the night," said Reid, who's also nominated. "That's the true connection between the people who buy the music and the artist.

THE CANADIAN PRESS



nac presents

PATRICIA O'CALLAGHAN

APRIL 1-2
7:30 p.m.
Fourth Stage
Tickets $35

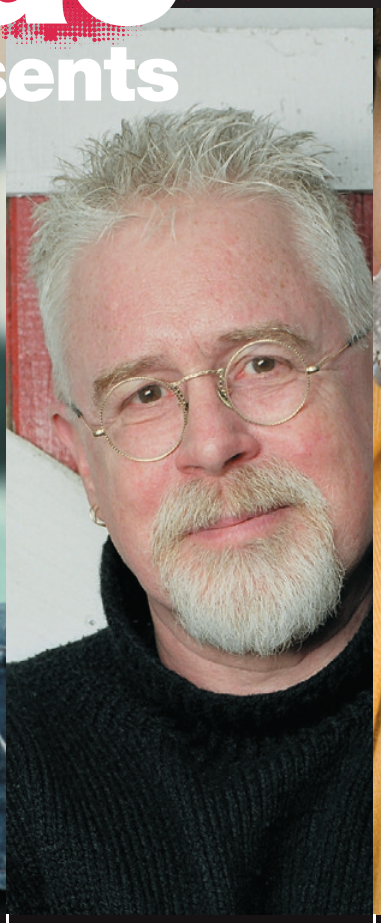
"An impressive talent with unlimited potential... The show's crammed with charm and charisma"
- Toronto Star

JIMMY HUNT

APRIL 9
7:30 p.m.
Fourth Stage
Tickets $20

Jimmy Hunt's sound is somewhere between the great French *chansonniers* and folk, in lush arrangements with echoes of the best film scores.

This performance is in French



BRUCE COCKBURN

with acclaimed violonist Jenny Scheinman

APRIL 15
8 p.m.
Southam Hall
Tickets $39+

Bruce returns to the NAC with a new studio album Small Source of Comfort, currently #1 position on the iTunes Canada Singer/Songwriter chart!

PATRICIA CANO

MAY 26-27
7:30 p.m.
Fourth Stage
Tickets $20

Patricia's rich, smooth voice delivers a sun-drenched mix of jazz, folk and blues with echoes of Afro-Peruvian and South American rhythms.

NATIONAL ARTS CENTRE
CENTRE NATIONAL DES ARTS

nac-cna.ca/presents
NAC Box Office Mon.-Sat. 10 a.m.-9 p.m.
GROUPS 10+ 613-947-7000 x634 | grp@nac-cna.ca

ticketmaster.ca
1-888-991-2787 (ARTS)

CROSSTOWN TRAFFIC
BOOKS
PIPES
DVDs

2 LOCATIONS:
593 Bank St.
in the Glebe
613-234-1210
396 Athlone Ave.
in Westboro
613-728-4800

More than murder in TV's The Killing

AMC's new drama takes stock of the living after a teenager is murdered Originally a hit in Denmark, the show has been adapted for an American audience

From the first moments of The Killing, the mood is foreboding.

The climate for the show's Seattle setting is wet. Water plays a key role on this series, and you feel you could catch cold just by watching. But you can't turn away. You're hooked by the simple spectacle of ordinary people living their lives.

Then, catching you by surprise only by how long it takes to confirm, a murder will disrupt the lives of everyone in sight.

The Killing, which premieres April 3 at 9 p.m. ET, is the latest entry in AMC's portfolio of original dramas that began, of course, with Mad Men four years ago and most recently saw the wildly popular attack last October by The Walking Dead.

In keeping with the AMC formula of defying formulas, The Killing has little in common with the network's other dramas other than its fierce distinctiveness.

This is a whodunit, unleashing Homicide Detective Sarah Linden (Mireille Enos) and her partner Stephen Holder (Joel Kinnaman) on a grisly case — the drowning murder of Seattle teen Rosie Larsen.

This case will drive the narrative at least through the first season, which, episode by episode, will cover 12 consecutive days of the investigation.

But there's more going on than that. Rosie's murder will have an explosive impact on the mayoral race of Seattle City Council President Darren Richmond (Billy Campbell), as he becomes swept up by the crime.

A third: the aftershocks of the murder on Rosie's parents (played by Michelle Forbes and Brent Sexton) and two little brothers.

"A child's death is devastating to her family and the other people around her, and the cops are affected, too," says Veena Sud, the series' creator and executive producer. "On most crime shows, we spend time with cops as they put clues together, but we don't see the price of a death. This show allows us to feel how sad and how profound a death like this is." THE ASSOCIATED PRESS

AP PHOTO/AMC

▶ The Killing premieres April 3 at 9 p.m. ET on AMC.

You deserve better products, service, location and pricing so visit
Tuesday's
THE ROMANCE STORE
OTTAWA'S BOUTIQUE ADULT STORE
Introducing NEW TOYS from WE-VIBE II

TOUCH!
• Re-chargeable!
• Fully Waterproof!
• Medical grade materials!
• 1 year Warranty!
• 4 mind blowing power levels!
• 4 fantastic pulses!
SALSA!
TANGO!
BRING THIS COUPON TO
Tuesday's The Romance Store 1239 Wellington St. (near Holland Ave.)
save $10 on ANY WeVibe product!
tuesdaystheromancestore.com 613.761.6060
Coupon not valid with any other promotion or coupon and has no cash value. Coupon valid until April 30, 2011.

WWF

THIS EARTH HOUR, LET YOUR SUPPORT FOR CLEAN ENERGY SHINE.
MARCH 26, 8:30PM
BROUGHT TO YOU BY WWF
60 EARTH HOUR
Join WWF and over a billion people around the world as we unite to support solutions on climate change. Switch off your lights and join the movement towards clean energy. Learn more at EarthHourCanada.org
WWF THANKS OUR SPONSORS
Sears Citytv OMNI TORONTO STAR thestar.com
©1986 Panda symbol WWF-World Wide Fund For Nature (also known as World Wildlife Fund).
® "WWF" is a WWF Registered Trademark.

Winslet shines in miniseries

HBO's adaptation of the 1941 novel Mildred Pierce will strike a chord with today's viewers ◗ Winslet stars as resourceful divorcée in Depression-era saga

ANDREW SCHWARTZ, AP PHOTO/HBO

▶ Kate Winslet and Guy Pearce in HBO miniseries Mildred Pierce

A remarkable thing (and there are many) about the HBO miniseries Mildred Pierce is the way it breathes.

This five-part, five-and-a-half-hour adaptation of the 1941 James M. Cain novel is an unhurried period piece that sets the viewer down in Depression-era Glendale, Calif., and into the complicated world of its heroine.

But even as it inhabits a long-ago time and place, it also seems to dovetail with the current day. Leafy Glendale of 1931 isn't exactly the Dust Bowl, but it, like the rest of the country, has been slammed by economic crisis that, for the viewer, may strike a familiar chord.

Meanwhile, Mildred's plight is magnified: She is suddenly a divorcée, forced to find work to support herself and her two young daughters.

Ambitious and resourceful, Mildred will do that and then some: She builds a restaurant empire.

But during a saga stretching nearly a decade, Mildred, despite her business successes, will face class stigma and a stormy relationship with her precocious daughter, Veda.

She will also confront her sexual self, exploring "aspects of herself she never knew existed," in the words of Todd Haynes, who directed the miniseries and co-wrote its script.

This Mildred Pierce has only a nodding acquaintance with the much-remembered 1945 film, a murder whodunit that brought its star, Joan Crawford, a best actress Oscar.

Haynes calls his version "an intensely faithful adaptation of the novel."

Indeed, it feels like a gracefully direct translation into pictures and sound, complete with breathing room for the audience "to think and to draw connections yourself," as he puts it.

Kate Winslet is a marvel as Mildred, who is on-screen nearly every scene as she goes through many changes and the pressures that propel them.

But Guy Pearce shines in a pivotal supporting role as dashing man-about-town Monty Beragon, with whom Mildred shares impulsive romance.

The first two parts air Sunday at 9 p.m. ET, with subsequent episodes unfolding the next two Sundays. THE ASSOCIATED PRESS

TV picks

Buscemi's family secrets

GENEALOGY. Actor Steve Buscemi tracks down some of the shadier characters in his past on the genealogy series Who Do You Think You Are? His family search leads him to his maternal great-great-grandfather, a questionable character with a tarnished Civil War record and other secrets. (Friday, Citytv, NBC)

Cracking the antique market

DECOR. Learn to decorate with vintage furniture and other treasures in Cracking Antiques. The series demystifies how to choose investment pieces and incorporate them into your home. (Friday, HGTV)

An empire state of mind

CHALLENGE. New York Mayor Michael Bloomberg is the special guest on today's episode of Project Runway, instructing designers to draw inspiration from the city. Competitors look to the Brooklyn Bridge, the Statue of Liberty and Central Park. (Saturday, Slice)

THE CANADIAN PRESS

Nobody beats GNC prices!
HOT BUYS

GNC
Ultra Omega 3
Fish body oil
300 softgels

Allmax **Rapidcuts Hardcore**
Weight management
120 capsules

Muscletech
naNO Vapor
Pre-workout
907 g /2 lb

EAS
100% Whey Protein
Whey protein
5 lb

GNC Men's or Women's
50 Plus
Multivitamin
180 caplets

GNC WELLbeING
be-HOT
Weight management
30 paks

Fusion
Purple-K
Creatine
100 capsules

Kaizen
Ephedrine hcl
Natural remedy
50 tablets

GNC
TriFlex
Joint health
240 caplets

Progressive
PhytoBerry
Antioxidant
900 g

NxLabs
ISO XP
Protein isolate
2.2 lb

Pharma Freak
TEST Freak
Testosterone booster
120 capsules

Pro Performance® sports nutrition
BOGO 50% OFF - Mix & Match
See sales associate for details • Pro Performance BOGO offer ends April 25, 2011

GNC LiveWell.

★ Visit www.gnc.ca for the location near you ★ 170 locations coast to coast ★

* Hot Buys offer valid March 24 to April 4, 2011. Offer is limited to quantity on hand. Lowest price guarantee is based on nationally advertised pricing. Sorry no rain checks. 20% GNC Gold Card discount and BOGO do not apply to our already low Hot Buy priced items.

Lohan opting for trial in theft case

Turns down plea deal Now facing up to three years in jail if convicted

Lindsay Lohan has officially rejected a plea bargain in her felony grand theft case and instead wants to go to trial, prosecutors tell People magazine.

Lohan's lawyer, Shawn Chapman Holley, notified the judge in the case this week that the actress wasn't interested in the deal, which included 90 days in jail and three years of probation.

A preliminary hearing is scheduled for April 22, and if she is eventually found guilty, Lohan faces up to three years in prison.

She could face additional jail time if a judge rules that the felony charge violates her probation from an earlier case.

Lohan has always maintained her innocence since the accusations emerged following a Jan. 22 heist of the $2,500 necklace from a Venice jeweler.

METRO

ALL PHOTOS GETTY IMAGES FILE

▶ Lindsay Lohan

Talking points

Biel getting close with Butler?

PEOPLE While recovering from her breakup with Justin Timberlake, Jessica Biel has reportedly found a fast friend in co-star Gerard Butler while the two film Playing the Field in Shreveport, La., according to Us Weekly.

In fact, during a crew member's birthday party, Butler reportedly appeared to want to be more than friends.

"When Gerry got there, he made a beeline for Jessica. He was really flirting with her."

The pair have reportedly gone out together a few more times since then, though friends of Biel say she doesn't want to be anything more than friends with Butler. METRO

Ashley Green getting over Joe Jonas

PEOPLE Ashley Green appears to be making the most of the single life after splitting with Joe Jonas.

While last week rumors circulated about the Twilight actress and Kings of Leon bassist Jared Followill, this week Greene has reportedly been cosying up to Captain America star Chris Evans, according to E! Online.

"Ashley was all over (Chris), and he certainly didn't mind," a source says of their meeting at L.A. nightclub Trousdale earlier this week. "They were dancing together very closely. It looked like they had a lot of sexual chemistry."

The source adds that none of this means she'll be settling into a relationship again right away.

"Ashley is newly single. She's hot; of course she's going to be out having fun."

METRO

Celebrity tweets

Charlie Sheen [@charliesheen] rumors? fact? while feet drag, the warlock levitates. away from fools gold, or towards the actual mine.

Mandy Moore [@TheMandyMoore] A quick trip to the south still allowed for hushpuppies and sweet tea. yeah!!

Neil Patrick Harris [@ActuallyNPH] Ok, no more answering of questions for a spell. Knuckleheads keep sending the same ones to me hundreds of times...

Russell Brand [@rustyrockets] I hear @katyperry rocked Manchester- she's the new Noel Gallagher. I'll have to watch her eyebrows don't join up.

METRO

Breakup blamed on Cooper's career

While speculation has run rampant as to why Renee Zellweger and Bradley Cooper split up last week, sources close to the former couple say the reason is clear.

"If I had to pick any possible mistress it would be Brad's career," a source tells Us Weekly.

"He worked really hard to get into leading man status. Renee had to take a backseat. She travelled with him to make it work."

Despite Zellweger's efforts, the source says it didn't work. "It was just not working out." METRO

▶ Bradley Cooper

Cool as a cucumber

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY

It may not be on the radar for many winemakers, but for cocktail aficionados, cucumber is the flavour of 2011.

While in San Francisco earlier this year, I headed to ANZU — a California-Japanese fusion restaurant in the posh Hotel Nikko — to score excellent sushi and get the recipe for its famous Cucumber Sake Martini. Success.

Ingredients
- 1 ½ oz sake
- ½ oz Hendrick's gin
- ½ oz lime juice
- 3 cubes diced cucumber
- Splash of simple syrup
- Ice cubes
- 1 cucumber wedge for garnish

Directions
Place cucumber cubes, simple syrup and lime juice into martini shaker and muddle ingredients. Add ice, sake and gin, and shake, shake, shake. Strain into martini glass; garnish with cucumber.

I use American-made Gekkeikan sake ($9.45 - $11.29) and Hendrick's gin ($42.95 - $44.45), which happens to be made with an infusion of roses and, wait for it, cucumber.

This creates a bright tipple with cucumber flavour, a subtle essence of sake and a whisper of gin that's perfect for springtime sipping.

PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

MATTHEW MEAD/ THE ASSOCIATED PRESS

Start to finish: 1 hr and 15 mins (plus cooling)
Servings: 8

▶ This tart sports a coconut crust that is both chewy and crispy, a pudding-like vanilla-almond filling and fresh fruit.

Easy as pie — literally

Martha Stewart returns with a new book to simplify making pies and tarts

Whoever coined the phrase "easy as pie" clearly didn't bake much. Enter Martha Stewart ... again.

Stewart's latest cookbook — simply named Pies & Tarts — offers more than 150 recipes whose clear instructions, gorgeous photos and brevity take the intimidation out of pastry.

Organized by category from "classic" (think apple) to "free-form" (no pie plate handy?) to "artful" (double lattice crusts, shingled leaves), the book lets users pick pies according to their skill and occasion.

From savoury tarts to mile-high meringues, the range of pastries offered makes the book useful all year round. Mini chicken potpies with herbed crust make a hearty winter meal, while vegetable tartlets filled with zucchini and tomatoes are an elegant summer lunch.

Everyday desserts, such as a fruit tart with a cookie-like crust, can be made at any time of the year with whatever's in the market, and free-form galettes — in which dough is simply rolled and folded over a mound of fresh fruit — are easy enough for a busy Tuesday night.

Even this Coconut and Berry Tart, which is snuggled into a macaroon-like crust of coconut and egg white, is simple and makes a great centrepiece for any dinner table.

True to the formula of Stewart's books, an instructional chapter offers the 1-2-3 of crust making and excellent tips about freezing ingredients so you're ready when guests pop by. **THE ASSOCIATED PRESS**

Coconut and Berry Tart

Ingredients:

Crust
- 500 ml (2 cups) unsweetened shredded coconut
- 125 ml (1/2 cup) sugar
- 2 large eggs, separated
- 15 ml (1 tbsp) vanilla extract
- 1 ml (1/4 tsp) salt

Filling
- 1/2 vanilla bean, halved lengthwise
- 125 ml (1/2 cup) vanilla soy milk
- 60 ml (4 tbsp) sugar, divided
- 10 ml (2 tsp) arrowroot
- 30 ml (2 tbsp) almond paste
- 250 ml (1 cup) almond flour
- 125 ml (1/2 cup) soy cream cheese
- 75 ml (5 tbsp) apricot jam
- 1 l (4 cups) mixed fresh berries such as sliced strawberries, blueberries and raspberries

Preparation:

1 Heat oven to 180 C (350 F). To prepare crust, in a bowl combine coconut, sugar, 2 egg whites, vanilla and salt. Press mix into bottom and up sides of a 23-cm (9-inch) round fluted tart pan with removable bottom.

2 To make the filling, scrape the seeds from the vanilla bean into a saucepan, then add pod. Set over medium-high heat, then stir in soy milk and 30 ml (2 tbsp) of sugar. Bring to a boil.

3 In a small bowl, whisk together 2 egg yolks, arrowroot and remaining 30 ml (2 tbsp) sugar. Add hot soy-milk mix in a slow, steady stream, whisking until combined.

4 Return mix to pan, and whisk over medium heat until thickened, about 2 minutes. Discard the vanilla pod.

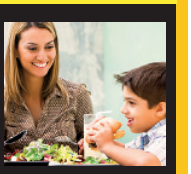
5 In bowl, use an electric mixer on medium to beat soy-milk mix and almond paste for 5 minutes. Beat in the almond flour and soy cream cheese. Spread mixture evenly over the crust. Bake for 15 minutes.

6 Cover the edges of the tart with foil. Bake until set, another 15 to 25 minutes. Let the tart cool in the pan on a wire rack. Unmold.

7 In saucepan over medium, heat jam until loose. With offset spatula, spread jam over the tart. Arrange berries on top, and serve.

3 life

Healthy kids



Samara Foisy, Heart and Stroke Foundation's registered dietitian, offers advice to help families get from point A to point Z, with nutritious stops in between.

- Suggest pizza on whole grain crust with vegetables.
- Order dressing or sauce on the side. This way, you can control how much is added.
- Opt for grilled, baked, poached or steamed dishes.

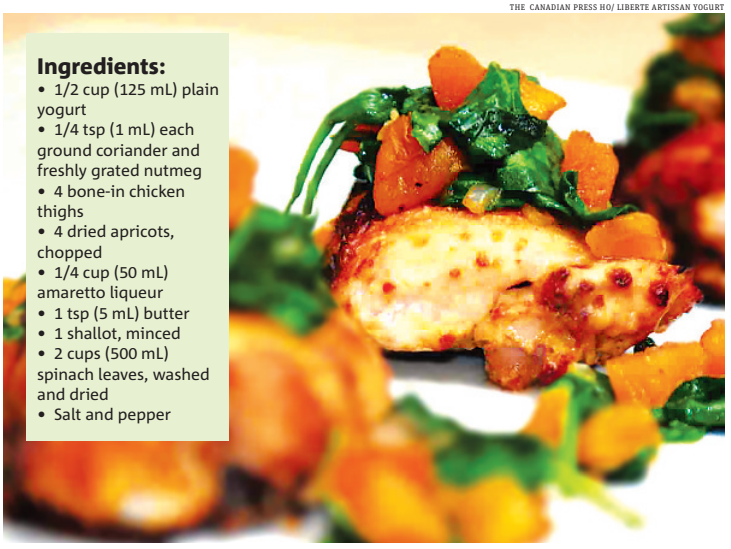
NEWS CANADA

Nathan Myhrvold conquered science. Now he's using science to conquer food.

Introduce chicken to yogurt

This recipe marries bone-in chicken thighs with plain yogurt, amaretto liqueur and apricots for a very juicy and flavourful finish

In this Yogurt Marinated Chicken recipe, juicy and flavourful chicken thighs are marinated in plain yogurt and treated with a mix of amaretto and apricots. The dish is finished with shallots and spinach.



THE CANADIAN PRESS HO/ LIBERTE ARTISSAN YOGURT

Ingredients:

- 1/2 cup (125 mL) plain yogurt
- 1/4 tsp (1 mL) each ground coriander and freshly grated nutmeg
- 4 bone-in chicken thighs
- 4 dried apricots, chopped
- 1/4 cup (50 mL) amaretto liqueur
- 1 tsp (5 mL) butter
- 1 shallot, minced
- 2 cups (500 mL) spinach leaves, washed and dried
- Salt and pepper

Preparation:

1. In bowl, whisk together yogurt, coriander and nutmeg. Add thighs into yogurt, turning to coat well. Cover and refrigerate for at least 4 hours or overnight, if possible.
2. In a small bowl, place dried apricots and cover with amaretto. Let stand for a few hours or overnight.
3. Place thighs on rack of a broiler pan and broil chicken about 4 inches (10 cm) from heating element for 5 minutes, skin side up. Turn thighs over and broil for another 5 minutes. Turn thighs one more time and broil for 5 more minutes or until chicken is no longer pink inside and juices run clear.
4. In a small skillet, heat butter over medium heat. Add shallot and cook for about 5 minutes or until tender and translucent. Add apricots and amaretto and cook until liquid has reduced by three-quarters. Add spinach and cook until wilted. Add any accumulated juices from the chicken to the spinach mixture. Season with salt and pepper to taste and serve with chicken thighs.

THE CANADIAN PRESS/ LIBERTE ARTISAN YOGURT

EMILY RICHARDS

UNTANGLE LIFE'S CHALLENGES
SUPPORT FOR SENIORS • FINANCIAL ISSUES • COPING WITH DISABILITIES • STRESS AND BEREAVEMENT • EMOTIONAL HEALTH • SETTLEMENT SERVICES •

DIAL
211
Connecting you to a full range of non-emergency community, social, government and health services
• FREE • CONFIDENTIAL • MULTILINGUAL • OVER 150 LANGUAGES
www.211ontario.ca

Become a VINTAGES insider...

...and be the first to hear about the latest wines hand-selected by our experts, tasting events, winemaker dinners, and special offers with VINTAGESLatest newsletter.

VINTAGES | LATEST

Join today at VintagesLatest.com

12075

START YOUR PLEDGE AT EARTH HOUR

Opinion

JIM LEAPE
DIRECTOR GENERAL
WWF INTERNATIONAL,
THE MAIN ORGANIZER
OF EARTH HOUR

"Think about what you can change in your daily lives — at home, at work or at play — that will benefit our world. After all, we only have one planet"

Earth Hour is always an exciting event for me. In previous years I've been lucky enough to switch off the lights at the Forbidden City in Beijing and the Eiffel Tower in Paris — just two of the thousands of cities and famous landmarks to go dark for Earth Hour. Saturday night I'll be joining the government and people of Delhi in turning off the lights at India Gate, as part of the world's biggest event to celebrate our amazing planet — and pledge to look after it better.

That's the great thing about Earth Hour. All of us — communities, corporations and governments — can participate as global citizens and send a serious message that we want a more sustainable future for ourselves and for the Earth. But switching the lights off for 60 minutes is just the beginning. This is our chance to take actions in our everyday lives which together could add up to some pretty big changes.

For the past five years, WWF's Earth Hour has done a lot to raise awareness about why we need to live a more sustainable lifestyle. This year, for the first time, the hundreds of millions of people who join in the world's biggest voluntary participation event can pledge to go "beyond the hour." Already individuals, businesses and governments from all over the world have made pledges to reduce wasteful consumption including recycling rainwater, cycling to work, eating less meat and, of course, switching off lights and appliances when we're not using them.

So this year I'm asking all of you to think about what you can change in your daily lives — at home, at work or at play — that will benefit our world. After all, we only have one planet — and we need to sustain it for future generations.

WWF WORKS ALONGSIDE METRO TO PROMOTE ECOLOGICAL AWARENESS GLOBALLY

TORSTAR NEWS SERVICE

▶ Toronto's Dundas Square just before and after Earth Hour.

5 WAYS TO REDUCE YOUR PLASTIC CONSUMPTION

Plastic has had many advantages to humanity, but it's time to take stock. With landfills and oceans burdened by countless tonnes of plastic debris, reducing our dependence to the material is a matter of seismic importance. But it doesn't have to be a huge chore. Here are some small ways that can greatly reduce our fondness for plastics. XIAOLIANG HUANG

PHOTOS: THINKSTOCK.COM

SAY 'NO' TO PLASTIC BOTTLES

1 Invest in an aluminum water bottle and fill it up with your water filter jug. If you need to splash out on bottled water, make sure the bottle gets recycled!

BE AWARE OF PLASTIC NEEDS AT HOME

2 You can buy laundry detergent in paper boxes instead of liquid in plastic, or a bar of soap rather than body wash in plastic containers.

USE REUSABLE BAGS FOR SHOPPING

3 Choose an eco-friendly shopping bag made from 100 per cent recycled cotton.

SELL, RECYCLE AND REUSE PLASTIC PRODUCTS

4 If you need to discard items like cellphones or computers, at least recycle them at an electronics recycling center.

BUY LOOSE FRUIT, VEG AND MEAT OVER PRE-PACKAGED

5 Choose your desired amount of food, resulting in a double bonus: less food waste and plastic use.

HERE ARE YOUR TOP 10 THINGS TO DO IN THE DARK!

For Earth Hour, the Metro Life Panel team wanted to know what are YOUR Top 10 things to do in the dark!

79% of Metro respondents plan to turn off the lights for Earth Hour on March 26th @ 8:30PM.

And your Top 10 things are...

1 Fall asleep
2 "Play" under the sheets
3 Gaze at the stars
4 Makeout on the couch
5 Go for a walk
6 Eat!
7 Chat with your friends
8 Drink some wine, beer or cocktails
9 Play cards
10 Candle lit dinner

Want to take more great surveys?
REGISTER TODAY AT METROLIFEPANEL.CA

Source: Metro Life Panel survey; March 2011; 241 respondents

metro life panel

Hello mother, hello father ...

Encourage first-time campers Nerves are normal for kids and parents After the first night, it gets easier

ALLISON LAWLOR
LIFE@METRONEWS.CA

Every summer parents eagerly send their kids off to experience the great outdoors. Sleeping in a tent or cabin, roasting marshmallows, and swimming and canoeing are all part of the adventure of overnight camp.

But even when a child is ready to pack up and experience this almost sacred Canadian rite of passage, living away from mom and dad for the first time can still seem frightening. The best way parents can help their child get the most out of camp, is to be positive, says Michael LeDuc, director of Nova Scotia's Big Cove YMCA Camp. "One of the biggest hurdles is often the parents. They are hesitant to let go of their children."

It's normal to be anxious, but conveying these worries only makes a child reluctant. Instead, parents should be cheerleaders and point out the positives. "If your child loves swimming, remind them that at camp you get to go swimming every day," says LeDuc.

Never promise a child they can come home if homesick, says Duncan Robertson, director of Ontario's Onondaga Camp. "You're planting the seed of doubt in their mind." At most camps, staff check in with parents of new campers within the first 48 hours. Camps don't encourage phone calls between campers and parents, but they do old-fashioned letter writing.

Having the first-time camper talk to an older kid or a family member who has been to overnight camp can reassure them that camp is fun, with hardly a moment to miss home. Parents can also take their child to an information night or open house. At Big Cove, new campers can visit in the spring or early summer to participate in activities. Looking at pictures on the camp's website and going through a typical day can help a child mentally prepare, says LeDuc.

If a child has never slept away from home, Robertson suggests arranging a weekend sleepover at grandma's house. "They know they can do it then. It builds self-confidence."

Helping to shop and pack for camp is another good idea. When kids participate in all aspects of preparation, it encourages self-reliance and builds anticipation. Parents can be reassured that after the first night, most first-time campers are happy. "It just takes meeting people and connecting with a friend," says Robertson.

ISTOCK IMAGES

▶ Once kids make friends, camping becomes something they look forward to every year.

What to take

- Several sets of clothing, including a warm sweater, rain suit, two bathing suits, and two pairs of running shoes for when things get wet
- Laundry bag
- Bedding, including sleeping bag, fitted sheet, pillow
- Mosquito repellent and sun screen
- Durable water bottle
- Flashlight
- Government approved life jacket with a whistle
- Disposable camera
- Books, board games, writing paper, pens, stamped and addressed envelopes
- Toiletries

Séjours exploratoires de carrières de La Cité collégiale
pour les jeunes de 12 à 16 ans

Les disciplines :
• Photographie numérique
• Animation 3D
• Esthétique, coiffure et maquillage
• Arts culinaires
• Services policiers
• Architecture et génie civil
• Mécanique automobile
• Biotechnologie

Notre 3e édition des Séjours exploratoires de carrières aura lieu pendant les trois premières semaines de juillet, soit du **4 au 22 juillet 2011**, de 9 h à 15 h du lundi au vendredi. Chaque séjour, **au coût de 165 $**, est d'une durée de 5 jours. L'inscription pour les séjours débutera le 1er mars et se terminera le 27 mai. Téléchargez le formulaire d'inscription de notre site Web ou présentez-vous à la soirée d'inscription le mercredi 30 mars de 16 h à 19 h, au bureau C1030.

Pour plus d'information, communiquez avec Jocelyne Agnew
sejourscarrieres@lacitec.on.ca | 613 742-2483, poste 2891
www.lacitecollegiale.com

la cité collégiale
Le Collège des meilleures pratiques

CRA-10-016d

Picking a summer camp

- Finding the right place for your kids to spend their summer takes finesse
- Take our quick quiz to help you and your kids make the best choice

Is your kid a computer geek, a prima ballerina or a lean, mean martial artist fiend?

How you answer the following questions in this fun and hopefully helpful quiz will determine the type of camp your child should attend this summer. Though summer camps are generally categorized as traditional and specialty, we've taken a few liberties and broken it down a little further to help you decide the best type for your little camper.

So for each of the following questions, pick the answer that best suits your child. Consider doing the quiz together. See the end for your answers. Here goes:

▶ There's a summer camp to suit every taste. Take the quiz to see which one suits your camper.

1. When bedtime is announced, your child usually

A. Offers a vaguely mournful look but heads to bed in a fairly timely fashion
B. Does the same while stopping first to hang precariously from the second-floor stair banister
C. Reads several chapters before bed always
D. Can't sleep without listening to music
E. Must check the computer before nodding off

2. At the dinner table, your child customarily

A. Eats most of what's on the plate, leaving the odd veggie
B. Shovels in the yummy proteins and carbs. You later find veggies in the cat dish
C. Eats everything methodically in the cold, hard knowledge that it's good for you
D. Often plays with food, builds forests out of broccoli and spells their name with peas
E. Questions what cooking temperature you used for the meat loaf

3. Your kid idolizes

A. Black Eyed Peas, skinny jeans and Glee
B. Wii's NBA Jam, camping and Wipeout
C. Plaid, anything sci-fi and books without pictures
D. Eminem, Facebook games and live theatre
E. Discovery Channel, fresh air and astronomy

4. Your child's play style is best defined as

A. Interactive
B. Dynamic
C. Cerebral
D. Inspired
E. Experimental

5. What is your child's approach to homework?

A. Gets it done most nights
B. Rushes through it when reminded to do it
C. Relishes it
D. Doodles on it
E. Questions the need for homework

6. If your child could have any celebrity at his or her birthday party, who would it be?

A. Taylor Swift
B. Sidney Crosby
C. Barack Obama
D. Katy Perry
E. Mark Zuckerberg

Score your lil' campers' quiz:

If you answered mostly A's:
Your child belongs at a traditional camp, the kind that incorporates canoeing and campfires with archery and arts and crafts. It will be the perfect place for them to enjoy the total camp experience.

If you answered mostly B's:
Your kid gets his or her thrills in sports or adventure camp.

Let them learn all about lacrosse, sailing or paintball. Or consider the adrenalin rush of a rock climbing or wilderness survival camp.

If you answered mostly C's:
You should enroll your kid in academic or vocational camp.

Knowledge-starved children can hit the books this summer polishing up on their math proficiency or boning up on their debating skills.

If you answered mostly D's:
your kid belongs in an arts camp. Let your child develop a deeper appreciation of drama, dance and music as they soak up the visual and performing arts this summer.

If you answered mostly E's:
You've got a kid who's into science or computer camp.

Exploration and discovery go hand in hand with these camps that focus on technology, space, physics, zoology and much more.

4 sports

Karlsson breaks stalemate in N.Y.

Anderson and Lundqvist go save-for-save in battle of goaltenders

SENATORS	RANGERS
2	1

Erik Karlsson scored the lone goal of the shootout in the fifth round and the Ottawa Senators snapped the New York Rangers' season-best, five-game winning streak with a 2-1 victory on Thursday night.

Craig Anderson and Rangers counterpart Henrik Lundqvist both made 29 saves through overtime and both denied the first four shooters in the tiebreaker. Anderson got some help in the fifth round when Ryan Callahan got off a weak shot because his stick broke on the attempt.

Karlsson then solved Lundqvist to win it.

The game mattered much more to the Rangers, the seventh-place team in the Eastern Conference. New York closed within two points of sixth-place Montreal, which lost at Boston, with seven games left. The Senators are still last in the East.

Ryan Shannon had given Ottawa a 1-0 lead in the second, but Brandon Prust tied it early in the third.

A big scrum in the Senators' crease with 1:40 left in regulation led to two minor penalties for each team that didn't affect on-ice manpower. Ottawa's Chris Neil was then whistled for holding with 25.7 seconds left to give the Rangers a power play for much of the first two minutes of overtime.

Anderson kicked out Marc Staal's shot just as Neil's penalty expired, and a lead pass sent Neil in alone on Lundqvist, who pokechecked a rolling puck off his stick.

Prust got the Rangers even at 2:45 of the second period during a delayed-penalty call. Staal raced the puck up the middle but was cut down at centre ice by a sliding Chris Phillips. Staal got a pass off while on the ice to Prust, who glided into the right circle and snapped in his 12th goal.

The Rangers showed more life throughout the third period and generated chances that Anderson handled.

Shannon broke the deadlock with 4:39 left in the second off a circle-to-circle pass from Bobby Butler just as an Ottawa powerplay ended.

It marked the first time the Rangers were shorthanded in two games after they earned a penalty-free, 1-0 victory over the Florida Panthers Tuesday. They had only one power play in that game and just one through 40 minutes against Ottawa.

THE ASSOCIATED PRESS

FRANK FRANKLIN II/THE ASSOCIATED PRESS

▶ Ottawa's Zack Smith fights the Rangers' Michael Sauer Thursday night in New York.

Senators preview

Capitals at Senators
7:30 p.m.
TV: TSN
Radio: AM 1200

Washington (43-21-10) looks to complete its dominance over Ottawa this season by winning the last meeting between the teams for a 4-0 sweep. The Capitals are riding a modest two-game win streak, including 5-4 victory over Philadelphia Tuesday.

The Senators (28-37-9) break up a five-game road trip with a single home game against the Capitals. The Senators lost 3-1 in Washington Jan. 16, the last prior meeting between the clubs.

THE CANADIAN PRESS

Scan for code for news

Canadians earn playoff shot with clutch curling

Canada's medal hopes remain alive at the Capital One World Women's Curling Championship after two key victories to close out the round robin.

But Amber Holland and her Regina rink need to win a playoff game to keep going in Denmark.

Fortunately, the Canadian women are on a roll after struggling early in the event. They came out on top of two must-win games Thursday — defeating South Korea 9-2 before handing defending champion Andrea Scheopp of Germany an 8-6 loss.

Sweden (9-2) and China (8-3) clinched the top two playoff spots.

The Danes claimed third place, leaving Canada and Switzerland to meet in a playoff game for fourth Friday (TSN, 9 a.m. ET).

THE CANADIAN PRESS

NIELS HUSTED/THE ASSOCIATED PRESS

▶ Canada's Tammy Schneider.

Sports in brief

Oswalt shakes off ball to head

MLB. Philadelphia Phillies right-hander Roy Oswalt was in good spirits the day after taking a line drive under the right ear while pitching against the Tampa Bay Rays.

Oswalt said he had a small lump on the back of his head but doesn't have a headache. He expects to make his next start.

THE ASSOCIATED PRESS

Eskimos sign former NCAA star returner

CFL. The Edmonton Eskimos are hoping Brandon James will be a difference-maker in the CFL.

The Eskimos signed the former NCAA star to be a kick returner Thursday. He set a number of records during his collegiate career at Florida, where he helped the school to a national title in 2007 and was twice named an All-SEC player.

THE CANADIAN PRESS

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
dx-Philadelphia	73	44	19	4	6	233	197	98	21-10-2-4	23-9-2-2	4-2-1-3	L2
dx-Washington	74	43	21	5	5	203	180	96	22-8-2-5	21-13-3-0	9-1-0-0	W2
d-Boston	73	41	22	5	5	224	176	92	18-12-3-2	23-10-2-3	4-3-3-0	W2
Pittsburgh	74	43	23	5	3	215	182	94	22-13-2-0	21-10-3-3	6-2-2-0	W2
Tampa Bay	73	39	23	5	6	216	222	89	22-10-1-4	17-13-4-2	2-4-2-2	L3
Montreal	75	40	28	4	3	200	194	87	22-10-3-3	18-18-1-0	5-5-0-0	L2
NY Rangers	75	40	30	2	3	217	181	85	18-16-1-3	22-14-1-0	7-2-0-1	L1
Buffalo	73	36	28	8	1	216	208	81	16-16-3-1	20-12-5-0	6-3-1-0	W1
Carolina	73	34	29	5	5	205	217	78	20-12-2-2	14-17-3-3	5-4-1-0	W2
Toronto	74	33	31	5	5	195	225	76	17-14-3-4	16-17-2-1	5-4-1-0	W2
Atlanta	73	31	30	5	7	204	239	74	16-14-2-5	15-16-3-2	5-4-1-0	W1
New Jersey	73	34	35	3	1	155	186	72	18-15-2-1	16-20-0-1	6-4-0-0	L1
NY Islanders	75	29	34	7	5	209	237	70	16-16-1-4	13-18-6-1	5-2-2-1	L1
Florida	74	29	35	5	5	182	203	68	15-15-4-4	14-20-1-1	3-4-2-1	L3
Ottawa	74	28	37	5	4	169	228	65	13-19-2-3	15-18-3-1	6-4-0-0	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
y-Vancouver	74	48	17	4	5	240	173	105	25-8-1-4	23-9-3-1	8-2-0-0	W1
d-Detroit	74	43	22	5	4	238	211	95	19-12-3-2	24-10-2-2	4-4-1-1	L3
d-San Jose	74	43	23	4	4	217	194	94	21-11-2-3	22-12-2-1	6-2-0-2	W4
Phoenix	75	40	24	7	4	215	208	91	18-12-4-2	22-12-3-2	7-2-1-0	W1
Los Angeles	73	41	26	4	2	199	177	88	21-12-3-0	20-14-1-2	6-2-2-0	W1
Chicago	73	40	25	3	5	238	202	88	23-14-0-0	17-11-4-4	6-2-1-1	W2
Nashville	74	39	25	6	4	193	173	88	20-8-4-3	19-17-2-1	7-2-1-0	W4
Anaheim	73	41	27	3	2	208	211	87	23-12-1-1	18-15-2-1	8-2-0-0	W4
Dallas	73	38	25	4	6	206	206	86	20-11-3-5	18-14-1-1	4-2-3-1	L2
Calgary	76	37	28	4	7	230	222	85	22-12-1-3	15-16-3-4	4-4-1-1	L3
Minnesota	74	35	31	3	5	185	207	78	17-15-2-3	18-16-1-2	2-6-2-0	L7
Columbus	73	33	29	4	7	199	223	77	16-16-1-3	17-13-3-4	2-4-1-3	L2
St. Louis	73	32	32	4	5	202	216	73	20-12-1-3	12-20-3-2	4-6-0-0	L3
Colorado	72	28	36	7	1	203	254	64	15-17-4-0	13-19-3-1	2-7-0-1	W2
Edmonton	73	23	40	2	8	176	240	56	12-20-1-4	11-20-2-3	3-5-1-1	L7

x — clinched playoff berth; y — clinched division title; d — division leaders; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL or SOL columns.

Last night's results
Ottawa 2 N.Y. Rangers 1 (OT)
Boston 7 Montreal 0
Atlanta 2 N.Y. Islanders 1
Pittsburgh 2 Philadelphia 1 (SO)
Edmonton at St. Louis
Anaheim at Nashville
Toronto at Colorado
Columbus at Phoenix
San Jose at Los Angeles
Wednesday's results
Vancouver 2 Detroit 1
San Jose 6 Calgary 3
Anaheim 4 Dallas 3 (OT)
Chicago 4 Florida 0
Tonight's games
All times Eastern
New Jersey at Pittsburgh, 7 p.m.
Florida at Buffalo, 7:30 p.m.
Washington at Ottawa, 7:30 p.m.
Vancouver at Atlanta, 7:30 p.m.
Carolina at Tampa Bay, 7:30 p.m.
Tomorrow's games
N.Y. Rangers at Boston, 1 p.m.
Colorado at Los Angeles, 4 p.m.
New Jersey at Buffalo, 7 p.m.
Washington at Montreal, 7 p.m.
Philadelphia at N.Y. Islanders, 7 p.m.
Tampa Bay at Carolina, 7 p.m.
Toronto at Detroit, 7 p.m.
Dallas at Nashville, 8 p.m.
St. Louis at Minnesota, 8 p.m.
Anaheim at Chicago, 8:30 p.m.
San Jose at Phoenix, 9 p.m.
Calgary at Edmonton, 10 p.m.

SENATORS 2, RANGERS 1 (SO)

First Period — No Scoring.
Penalties — Svatos Ott (high-sticking) 15:32, Z.Smith Ott, Sauer NYR (unsportsmanlike conduct) 19:36.
Second Period
1. Ottawa, Shannon 10 (Butler, Foligno) 15:21
Penalties — Z.Smith Ott, Sauer NYR (fighting) 1:45, Wolski NYR (high-sticking) 12:58.
Third Period
2. N.Y. Rangers, Prust 12 (Staal, Girardi) 2:45
Penalties — McDonagh NYR (holding) 11:47, Winchester Ott, Z.Smith Ott, Boyle NYR, Dubinsky NYR (roughing) 18:20, Neil Ott (holding) 19:34.
Overtime — No Scoring.
Penalties — None.
Shootout
Ottawa wins 1-0
Ottawa (1) — Spezza, miss; Shannon, miss; Svatos, miss; Foligno, miss; Karlsson, goal. N.Y. Rangers (0) — Christensen, miss; Zuccarello, miss; Wolski, miss; Dubinsky, miss; Callahan, miss.
Shots

Ottawa	7	9	10	4 —30
N.Y. Rangers	5	9	10	6 —30

Goal — Ottawa: Anderson (W,20-19-3); N.Y. Rangers: Lundqvist (L,32-24-5). **Power plays (goals-chances)** — Ottawa: 0-2; N.Y. Rangers: 0-2.
Referees — Wes McCauley, Kyle Rehman.
Linesmen — Michel Cormier, Andy McElman.
Attendance — 18,200 (18,200).

BRUINS 7, CANADIENS 0

First Period
1. Boston, Boychuk 2 (Chara, Krejci) 1:01
2. Boston, Campbell 11 (Chara, Boychuk) 13:43
3. Boston, Horton 21 (Lucic, Krejci) 17:28 (pp)
Penalties — Seidenberg Bos (tripping) 4:18, Hamrlik Mtl (holding) 6:05, Plekanec Mtl (double high-sticking) 14:10.
Second Period — No Scoring.
Penalties — Gomez Mtl (high-sticking) 10:40, Mara Mtl (roughing, roughing), Recchi Bos (cross-checking) 12:43, Gomez Mtl (holding) 17:43, Mara Mtl, Campbell Bos (fighting) 19:43.
Third Period
4. Boston, Horton 22 (Krejci, Lucic) 4:03
5. Boston, McQuaid 3 (Chara, Lucic) 4:29
6. Boston, Kaberle 4 (Recchi, Marchand) 11:27
7. Boston, Campbell 12, 13:35 (sh)
Penalties — Kelly Bos (tripping) 1:35, Horton Bos (holding) 12:06, Marchand Bos (roughing) 12:43, Horton Bos (hooking) 16:55.
Shots

Montreal	9	6	9	—24
Boston	18	11	12	—41

Goal (shots-saves) — Montreal: Price (L,34-26-6)(33-28), Auld (4:29 third)(8-6); Boston: Thomas (W,31-10-8). **Power plays (goals-chances)** — Montreal: 0-5; Boston: 1-6.
Referees — Dan O'Halloran, Dan O'Rourke.
Linesmen — Steve Barton, Derek Amell.
Att. — 17,565 (17,565) at Boston.

WEDNESDAY

SHARKS 6, FLAMES 3

First Period
1. San Jose, Mitchell 8 (Mayers, Thornton) 3:00
2. Calgary, Iginla 34 (Jokinen, Tanguay) 7:13 (pp)
3. San Jose, Desjardins 1 (Eager, Boyle) 9:27
4. Calgary, Sarich 4 (Kotalik, Regehr) 13:59
5. San Jose, Marleau 30 (Murray) 14:59
6. San Jose, Marleau 31 (Setoguchi, Pavelski) 17:33 (pp)
Penalties — Heatley SJ (boarding) 5:50, Tanguay Cal (holding) 16:59.
Second Period
7. Calgary, Bourque 26 (Kostopoulos) 13:20
8. San Jose, Mitchell 9 (Pavelski) 15:50
Penalty — Babchuk Cal (tripping) 18:48.
Third Period
9. San Jose, Couture 28 (Clowe, Braun) 11:55
Penalties — Sarich Cal, Clowe SJ (fighting) 0:58.
Shots

Calgary	8	8	9	—25
San Jose	16	14	8	—38

Goal — Calgary: Kiprusoff (L,33-23-6); San Jose: Niemi (W,30-17-5). **Power plays (goals-chances)** — Calgary: 1-1; San Jose: 1-2.
Referees — Paul Devorski, Mike Leggo. **Linesmen** — Shane Heyer, Jay Sharrers.
Att. — 17,562 (17,562). at San Jose.

SCORING LEADERS

	G	A	PT
D.Sedin, Vcr	40	55	95
H.Sedin, Vcr	18	70	88
Stamkos, TB	43	43	86
St. Louis, TB	26	59	85
Perry, Ana	40	40	80
Ovechkin, Wash	29	48	77
Toews, Chi	30	44	74
Zetterberg, Det	21	52	73
Iginla, Cal	34	38	72
Kopitar, LA	25	47	72
B.Richards, Dal	25	44	69

Last night's games not included

CRICKET

WORLD CUP

QUARTER-FINALS

Yesterday's result
At Ahmadabad, India
India (261-5) def. Australia (260-6) by 5 wickets.
Wednesday's result
At Dhaka, Bangladesh
Pakistan (113, without loss) def. West Indies (112, all out) by 10 wickets.
Today's match
At Dhaka, Bangladesh
South Africa vs. New Zealand
Tomorrow's match
At Colombo, Sri Lanka
Sri Lanka vs. England

BASKETBALL

NCAA TOURNAMENT

All times Eastern

Regional Semifinals

EAST REGION
Tonight's games
North Carolina (28-7) vs. Marquette (22-14), 7 p.m.
Ohio State (34-2) vs. Kentucky (27-8), 9:30 p.m.
SOUTHEAST REGION
Last night's results
Florida (28-7) vs. BYU (32-4)
Butler (25-9) vs. Wisconsin (25-8)
SOUTHWEST REGION
Tonight's games
Kansas (34-2) vs. Richmond (29-7), 7:15 pm
Florida State (23-10) vs. Virginia Commonwealth (26-11), 9:55 p.m.
WEST REGION
Last night's results
San Diego St. (34-2) v Connecticut (28-9)
Duke (32-4) vs. Arizona (29-7)

MLB

SPRING TRAINING

Yesterday's results
Atlanta 5, Toronto 3
Washington 5 Detroit 2
Minnesota 7, Philadelphia 3
Tampa Bay 11, Houston 3
Florida 15, Boston 7
N.Y. Mets 16, St. Louis 3
Kansas City 9, Seattle 8
L.A. Dodgers 7, Colorado 5
Texas (ss) 15, Cincinnati 13
Milwaukee 11, L.A. Angels 8
Oakland 15, Arizona 7
Chicago Cubs 8, Chicago White Sox 7
Pittsburgh vs. Baltimore
San Diego vs. Texas (ss)
Cleveland vs. San Francisco

GOLF

PGA BAY HILL

At Orlando, Fla.
Par: 72 (36-36)
First Round

Spencer Levin	33-33—66
Rickie Fowler	37-32—69
Hunter Mahan	36-33—69
Jason Dufner	35-35—70
Brian Davis	36-34—70
Lee Janzen	37-33—70
Phil Mickelson	36-34—70
Martin Laird	36-34—70
Bubba Watson	35-35—70
Chris Couch	36-34—70
Also	
Stephen Ames	**37-38—75**

CURLING

WOMEN'S WORLD CHAMPIONSHIP

At Esbjerg, Denmark
FINAL ROUND-ROBIN STANDINGS

Country (skip)	W	L
x-Sweden (Norberg)	9	2
x-China (B.Wang)	8	3
x-Denmark (Nielsen)	7	4
y-Canada (Holland)	**7**	**4**
y-Switzerland (Ott)	7	4
Russia (Privivkova)	6	5
U.S. (Lank)	6	5
Germany (A.Schopp)	5	6
Scotland (Sloan)	4	7
Norway (Githmark)	3	8
South Korea (Kim)	2	9
Czech Rep. (Kubekova)	2	9

x — clinched Page playoff berth.
y — will play tiebreaker.
Yesterday's results
Draw 15
Canada 9 South Korea 2
China 8 Russia 5
Switzerland 9 Scotland 3
U.S. 6 Czech Republic 4
Draw 16
Canada 8 Germany 6
China 7 Denmark 5
Scotland 6 Norway 3
Sweden 7 Czech Republic 6 (extra end)
Draw 17
Denmark 10 Russia 3
Germany 6 South Korea 5
Switzerland 7 Norway 4
U.S. 8 Sweden 3
Today's games
Tiebreakers (if required)
Canada vs. Switzerland, 9 a.m.
Page Playoffs
One vs. Two
Sweden vs. China, 2 p.m.
Tomorrow's games
Page Playoffs
Three vs. Four
Denmark vs. **Canada**/Switzerld. winner, 5 am
Semifinal
Swe./China loser vs. Three-Four winner, 10 am
Sunday's games
Bronze Medal Game
Semifinal loser vs. Three-Four loser, 5 a.m.
Gold Medal Game
Sweden/China vs. Semifinal winner, 10 a.m.

TENNIS

ATP-WTA SONY ERICSSON OPEN

At Key Biscayne, Fla.
Men Singles — First Round
Yen-hsun Lu, Taiwan, def. Pere Riba, Spain, 6-3, 6-2.
Janko Tipsarevic, Serbia, def. Robin Haase, Netherlands, 6-4, 7-6 (5).
Andrea Seppi, Italy, def. Mischa Zverev, Germany, 6-2, 6-7 (9), 6-1.
Pablo Cuevas, Uruguay, def. Michael Berrer, Germany, 6-4, 7-6 (2).
Radek Stepanek, Czech Republic def. Fabio Fognini, Italy, 6-3, 7-6 (5).
Philipp Petzschner, Germany, def. Florent Serra, France, 6-1, 7-5.
Carlos Berlocq, Argentina, def. Jack Sock, U.S., 7-5, 7-6 (6).
Teymuraz Gabashvili, Russia, def. Daniel Brands, Germany, 6-2, 7-6 (5).
Ruben Ramirez Hidalgo, Spain, def. Adrian Mannarino, France, 7-6 (3), 6-7 (3), 6-2.
Sergiy Stakhovsky, Ukraine, def. Gregor Dimitrov, Bulgaria, 6-2, 6-4.
Kei Nishikori, Japan, def. Jeremy Chardy, France, 7-6 (5), 6-2.
Women's Singles — Second Round
Caroline Wozniacki (1), Denmark, def. Bethanie Mattek-Sands, U.S., 6-2, 7-5.
Sam Stosur (4), Australia, def. Zheng Jie, China, 6-2, 6-1.
Jelena Jankovic (6), Serbia, def. Monica Niculescu, Romania, 6-3, 6-1.
Anabel Medina Garrigues, Spain, def. Shahar Peer (10), Israel, 6-2, 6-2.
Svetlana Kuznetsova (11), Russia, def. Simona Halep, Romania, 6-0, 6-4.
Iveta Benesova, Czech Republic, def. Flavia Pennetta (13), Italy, 6-3, 6-0.
Sabine Lisicki, Germany, def. Nadia Petrova (18), Russia, 4-6, 6-3, 3-1 (retired).
Andrea Petkovic (21), Germany, def. Jamie Hampton, U.S., 6-2, 7-5.
Alexandra Dulgheru (26), Romania, def. Chanelle Scheepers, South Africa, 6-3, 6-2.
Daniela Hantuchova (29), Slovakia, def. Melanie Oudin, U.S., 6-1, 6-3.
Lucie Safarova (30), Czech Republic, def. Paty Schnyder, Switzerland, 6-2, 6-4.
Klara Zakopalova (32), Czech Republic, def. Elena Baltacha, Britain, 7-6 (4), 6-3.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
D.C. United	1	1	0	0	3	1	3
Kansas City	1	1	0	0	3	2	3
New York	1	1	0	0	1	0	3
Philadelphia	1	1	0	0	1	0	3
Chicago	1	0	0	1	1	1	1
New England	1	0	0	1	1	1	1
Toronto	1	0	1	0	2	4	0
Columbus	1	0	1	0	1	3	0
Houston	1	0	1	0	0	1	0

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Los Angeles	2	1	0	1	2	1	4
Vancouver	1	1	0	0	4	2	3
Colorado	1	1	0	0	3	1	3
Real Salt Lake	1	1	0	0	1	0	3
Dallas	1	0	0	1	1	1	1
Chivas USA	1	0	1	0	2	3	0
Portland	1	0	1	0	1	3	0
San Jose	1	0	1	0	0	1	0
Seattle	2	0	2	0	0	2	0

Note: 3 points for victory, 1 point for tie.
Tonight's game
All times Eastern
Houston at Seattle, 10 p.m.
Tomorrow's games
Portland at Toronto, 2 p.m.
New York at Columbus, 4 p.m.
Kansas City at Chicago, 4 p.m.
Vancouver at Philadelphia, 4 p.m.
D.C. United at New England, 4:30 p.m.
Los Angeles at Real Salt Lake, 9 p.m.
San Jose at Dallas, 9 p.m.
Colorado at Chivas USA, 10:30 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
y-Chicago	51	19	.729	—
y-Boston	50	20	.714	1
x-Miami	49	22	.690	2½
x-Orlando	46	26	.639	6
Atlanta	40	32	.556	12
Philadelphia	37	34	.521	14½
New York	35	36	.493	16½
Indiana	32	40	.444	20
Milwaukee	28	42	.400	23
Charlotte	28	42	.400	23
Detroit	25	46	.352	26½
New Jersey	23	47	.329	28
Toronto	20	51	.282	31½
Washington	17	53	.243	34
Cleveland	13	57	.186	38

WESTERN CONFERENCE

	W	L	Pct	GB
x-San Antonio	57	14	.803	—
y-L.A. Lakers	51	20	.718	6
x-Dallas	49	21	.700	7½
d-Oklahoma City	46	24	.657	10½
Denver	43	29	.597	14½
Portland	41	30	.577	16
New Orleans	40	31	.563	17
Memphis	40	32	.556	17½
Houston	38	34	.528	19½
Phoenix	36	34	.514	20½
Utah	36	36	.500	21½
Golden State	30	42	.417	27½
L.A. Clippers	28	44	.389	29½
Sacramento	18	52	.257	38½
Minnesota	17	54	.239	40

d – division leader; **x** — clinched playoff berth; **y** — clinched division.

Last night's results
Minnesota at Dallas
New Orleans at Utah
Wednesday's results
Philadelphia 105, Atlanta 100
Indiana 111, Charlotte 88
New Jersey 98, Cleveland 94 (OT)
Memphis 90, Boston 87
Miami 100, Detroit 94
Sacramento 97, Milwaukee 90
Oklahoma City 106, Utah 94
Orlando 111, New York 99
Houston 131, Golden State 112
Phoenix 114 Toronto 106
Denver 115 San Antonio 112
L.A. Clippers 127, Washington 119 (2OT)
Tonight's games
All times Eastern
Sacramento at Indiana, 7 p.m.
New Jersey at Orlando, 7 p.m.
Charlotte at Boston, 7:30 p.m.
Detroit at Cleveland, 7:30 p.m.
Philadelphia at Miami, 7:30 p.m.
Milwaukee at New York, 7:30 p.m.
Memphis at Chicago, 8 p.m.
Minnesota at Oklahoma City, 8 p.m.
Washington at Denver, 9 p.m.
New Orleans at Phoenix, 10 p.m.
San Antonio at Portland, 10 p.m.
Toronto at Golden State, 10:30 p.m.
L.A. Clippers at L.A. Lakers, 10:30 p.m.

LACROSSE

NLL

EAST DIVISION

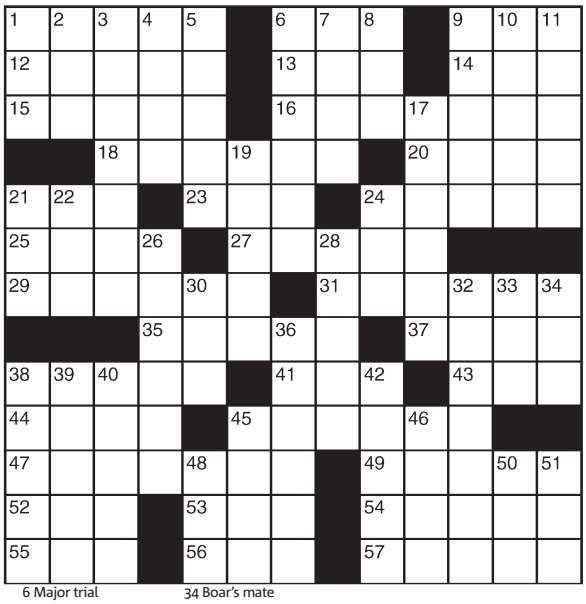
	GP	W	L	Pct.	GF	GA	GB
x-Toronto	11	9	2	.818	132	101	—
Buffalo	10	7	3	.700	110	93	1½
Boston	11	6	5	.545	117	102	3
Rochester	10	5	5	.500	93	107	3½
Philadelphia	11	4	7	.364	99	125	5

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
x-Calgary	11	8	3	.727	140	123	—
Minnesota	9	5	4	.556	102	98	2
Washington	11	5	6	.455	146	135	3
Edmonton	11	2	9	.182	117	147	6
Colorado	9	1	8	.111	80	105	6

x — clinched playoff berth.
WEEK 12
Tomorrow's games
All times Eastern
Minnesota at Edmonton, 9 p.m.
Toronto at Calgary, 9:30 p.m.
Boston at Washington, 11 p.m.

Crossword



Across

1 Surrounded by
6 "— the ramparts ..."
9 Periodical, for short
12 Big name in grills
13 Catcher's place?
14 Lemieux milieu
15 Summarizing stanza
16 Stray
18 Absolutely
20 Unfavorable votes
21 "Eureka!"
23 1974 kidnap org.
24 Dodge
25 Green shot
27 Kazakhstan's — Mountains
29 Believer
31 "Gunsmoke" star
35 Watt power
37 World's fair
38 Wool eaters
41 IRS employee
43 Manhandle
44 Eastern bigwig
45 Shrimp recipe
47 Spread out from the center
49 Plank
52 Dance syllable
53 "Of course"
54 Lauder of cosmetics
55 "2001" computer
56 Type measures
57 Clarinetist's supply

Down

1 Shock and —
2 Chaps
3 Render unnecessary
4 Night light
5 Crossword diagrams
6 Major trial
7 Did surveillance on
8 Gun the engine
9 Cat's call (Var.)
10 Performed
11 Gaggle members
17 Queued
19 Cheer up
21 Suitable
22 "What?"
24 Listener
26 Month after Elul
28 Florida city
30 Rds.
32 Atone (for)
33 Hot tub
34 Boar's mate
36 Entry
38 Parade
39 Nebraska city
40 Re ebb and flow
42 Caution-light color
45 Branch
46 Sit for a shoot
48 Nay canceler
50 Crimson
51 — Moines

▶ Yesterday's answer

E	L	B	A		C	R	Y		A	G	E	S		
N	O	E	L		O	H	O		P	O	L	O		
D	U	E	L		V	O	W		O	V	A	L		
S	T	R	O	V	E		L	E	G	E	N	D		
			W	A	R			S	E	R				
M	O	P	S		L	A	R	C	E	N	E	R		
B	A	R			E	R	E			O	W	E		
A	R	O	M	A	T	I	C		B	R	E	D		
			V	O	L			O	N	E				
S	H	E	R	P	A		V	O	R	T	E	X		
C	O	R	N		N	E	E		T	R	I	M		
A	B	B	A		E	R	R		H	O	R	A		
N	O	S	Y		W	A	S		A	W	E	S		

Sudoku

	5		3	2	8		1	
2								8
		1				4		
3	4		1		2		5	6
				3				
6	2		4		7		9	1
		4				9		
5								7
	9		5	1	6		8	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

9	2	5	3	8	7	6	1	4
4	7	6	9	1	5	3	8	2
1	8	3	4	2	6	7	5	9
5	9	7	6	3	1	2	4	8
3	1	2	8	4	9	5	6	7
8	6	4	7	5	2	1	9	3
7	5	1	2	9	8	4	3	6
2	3	9	1	6	4	8	7	5
6	4	8	5	7	3	9	2	1

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Dear Rashley,
Since we have been together I have been the happiest person in the world! My life wouldn't be the same without you. You are the love of my life! Love you forever & always **STABI**

Ashok, You make me smile. You make me laugh. You're the best friend ever that a girl friend could ever ask for. **LOVE YOU, DORA**

Warren, just cuz. U are the most precious man I have ever known. Always & Forever! PBWY xoxo. **LAURIE**

Dearest Igglyboo, happy two year anniversary! I'm lucky to have such a great boyfriend and best guy friend! Thanks for being there through all the rough times. xoxo **SC**

Today -4°/-10° Variable
Saturday -1°/-10° Partly cloudy
The Weather Network
IT'S LIKE HAVING A METEOROLOGIST LIVING IN YOUR POCKET.
Get your weather on the go with theweathernetwork.com
©The Weather Network 2011

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 The obstacles you face may be huge, but you have what it takes to overcome each and every one of them. With courage and confidence there is nothing you cannot do.

♉ Taurus April 21-May 21 No doubt you would like nothing better than to cut yourself off from the outside world, but that is not an option at the moment. Make the best possible job of what it is you are asked to do. Be exceptional.

♊ Gemini May 22-June 21 Some things are important and some things are not. You need to keep that in mind at all times. This can be a productive time for you, but don't waste energy on trivial things.

♋ Cancer June 22-July 22 If you are not yet getting the rewards and the respect you think you deserve, don't worry. In a matter of days your name will be up in lights. The Sun in Aries makes you wildly ambitious. Be the best.

♌ Leo July 23-Aug.23 You may be tempted to go on some sort of trip of discovery today. That's fine, but make sure you take a map or a compass because there is a possibility that you might lose your way.

♍ Virgo Aug. 24- Sept. 22 You will see or hear something today that encourages you to view the world in a new way. This new way of thinking will answer many of the questions you've been asking.

♎ Libra Sept. 23-Oct. 23 Make it your business to find out what is upsetting someone you love, then make it your business to put it right for him or her. That may sound like a tall order but if anyone can do it, you can.

♏ Scorpio Oct. 24-Nov. 22 If someone with whom you live, work or socialize is upsetting your emotional balance, there's no reason to hang around. Keep it moving.

♐ Sagittarius Nov. 23-Dec. 21 At last, you've got a target to aim for. At last, you've got a challenge that is worthy of your talents. You've waited a long time for this opportunity, so don't waste it. Don't think, just act. Your higher self will guide you.

♑ Capricorn Dec. 22-Jan. 20 Stay calm, keep setbacks in perspective and know how to laugh at yourself. If you can do those three simple things then you can do anything. Your world is what you make of it, so make it a masterpiece.

♒ Aquarius Jan. 21-Feb. 18 Why are you still asking other people for their opinions? You already know what path you should be taking, so start walking. It's easy: Just put one foot in front of the other.

♓ Pisces Feb. 19-March 20 Think and act positive at all times and in all situations. There may be all sorts of negative things going on in the world but they don't have to affect you. SALLY BROMPTON

KEYSTONE, GEORGIOS KEFALAS/ THE AP

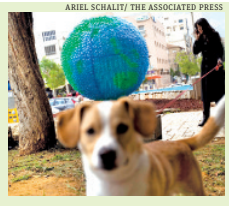
Caption contest

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

ARIEL SCHALIT/ THE ASSOCIATED PRESS



DRY CARPET CLEANING SERVICE!
OXY Green.ca
Creating Healthier Homes
Dry carpet cleaning services that are safe for even the most sensitive adults, children, and pets.
We can safely deep clean: Carpet, Rugs, Pet Urine spots. We also do: Stain Removal, Odour Removal and Carpet Protection.
VONSCHRADER AUTHORIZED ASSOCIATE
Call NOW at 613-859-3237
or visit us @ www.oxygreen.ca

HAKIM OPTICAL BIG 3D EVENT
DEAL 1 40% OFF ONE PAIR · DEAL 2 50% OFF TWO PAIRS · DEAL 3 60% OFF THREE PAIRS
See store for details.
Over 150 Discount Outlets... 110 One Hour In-Store Labs
For nearest location call: 1-877-524-2020 • www.hakimoptical.ca

FLIGHT CENTRE Unbeatable
Las Vegas Air + 3 Nights
$419
Circus Circus + taxes & fees $109
INCLUDES accom on the Las Vegas strip. Departs May 8/ggv/dl.
BONUS includes 2 show tickets to a select Cirque du Soleil or Las Vegas show of your choice.
1 866 720 4853 | flightcentre.ca
Conditions apply. Ex. Ottawa. Package prices are per person, based on double occupancy for total length of stay unless otherwise stated. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. ggv=gogo, dl=delta. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384
TICO

Megha Furniture $99 EVENT

Bonded leather reclining sofa, loveseat and chair

Queen Bed, Dresser, Mirror & 2 Night Stands

Sofa, Loveseat & Chair

Queen Bed, Dresser, Mirror & 2 Night Stands

Sofa, Loveseat & Chair

Queen Bed, Dresser, Mirror & 2 Night Stands

Sofa, Loveseat & Chair

Table, 4 Side Chairs, 2 Armchairs, Buffet & Hutch

*18 Monthly Payments / **24 Monthly Payments / ***36 Monthly Payments / Interest FREE, OAC.

Products may not be exactly as shown.

Megha Furniture

HUGE SELECTION OF LIVING ROOM, BEDROOM & DINING ROOM SETS

1000 Belfast Rd. (corner of Belfast & St. Laurent Blvd.) 613.244.9979

731 Belfast Rd. (New Gallery location) 613.860.6000

www.meghafurniture.ca

THE ALL-NEW 2011 JETTA

Lease from
$199 /month for 48 months*

A small price to pay to make your neighbour jealous.

2011 Golf Wagon
Lease from
$229 /month for 48 months*

2011 Tiguan
Lease from
$299 /month for 48 months*

2011 CC
Lease from
$399 /month for 48 months*

*Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new 2011 Jetta Sedan 2.0L / 2011 Golf Wagon 2.5L / 2011 Tiguan 2.0T / 2011 CC 2.0T, base model with 5-speed manual transmission / 5-speed manual transmission / 6-speed manual transmission / 6-speed transmission. $1,235 / $1,365 / $1,580 / $1,365 freight and PDI and $100 air conditioning levy, if applicable, included in monthly payment. 48-month term. $183 / $4,008 / $4,151 / $4,271 down payment or equivalent trade-in, $250 / $280 / $350 / $460 security deposit and first monthly payment due at lease inception. 64,000 kilometre allowance; charge of $0.15/km for excess kilometres. Insurance, registration, registration fees of up to $45 to the RDPRM, duties, options and applicable taxes are extra. MSRP of the base model: $17,240 / $24,440 / $29,555 / $33,840 (freight and PDI inlcuded). Dealer may lease for less. Dealer order/trade may be necessary. Offers are subject to change or cancellation without notice. Visit vw.ca or Volkswagen de l'Outaouais for details. 2011 Jetta trademarks of Volkswagen AG. "Das Auto & Design" and "CC" are trademarks of Volkswagen AG. © 2011 Volkswagen Canada.

PRICES ARE MELTING AT Volkswagen de l'Outaouais

2011 EOS Comfortline

Lease from **$379** /month for 48 months

*Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new 2011 EOS Comfortline, base model with manual transmission. $1,365 freight and PDI and $100 air conditioning levy, included in monthly payment. 48-month term. $3 500 down payment or equivalent trade-in, $470 security deposit and first monthly payment due at lease inception. 64,000 kilometre allowance; charge of $0.15/km for excess kilometres. Insurance,registration, registration fees of up to $46 to the RDPRM, duties, options and applicable taxes are extra. MSRP of the base model: $38 340 (freight and PDI included). Offers are subject to change or cancellation without notice. This offer is exclusive to Volkswagen de l'Outaouais. Visit vwo.ca or Volkswagen de l'Outaouais for details.

Volkswagen de l'Outaouais

850 St-Joseph blvd., Gatineau (Hull sector)

819-770-0220 **www.vwo.ca**